



6800 35th Ave NE  
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# Ruach



Congregation Beth Shalom • Voted in JT News—Best Congregation for 2010!

April 2011 • Adar II ~ Nisan 5771

Volume 43, Issue 8

## MESSAGE FROM THE EXECUTIVE DIRECTOR, TZACHI LITOV

In March I attended the annual conference of my professional organization. In the presence of colleagues from around the country I am reminded how blessed I am to be part of this vibrant community, especially in a time when many synagogue communities are struggling to find relevance in people's lives. I take great pride in sharing that we are busy 7 days a week between classes, workshops, youth and adult programs, interest groups and a regular Shabbat crowd larger than communities twice our size. And while long term financial stability is still a goal and priority for us and most of our sister communities, I take great comfort in knowing we have the diversity, capacity and membership to make this achievable.

The North American Association of Synagogue Executives, also known as NAASE, offers me and my colleagues an opportunity for professional development, continuing education and an update on the latest resources and technology. It is also a chance to network and replenish with colleagues from Conservative congregations (and some

Reform) from around the country. I return rejuvenated, refreshed and filled with ideas to explore and new ways to help us on our path towards continuous improvement.

With Passover just a few short weeks away, many of us are focused on the myriad of preparations necessary to help us bring in this special time. I hope you find the "freedom" and the time to reflect on the many blessings we share and find appreciation both in yourselves and in our community. A kosher and *zishn* (sweet) Pesach to you and your families.

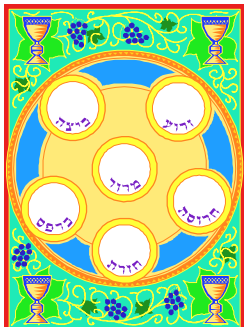
Tzachi Litov



### April 3rd is Beth Shalom's Habitat For Humanity Project

The Social Action Committee invites Beth Shalom members to join a Habitat for Humanity crew on

Sunday, April 3rd. We will be working on a new construction project at Rainier Vista Housing. Participants must be 16 or older. Volunteers are welcome to join for a morning, afternoon or full-day shift. For more information, please contact Sheryl Kipnis at [cbshfor@gmail.com](mailto:cbshfor@gmail.com).



The Pesach Guide is the pull-out section in the middle of this Ruach issue. Your "Sale of Chametz" forms are due by April 15th.



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# Message from our President, Jill Cohen

The bon voyage party for Rabbi Borodin was a great success. Thanks again to Stephen Brown and Rose Yu and Eltana for hosting this event.

About 90 people came out on a cold, blustery night to enjoy Eltana's warmth. A few lucky volunteers, including Rabbi Borodin, got a hands-on lesson in bagel-making. Everyone enjoyed eating the bagels and delicious vegetarian buffet. We made a l'chaim or two, solved the special crossword puzzle created for that evening, and shmoozed nonstop for several hours. We all went home with an Eltana gift card and a bag of bagels.

This Pleasure Of Your Company event raised about \$2300 for the shul's General Fund and an additional \$630 for the Rabbi's Discretionary Fund. Thank you to all our patrons and sponsors for their support!

### Event Patrons (listed alphabetically)

Stephen Brown & Rose Yu  
 Matthew Kerner  
 Mary Potter  
 Debbie Shapiro  
 Dave Tarshes & Debby Kerdeman  
 Perry & Michelle Weinberg

Doris Stiefel and Jill Cohen learning how to make a "Montreal-Style" bagel.



### Event Sponsors

#### (listed alphabetically)

Anonymous  
 Scott Cline & Carolyn Cohen  
 Jeff & Marcy Gillman  
 Adrienne Howell

Josh Isgur & Sarah Lindsley  
 Craig & Deborah Lawson  
 Sharon Marshall  
 Tony Moore  
 Mike Ramey & Paul Kronst

Stan Sorscher & Judith Arms  
 Rob & Kathleen Spitzer  
 Mark & Sheryl Stiefel  
 Dina Tanners & Howard Cockerham  
 Sam Wineburg

### CBS 2010-2011 Board of Directors

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<b>Past President</b>	<b>Secretary</b> Amy Stephson		

### Deadlines:

Articles / Announcements are due in synagogue office by the 10th of each month for the following month's newsletter.

206-524-0075 CBS phone  
 206-525-5095 CBS fax

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 Custodian/Handyman

**Rimma Lobas**  
 Custodial Attendant

# Updates

## FROM THE SOCIAL ACTION COMMITTEE, CONTACT: ROBERT ISGUR/CAROLYN COHEN

Contact: Carolyn Cohen/Robert Isgur at [sacchairs@bethshalomseattle.org](mailto:sacchairs@bethshalomseattle.org)

### Welcome Baskets for Sand Point:

The Social Action Committee is hoping to prepare at least five baskets for formerly homeless families moving into transitional housing at Sand Point and will be collecting items in the CBS lobby after Passover through May. Most needed items are:

- Brooms & dust pans
- Sponges, Toilet brushes
- Laundry Baskets & detergent
- Covered Trash containers and liners – kitchen & bath/bdrm sizes
- Mops, buckets, and cleaning liquid (for floors or all-purpose)
- Household wipes
- Shampoo/conditioner
- Portable multi-pocket files (to help people get their lives in order)
- Reusable shopping bags

### Help in the Sand Point Resource Room:

Beth Shalom will staff the Sand Point Community Housing Resource Room on three Wednesdays in May, 4th, 11th and 18th, from 6 to 8 p.m. Two people help each evening, at least one of whom is an experienced volunteer. Please contact Judith Arms, [jm.arms@comcast.net](mailto:jm.arms@comcast.net) or (206)522-7660 if you can help on any of these evenings or if you want more information. The Resource Room makes available donated household items to the low income residents.

### CASA LATINA:

For spring cleaning, cleaning for Passover – inside or outside work at any time of the year - don't forget Casa Latina. Casa Latina's Workers' Center has skilled, dependable workers trained in many different types of work. Check their website, [www.casa-latina.org](http://www.casa-latina.org), or call the Workers' Center at (206)956-0779 from 7 am to 10:30 am to place an order. If you place an order at least a day in advance they will even drop off workers at your door.

## ISRAEL DISCUSSION GROUP, CONTACT: DAVID BRUMER, KATE ALTUS

4/2 from 1:15-2:15pm in the Beit Midrash

*Pro-Israel and Pro-Peace: Israel's Future, American Jews and a Changing Middle East* with Michelle Mentzer and David Frum, J Street Seattle

J Street's stated mission is to give political voice to mainstream American Jews and other supporters of Israel who, informed by their progressive and Jewish values,

believe that a two-state solution to the Israeli-Palestinian conflict is essential. J Street advocates for a workable peace as necessary for Israel's survival as the national home of the Jewish people and as a vibrant democracy. J Street also supports open and pluralistic debate on Israel and the Middle East in national politics and the Jewish community.

## MIDDAH OF THE MONTH FOR APRIL— (YIRAH) REVERANCE

vtrh

"I place God before me always." Psalm 16:8

Alan Morinis writes in the introduction to *Yirah*, "Every other chapter in this book refers to its soul-trait by its English name, but that's not possible for this one. Merged within the word *yirah* are two human experiences that are linked in the Hebrew but separated in English. One is fear. The other is awe. Experience shows us that these can be two totally distinct inner qualities—you can be terrified of the bear, and in awe at the sunset. But experience also justifies linking them together. Imagine standing right at the lip of the Grand Canyon, looking down into the vast and rainbow-colored cavern. Fear and awe merge into one exuberant inner experience."

*Yirah* is often a difficult *middah* for people to understand and appreciate. I urge you to read the chapter in *Everyday Holiness* and follow with Alan as he grapples to bring the lessons of *yirah* within reach of our contemporary minds. Our teachers in earlier times were not unaware of the difficulty. Rabbi Moshe Chaim

Luzzatto calls on us not to direct our fear toward the punishments we will reap from our transgressions, but rather to fear that we will misstep, emphasizing attentive, cautious watchfulness rather than cowering, quaking fear that God's wrath will flame us for our wrongdoing. In a similar vein, Alan heard a Mussar teacher call on us not to fear punishment for our sins but rather to fear punishment for not living up to our full spiritual potential.

How do we cultivate *yirah*? We need to be constantly reflective if we are going to stay awake and available to awe even a little more of the time. Imagery, contemplation, and saying blessings every day are some of the ways we can do this.

Join us for an exploration of *Yirah* in the Beit Midrash. We'll be having our discussion earlier in April due to Passover-on Shabbat, April 16, 2011 from 1:15–2:15 pm.

(© copyright Shirah Bell. Adapted from *Everyday Holiness* by Alan Morinis, with permission; all rights reserved worldwide.)

Please join us for the 3rd Seattle Mussar Kallah

# MUSSAR

## Light of Torah



Practical guidance for manifesting our finest selves

**Sunday, May 1, 2011**

**12:45 - 5:30 pm**

Mussar is a path of spiritual development in which we work on ourselves, but not only for the sake of our selves. By refining and elevating our inner life and nourishing the soul through study and awareness, we practice new behaviors, freeing the light of our holy souls to shine into our lives and into the world.

At our third Kallah we will inquire into Jewish tools that support us in creating meaning in our contemporary world. We will explore the middot (soul traits) of zehirut (self-examination/vigilance) and gevurah (strength/alignment with the Divine) and then address the gulf between spiritual practice and engagement in the world. In light of the fact that Yom HaShoah [Holocaust Remembrance Day] begins Sunday evening, we will discuss how Mussar's history and practice has responded to such moral madness. The teachings will build on the foundation we developed in the prior two years - the basic principles and practices of Mussar, Judaism's central commandment "Love your neighbor as yourself" (Leviticus 19:18) and the middot of kavod (honor), ahavah (love) and chesed (loving kindness).



**Rabbi Ira Stone**  
Rabbi of Temple BZ-BI in Philadelphia, Director of the Mussar Leadership Programs, author of *A Responsible Life* and *Commentary on Messilat Yesharim*.



**Dr. Alan Morinis**  
Founder of the Mussar Institute, interpreter of the Mussar tradition, author of *Climbing Jacob's Ladder*, *Everyday Holiness*, and *Every Day Holy Day*.



**Rivy Kletenik**  
Head of School, Seattle Hebrew Academy, columnist for the Seattle JT News, and nationally known educator and lecturer.



**Rabbi Jay Rosenbaum**  
Rabbi, Herzl-Ner Tamid, wrote about finding new meaning in Jewish prayer, is currently writing a Jewish guide to John Gottman's *Seven Principles for Making Marriage Work*.



**Dr. Shirah Bell**  
Mussar teacher and spiritual mentor, a director of the Mussar Institute, Certified Spiritual Director and a member of Congregation Beth Shalom.

## Program

**Optional:** 11:00 – 12:00 Orientation for beginners (Dr. Shirah Bell)

**Optional:** 12:15 – 12:45 Spiritual prep (chanting/ meditation/ movement)

**12:00 - 12:45** Registration, Check in

**1:00 – 1:15** Welcome

**1:15 – 2:10** Rabbi Ira Stone Lecture (Zehirut) and Q and A

**2:10 – 3:05** Dr. Alan Morinis lecture (Gevurah) and Q and A

**3:05 – 3:20** Break

**3:20 – 4:00** Dialogue on Mussar and Moral Madness (Dr. Alan Morinis and Rabbi Ira Stone)

**4:00 – 5:00** Concurrent sessions

- Dr. Alan Morinis –  
“Where do you need Gevurah in your life?”
- Rabbi Ira Stone –  
“How does one actually practice Zehirut?”
- Rivy Kletenik -  
“How can we help our children navigate their complicated worlds?”
- Rabbi Jay Rosenbaum -  
“How has the Holocaust altered our concept of time?”
- Dr. Shirah Bell -  
“How can we sustain our good intentions?”

**5:00 -5:30** Closing comments, “What’s next?”

\$36 in advance, \$45 at the door, register at <http://tinyurl.com/mussarkallah>

**Co-sponsors:** Temple Beth Am, Cong. Beth Shalom, Cong. Eitz Or, The Mussar Institute, Mussar Leadership of Beth Zion-Beth Israel (PA); Hillel of UW

**Supporters:** Temple DeHirsh Sinai, Emanuel Cong., Bet Alef, The Jewish Day School, Jewish Family Service; Education Services (Jewish Federation of Seattle); Washington Holocaust Resource Center; Temple Beth El, Temple B'nai Torah, Kol HaNeshamah

# Youth Updates

## FROM THE DIRECTOR OF EDUCATION: IRIT ELIAV

Last month, I had the opportunity to enter a world that, until recently, lived only within our imaginations. I spent a day at the new Harry Potter world at Islands of Adventure in Orlando, Florida. I had the chance to watch the moving paintings at Hogwarts, hold a Quidditch set in my hands, and even got to sample butter beer. Despite being a Muggle, it was a lot of fun to live in the wizarding world, at least for a day. (I apologize for anyone who is not a Harry Potter fan. The CBS kids would never forgive me if I didn't keep up with the series!).

Although this all took place in an amusement park, this magical world stayed on my mind as I returned to Seattle and the world of Jewish education. What lessons could I learn from my day spent there? One of the extraordinary things about the success of the series is the way in which children's imaginations have no problem with the alternate universe happening among us. From unique clothes, to games, to food, we have adopted the vocabulary of this fictional world and made it a part of the fabric of our lives.

I think the Jewish education world has a lot to learn from J.K. Rowling. We are also introducing our children to a world that has its own rules, its own vocabulary, and of course, its own foods – the world of Judaism. Our challenge is to help them learn this new world with the same love, passion, and excitement that they bring into learning about Harry Potter's latest adventures. We want

to teach them the Jewish values with family and friendship personified by Ron Weasley. We want to inspire in them the love of learning that emanates from Hermione and encourage them to channel some of that love into learning Jewish texts, history, and tradition.

What we do for children at Beth Shalom, we strive to bring that world of Judaism to life in a fun, meaningful way. We connect the students to the stars of Havdallah by bringing in the planetarium and the stars become real. We fill the sanctuary with stuffed animals to help make Parshat Noah come more alive. We take our Religious School students on a "mock trip" to Israel to help them connect to the wonder of the land. When we can't create imaginary experiences, we encourage them to pursue real ones – spending a summer at Jewish summer camp (like Schechter), participating in a teen trip to Israel, and leading their own service at Youth Minyan so they are ready when they are the adults leading services throughout their lives.

Once we make this world of Judaism real to them, once they have learned to love it, so that the traditions, the vocabulary, and the memories become their own... then they will no longer feel like Muggles, in a world they don't belong. It will become their world, their reality, and then they too, will be like those wizards and witches we love and admire. Then, watch out world, because extraordinary, magical things will begin to happen.

## YOUTH ACTIVITIES, CONTACT: IRIT ELIAV

In March, our USYers had a fantastic time at the sold out Spring Kinnus in Richmond, BC. Kadima had a wonderful time at Laser Tag and all the youth groups had a great time at their mitzvah day. Hope to see you join in the fun at our upcoming events.

Also, if you'd like to do a simple thing to support the youth department, consider joining us for our annual Youth Department Spaghetti Dinner on April 17th. Hope to see you there.

### Upcoming Events

4/2 – 7:00-9:00pm – Kadima's visit to the Planetarium and Havdallah at the Pacific Science Center

4/7 – 7:00-8:30pm – USY Board meeting at CBS

4/10 – 1:00-2:30pm – Chaverim at Paint the Town

4/16 – 10:00 am to Noonish – Youth Minyan – Join us for davening, schmoozing, and more.

4/17 – 6:00-8:00pm - Spaghetti Dinner

After a full day of Pesach cleaning, the last thing you want to do is cook. Want to enjoy that last bit of hametz before Pesach begins? AND support the youth at Beth Shalom is to join us for the **Annual Youth Department Spaghetti Dinner**. Cost: \$12 adults, \$8 kids under 12.

Come take part in this simple way to support our youth groups. RSVP to Irit Eliav, Director of Education, at (206) 524-0075 x2503.

For more information about any of these events, please contact our fabulous youth advisors:

**Matanot: 2nd & 3rd Graders**

David Weingarten, 818-400-6165,

[David.Weingarten.44@gmail.com](mailto:David.Weingarten.44@gmail.com); Daniel Hirsty, 805-

312-2848, [Danielhirsty@gmail.com](mailto:Danielhirsty@gmail.com)

**Chaverim: 4th & 5th Graders**

Melissa Huppín, 509-995-3392, [MLHuppín@gmail.com](mailto:MLHuppín@gmail.com);

Ann Kelly, 206-985-2512,

[annkelly@bethshalomseattle.org](mailto:annkelly@bethshalomseattle.org)

**Kadima: 6th - 8th Graders**

Joshua Scafe, 248-670-1279, [jescafe@gmail.com](mailto:jescafe@gmail.com);

Zara Friedman, 206-432-1717, [zarasue@gmail.com](mailto:zarasue@gmail.com)

**USY: 9th - 12th Graders**

Matthew Korch, 206-321-1830,

[korchm@u.washington.edu](mailto:korchm@u.washington.edu); Brandon Blake, 206-354-

7565, [Brandonblake1@gmail.com](mailto:Brandonblake1@gmail.com)

For overall youth department questions, please contact:

Irit Eliav, Director of Education, at (206) 524-0075 x2503 or [Iriteliav@bethshalomseattle.org](mailto:Iriteliav@bethshalomseattle.org).

## ADULT EDUCATION Spring 5771

### Learn the Art of Cheesemaking with Mark Solomon



In one night you will learn how to make easy soft kosher cheeses at home, including fresh mozzarella, cream cheese, chevre and ricotta. We'll also get to taste these cheeses in class. Learn about books, online resources, how to troubleshoot your mistakes, and get answers to any other cheesemaking questions you might have.

*Thursday, May 5, 2011, 6:30-9:00pm*

*Cost: \$40/member, \$55/non-member.*

*Supplies included.*

### Modern Hebrew Literature with Joel Altus and Lisa Orlick



This course will look at the themes and aesthetics of modern Hebrew and Israeli literature. With aspirations of creating an inspiring involvement with the subjects before us; we hope to provide historical and political context, insight in to the evolution of literary style and expressions, and above all the characteristic ways poets and writers working principally in Israel have addressed the human condition as reflected in their unique circumstances. It is a course that in a short period will be less led than guided, hopefully eliciting everyone's engagement, involvement and excitement for the varied topics and vivid personalities we will certainly encounter.

*Dates: 2nd Wednesday of the month, 7-8:30pm.*

**NO CHARGE.**

### Beginning Israeli Dancing with Rhona Feldman

Beginning Israeli Dancing for Adults takes place Wednesday nights thanks to the continued generous support of CBS member, Rhona Feldman. Rhona will lead introductory level dances for the first 45 minutes of each class and then more advanced dances for the second half of the class. Older teens and all experience levels and are welcome. Mark your calendars for every Wednesday.

*Come on and GIVE IT A TRY!*

*Time: Wednesdays 7 – 8:30PM*

*Date: Every week (except 4/20)*



### Shabbat Learning

*There is no charge for Shabbat Learning.*

#### Israel Discussion Group

*Time: 1st Saturday of the month, 1:15—2:15pm*

**Pro-Israel and Pro-Peace: Israel's Future,  
American Jews and a Changing Middle East:  
with Michelle Mentzer and David Frum  
J Street Seattle**

**April 2, 1:15-2:15pm, Beit Midrash**

J Street's stated mission is to give political voice to mainstream American Jews and other supporters of Israel who, informed by their progressive and Jewish values, believe that a two-state solution to the Israeli-Palestinian conflict is essential. J Street advocates for a workable peace as necessary for Israel's survival as the national home of the Jewish people and as a vibrant democracy. J Street also supports open and pluralistic debate on Israel and the Middle East in national politics and the Jewish community.

#### There Shall Be No Needy—Discussion Group

*Time: 2nd Saturday of the month, 1:15-2:15pm*

Join the Global Poverty Discussion Group and the Social Action Committee each second Shabbat as we read and discuss Rabbi Jill Jacobs' book *There Shall be No Needy: Pursuing Social Justice Through Jewish Law and Tradition*. Each month, we focus on a chapter of the book, covering such issues as poverty and the poor, collection and allocation of tzedakah, housing the homeless, and environmental sustainability. Members of our community facilitate the discussions confronting contemporary issues and problems by referring to traditional Jewish texts. Our goal is to ignite our involvement in social action and service by enhancing our understanding and commitment to Torah. Prior preparation is not necessary but will enrich your involvement, and you will find copies of Rabbi Jacobs' book in the library. For more information, contact Shelly Crocker, [scrocker@crockerlaw.com](mailto:scrocker@crockerlaw.com).

#### Middah of the Month with Shirah Bell

*Next and final discussion: April 16, 1:15-2:15pm*

#### Learner's Minyan with Ron Schneeweiss

*Time: 2nd Saturday of the month, 10:30-11:15am*

April 9

Ein Keiloheinu

May 14

Kaddish/Tallit/Tzitzit

June-August

Break for Summer



**Congregation Beth Shalom**  
**Family Camp:**  
**From Music to Midrash**  
 Camp Solomon Schechter  
 June 3rd—5th, 2011



- Enjoy a retreat full of celebration, learning, and lots of fun!
- Embark on a weekend of nourishing your body and soul.
- Sip wine, schmooze with friends, and enjoy the great outdoors.

Our adventure begins Friday afternoon at 3:00 pm and will run through Sunday morning at 11:30 am.  
 Questions? Contact Irit Eliav, Director of Education, at [Iriteliav@bethshalomseattle.org](mailto:Iriteliav@bethshalomseattle.org) or (206) 524-0075.

\*We expect to reach capacity so sign up early.\*

## Registration Form

Please fill out all sections completely and provide information for each member in your family.

<b>Contact Information:</b> Name: _____ Address: _____ City: _____ State: _____ Zip: _____ Home Phone: _____ E-mail: _____ Cell Phone(s): _____ Any allergies or dietary needs? _____ Usual child bed time: _____ Wake-up time: _____ I would like to help lead services: Yes___ No___ What are you interested in leading?: _____	<b>Prices:</b> _____ <u>Before May 1st</u> Adults \$150 Teens 13-18 \$105 Youth 6-12 \$95 Kids 1-5 \$60 Family Max Rate \$455 <u>After May 1st</u> Adults \$165 Teens 13-18 \$115 Youth 6-12 \$105 Kids 1-5 \$70 Family Max Rate \$490
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<b>Who is coming?:</b> Adult Name: _____ Shirt Size: _____ Favorite Jewish song/musician: _____ Adult Name: _____ Shirt Size: _____ Favorite Jewish song/musician: _____ Child Name: _____ Age: _____ Shirt Size: _____ Favorite Jewish song/musician: _____ Child Name: _____ Age: _____ Shirt Size: _____ Favorite Jewish song/musician: _____ Child Name: _____ Age: _____ Shirt Size: _____ Favorite Jewish song/musician: _____ Child Name: _____ Age: _____ Shirt Size: _____ Favorite Jewish song/musician: _____ Child Name: _____ Age: _____ Shirt Size: _____	The Challenge Course is available to attendees age 6 and up for \$20/person. Please add this fee to your total if you would like to participate. # of family members: _____ x \$20 = _____ <hr/> Fee includes: overnight accommodations, five meals/person, snacks, recreational activities, and child care. Amount: _____ Visa/MC* #: _____ Exp. Date: _____ Verification# _____ Signature: _____ *There is an additional 3% charge on all credit cards _____ Check made payable to CBS (With "Family Camp" on memo line) _____ Financial Aid Requested
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## Beth Shalom's Judaica On-line Shop

Remember our online Judaica shop? The CBS homepage at [Judaicabeautiful.com](http://Judaicabeautiful.com), directly benefits Congregation Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop!

A few ways this site can be useful would be to consider getting your simchah gifts here for B'nai Mitzvah, weddings and other lifecycle events. There is an online registry to take advantage of as well as many other exciting benefits.

The direct link to the website:

<http://bethshalomseattle.judaicabeautiful.com/store/> or you can go to our website at [www.bethshalomseattle.com](http://www.bethshalomseattle.com).



JOIN THE ARMY! [What Army you ask?]

THE ARMY OF VOLUNTEERS IN THE  
KITCHEN!

(Ask us about Shabbas Chefs and see what you can do!)

CBS wants YOU!

Judith Benjamin [judithbenj@comcast.net](mailto:judithbenj@comcast.net) or Mark

Berman [msbxiv@gmail.com](mailto:msbxiv@gmail.com) Shabbas Chefs co-chairs

Community-Wide Celebration in Honor of  
Yom Ha'atzmaut and Lag B'Omer  
Sunday, 5/22

From 4-6pm

Come to the Stroum Jewish Community Center to enjoy fun and educational activities that explore different segments of Israeli society. Also enjoy a Jewish Fair, where you can purchase local and Israeli-made products and learn more about local Jewish organizations. (No RSVP Required.)

From 6pm and on

Then, at 6pm, head across the street to Herzl-Ner Tamid for a delicious kosher barbecue, traditional Lag B'Omer bonfire and sing-a-long. RSVP for the BBQ required. Cost is \$7 for adults and \$5 for children.

## Buy Scrip/Gift Cards For CBS

If you would like to purchase scrip for QFC/Fred Meyer, PCC, and now: Safeway, Albertsons, Home Depot, Starbucks, and ARCO or if you have any questions about the scrip program, please contact Kevin Coskey at (206) 365-2275 or [scrip@bethshalomseattle.org](mailto:scrip@bethshalomseattle.org), and the CBS Offices at 206-524-0075.

Talya McCurdy & Elric Wolfsbruder McCurdy have graciously volunteered to sell gift cards at shul on Tuesday and Wednesday evenings, from 6:45 to 7:15. So please stop by Beth Shalom then and avail yourself of this excellent opportunity.

## ANNIVERSARIES and BIRTHDAYS Mazel Tov to All

<b>ANNIVERSARIES</b>		Maya Kintzer	4/4	Lynette Brodsky	4/20
Dov Pinker & Bonnie Rochman	4/1	Matthew Phelps	4/4	Samuel Davis-Jacobs	4/20
Nance & Steve Adler	4/3	Mariah Pritchard	4/4	Tyler Eisner	4/20
Edward & Claudia Berman	4/4	Gail Katz	4/5	Stefan Judelman	4/20
Amy Gebler Ashkenazy & Boaz Ashkenazy	4/5	Sammy Kravette	4/5	Michael Ralph	4/20
Robert & Linda Kanter	4/5	Joe Portnoy-Leemon	4/5	Zinovy Taskar	4/20
Norman & Isabella Chapman	4/6	Jacob Bock	4/6	Sidney Cohen	4/21
Ira & Terry Kalet	4/7	Cheryl McDonald	4/6	Etana Kunovsky	4/21
Warren & Lisa Fein	4/8	Joshua Kittay	4/7	Mia Pollack	4/21
Alice Kaderlan & Eric Halsey	4/9	Jake Klein	4/7	Gail Coskey	4/22
Philip Nurick & Liora Minkin	4/9	Jason Schneier	4/7	Benjamin Kallay	4/22
Lane & Joanna Gerber	4/14	Eliot Low	4/8	Jonathan Kallay	4/22
Yakov Koltman & Rimma Lobas	4/15	George Allison	4/9	Bob Strauss	4/22
David & Amy Fulton	4/20	Sarah Katz	4/9	Francine Cohen	4/23
Robert Snyder & Karen Friedman	4/20	Ethan Bernstein	4/10	Joseph Glick	4/23
Michael & Karin Madwed	4/23	Jennifer Fisch	4/11	Darrell Mirsky	4/23
Daniel & Carolyn Bernhard	4/25	Kelly Hanna	4/11	Stephen Rosenshein	4/24
William Pauli & Janet Levy Pauli	4/28	Adina Katz	4/11	Amy Gebler Ashkenazy	4/25
Izyaslav & Sara Moldaver	4/29	Elijah Etzioni	4/12	Daniel Glick	4/25
		David Kanter	4/12	Veronika Kiselev	4/25
		Aharon tenBroek	4/12	Jonathan Ramsay	4/25
		Anna tenBroek	4/12	Ben Smith	4/25
		Gail Ewall	4/13	David Springer	4/25
		Warren Fein	4/13	Dina Tanners	4/25
		Debi Vans Evers	4/13	Kathleen Spitzer	4/26
		Robert Jacobs	4/14	Danielle Yancey	4/26
		Daniel Low	4/14	Lane Gerber	4/27
		Ruvane Richman	4/14	Ira Kalet	4/27
		Hana Volk	4/14	William Berman	4/28
		Sol Ezekiel	4/16	Shelly Crocker	4/28
		David Wes	4/16	George Grashin	4/28
		Iris Brumer	4/17	Jeremiah McDonald	4/28
		Idan Pressman	4/17	Bruce Pritchard	4/28
		Emma Shusterman	4/17	Malaika Schwartz	4/28
		Talya Yancey	4/17	Carolyn Bernhard	4/29
		Logan Starr	4/18	Barbara Grashin	4/29
		Lucas Chapel	4/19	Wendy Katz	4/29
		Susan Huntley	4/19	Abigail Baumgarten	4/30
		Natanya Kleit	4/19	Kellan Eisenhardt	4/30
		Jay Sardeson	4/19	Rimma Lobas	4/30
		Miriam Stiefel	4/19	James Mayer	4/30
		Elric Wolfsbruder McCurdy	4/19		
<b>BIRTHDAYS</b>					
Isaac Alter	4/1				
Carol Benedick	4/1				
Maria Erlitz	4/1				
Isaiah Gabbay	4/1				
Wiebke Light	4/1				
Kelly Malone	4/1				
Joel Migdal	4/1				
Samuel Wineburg	4/1				
Nora Bobroff	4/2				
Deborah Josephson	4/2				
Leah Lemchen	4/2				
Amy Stephson	4/2				
Rebecca Vasquez	4/2				
Jaron Bernstein	4/3				
Anne Fote	4/3				
Jesse Kleinman	4/3				
Rebecca Weinberg	4/3				
Jill Borodin	4/4				



### Save the Date CBS Blood Drive

Sunday, June 5, 2011

For more info, contact Sheryl at [cbsblooddrive@gmail.com](mailto:cbsblooddrive@gmail.com).

# BETH SHALOM PESACH GUIDE—5771-2011

## Bulk Food Sales

The Va'ad and PCC are doing a bulk kosher for Passover food sale.

**Seward Park (5041 Wilson Ave S) - Sunday, April 10, 9am-2pm**

**View Ridge (6514 40th Ave NE) - Monday, April 11, 3-8:00pm**

A CBS representative will be at the View Ridge PCC from 5-8pm on April 11 to sell scrip/gift cards for both PCC and QFC (which can also be used at Fred Meyer's) to benefit the Religious School. This is a great opportunity to help CBS while doing your Passover shopping. Please call Marjie at 206-524-0075 to pre-order your QFC and PCC scrip/gift cards.

## Seder Matches

Have extra room at your seder?

Looking for a seder?

Let us know NOW.

Call 206-524-0075 ext 2504 or email [carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org)



### PASSOVER GUIDE ~ TABLE OF CONTENTS:

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*We regret that during Passover we will be unable to serve a Kiddush Lunch on Shabbat and Yom Tov as our kitchen will be closed.*

## PASSOVER EVENTS AT BETH SHALOM

### Do It Yourself Pot and Utensil Kashering

*Sunday, April 17 from 12:30-3:00pm at Beth Shalom Kitchen (no charge)*

Large kashering pots are available for CBS members to kasher their metal pots, pans, and utensils for Passover. Please only bring cleaned metal pots (no Teflon), utensils, and silverware that have been set aside for at least 24 hours. You will not be allowed to dip anything that still has visible hametz on it. Scouring pads will be available if you need to do additional scrubbing. This is a do-it-yourself kashering event, drop-offs not permitted. David Frum will be on hand for guidance.

### Pre-Passover Rituals

#### Bedikat Chametz (Search for Chametz)

*Sunday, April 17 after dark, at home*

The search is usually performed the night before Pesach. It is customarily done with a candle, feather and woode spoon and the recitation of the blessing "Baruch atah...asher kiddeshanu...al biur chametz." Chametz which is found (except that which may be specifically set aside for use before Pesach), is put aside until the morning for burning. The formula for nullification is recited after the search. (See the beginning of the Haggadah for both the blessing and the formula).

#### Ta'anit Bekhorim (Fast of the Firstborn), Siyum Bekhorim & Morning Minyan

*Monday, April 18, 7:00-8:15am*

**(Minyan: 7:00 – 7:50am followed by Siyum led by Jason Kintzer and bagel chametz breakfast: 7:50-8:15am.)**

The fast applies to the firstborn child of a mother or a father and is usually held on Erev Pesach. It is customary,

*Continued on page 3 of this guide*

# PASSOVER SCHEDULE:



Event	Date	Time	Place	Notes
PCC Kosher for Passover Bulk Food Sale	Sunday, April 10 Monday, April 11	9:00am-2:00pm 3:00-8:00pm	Seward Park PCC View Ridge PCC	Scrip to benefit CBS available at View Ridge PCC from 5-8pm.
Kashering Utensils for Passover	Sunday, April 17	1:00-3:30pm	Outside the Synagogue Kitchen	Please bring cleaned pots and non-Teflon pans that have not been touched for 24 hours.
Bedikat Chametz (Search for Chametz)	Sunday, April 17	After Dark	At Home	Done by candlelight with feather. See instructions at the beginning of the haggadah.
Ta'anit Bekhorim (Fast of the Firstborn)	Monday, April 18	7:00-8:15am	Congregation Beth Shalom Beit Midrash	Siyum led by Jason Kintzer after minyan, followed by a seudat mafseket (breakfast).
Mechirat Chametz (Sale of Chametz)	Monday, April 18	9:00am	Congregation Beth Shalom	<b>Forms must be submitted by Friday, April 15th to the office.</b> Forms are included in the Ruach, also available at the Front Office.
Last Time to Eat Chametz	Monday, April 18	10:17am	At Home	Last time to eat Chametz before Passover begins.
Biur Chametz (Burning of Remaining Chametz)	Monday, April 18	11:43am	At Home	Remaining chametz must be burned or disposed of by 11:43am. <b>CBS Offices Close at Noon</b>
<b>FIRST NIGHT SEDER</b>	<b>Monday, April 18</b>		<b>At Home</b>	Candle lighting at 7:45pm or earlier
First Day Yom Tov Pesach Services	Tuesday, April 19	9:30am-12:15pm	CBS Sanctuary	<b>CBS Offices Closed No Lunch after services</b>
<b>SECOND NIGHT SEDER</b>	<b>Tuesday, April 19</b>		<b>At Home</b>	Candle lighting after 8:54pm.
Sefirat HaOmer begins (Counting of the Omer)	Tuesday, April 19	Evening	At Home	As indicated in Passover Haggadah
Second Day Yom Tov Pesach Services	Wed, April 20	9:30am-12:15pm	CBS Sanctuary	<b>CBS Offices Closed No Lunch after services.</b>
Chol Hamoed Pesach Weekday Minyan	Thursday, April 21 Friday, April 22 Sunday, April 24	7:00am 7:00am 9:30am	CBS Beit Midrash	
Shabbat Chol Hamoed	Friday, April 22 Saturday, April 23	6:00-7:00pm 9:30-12:15pm	Beit Midrash CBS Sanctuary	<b>No Lunch after services</b>
Seventh Day Yom Tov Pesach Services <b><u>No Yizkor service</u></b>	Monday, April 25	9:30am-12:15pm	CBS Sanctuary	<b>CBS Offices Closed No Lunch after services.</b> Candle lighting for Erev 7th Day, Sunday, April 24th by 7:53pm
Eighth Day Yom Tov Pesach and <b><u>Yizkor Service</u></b>	Tuesday, April 26	9:30am-12:15pm	CBS Sanctuary	<b>CBS Offices Closed No Lunch after services.</b> Candle lighting for Erev 8th Day Monday, April 25th after 9:04pm
END OF CHAMETZ BAN	Tuesday, April 26	9:06pm		
Re-Buying of Chametz	Tuesday, April 26	9:30pm		The chametz sold by Jason Kintzer will automatically return to your legal possession at this time.

after Shacharit, to have a siyum, completion of study of a tractate of rabbinic literature, following which there is a seudat mitzvah, a meal accompanying the performance of a mitzvah. All firstborn in attendance are then permitted to eat. After the completion of study and before the meal, the prayers for a siyum are recited, concluding with the expanded Kaddish d'Rabbanan. Bagels and coffee will be served for the seudat mitzvah.

### **Mechirat Chametz (The selling of the Chametz)**

***Monday, April 18, 10:00am***

Any chametz not consumed, burned or otherwise disposed of prior to Passover must be sold to a non-Jew who will own it during Pesach. In order to ensure compliance with the details of the law, Jason Kintzer will act as our agent for the sale. If you would like Jason Kintzer to serve as your agent, you must complete the "Sale of Chametz" form on page 5 of this guide, and return to Sandy Sloane by Friday, April 15th.

### **Biur Chametz (Burning of Chametz)**

***Monday, April 18,***

***EAT CHAMETZ NO LATER THAN 10:17AM ON MONDAY, APRIL 18TH***

***BURN CHAMETZ NO LATER THAN 11:43AM ON MONDAY, AT HOME***

The remaining chametz is burned no later than the hour after the first third of the day. No blessing is recited. A second, slightly modified form for the nullification of chametz is recited in the vernacular, after the chametz is burned. (See Haggadah for the appropriate formula.)

### **Advance Preparation of a Flame for Yom Tov**

On Yom Tov, though it is *prohibited* to create or extinguish a flame, it *is* permitted to transfer an existing flame. Therefore a flame - such as a pilot light or 50-hour candle - must be prepared before Pesach begins on Monday, April 18. This preexisting flame should last through the end of Yom Tov on Wednesday, April 20th. It is this flame that should be used to light candles on the 2nd day of Yom Tov and, if necessary, to cook on Yom Tov. Alternatively, you can light a 24 hour candle and transfer the flame to another 24 hour candle. Likewise, a flame must be prepared in advance of Yom Tov on the eve of the 7th day of Passover, Sunday night, April 24, for use in food preparation and for lighting candles on the eve of the 8th day of Passover, Monday night, April 25.

### **First And Second Day Of Pesach and Friday of Pesach**

#### **Candlelighting**

On both the first and second nights of Pesach, we recite the blessings "Baruch atah...le'hadlik ner shel Yom Tov" and "Shecheheyanu" (p. 718/303 of Siddur Sim Shalom). On the second night (Tuesday, April 19th), candles should not be lit until the end of the first day of Yom Tov. On the second night, we do not light a match but transfer the fire to the candles from an existing flame.

#### **Meals**

Details regarding the evening festival meals, or Sedarim are fully set forth in the Haggadah. On the second night, the Counting of the Omer (p. 237/55 of Siddur Sim Shalom) is included. Festive meals are also eaten for lunch on both days. The morning Kiddush consists of the biblical verse beginning "Vayedaber Moshe" followed by the blessing "Borei p'ri hagafen." At these meals, as throughout Pesach, the blessing of haMotzi is made over matzah.

***Birkat haMazon—Blessing after Meals*** After the meals, include "Ya'aleh v'Yavo—Our God and God of our ancestors" (p. 762/340) in Birkat haMazon (p. 755/337) as well as the Harachaman for festivals (p. 768/343). Moshe—Thus Moses declared" (Lev. 23:44) followed by the blessing "Borei p'ri hagafen."(p. 746/335).

***Birkat haMazon—Blessing after Meals*** After the meals, include Ya'aleh v'Yavo "Our God and God of our ancestors" (762/340) in Birkat haMazon (755/337) as well as the Harachaman for festivals (p. 768/343).

### **Seventh And Eighth Days Of Pesach**

#### **Candlelighting**

On the seventh and eighth nights of Pesach, we recite the blessings "Baruch atah...le'hadlik ner Shel Yom Tov."

*Continued on page 4 of this guide*

We do not recite Shecheheyanu. On the eighth night (Monday, April 25th) we do not light a match but transfer the fire to the candles from an existing flame.

## Meals

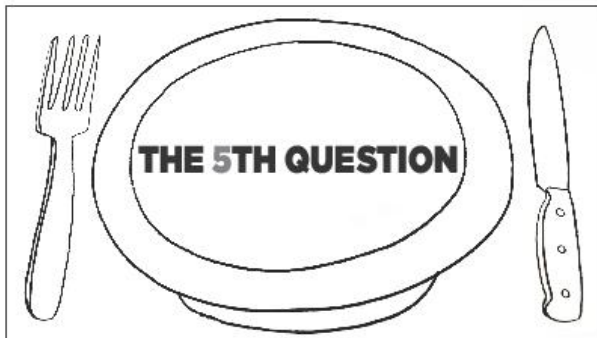
There are festive meals on each night of the final two days of Pesach as lunch time. At each meal Kiddush is recited and haMotzi is made over matzah.

**Evening Meals.** On the seventh and eighth nights we recite the evening festival kiddush with one insertion for Pesach. Omit the blessing Shecheheyanu both evenings.

**Afternoon Meals.** The “morning” Kiddush is shorter, consisting of the biblical verse beginning “Vayedaber Moshe—Thus Moses declared” (Lev. 23:44) followed by the blessing “Borei p’ri hagafen.” (p. 746/335).

**Birkat haMazon—Blessing after Meals** After the meals, include Ya’aleh v’Yavo "Our God and God of our ancestors" (762/340) in Birkat haMazon (755/337) as well as the Harachaman for festivals (p. 768/343).

### THIS PASSOVER, ASK AND ANSWER



#### WHY ON THIS NIGHT ARE MILLIONS OF PEOPLE GOING HUNGRY?

#### To make it even easier to help the hungry...

Donations may also be made to the Rabbi's Discretionary Fund, Attn: Mazon, and will be forwarded to Mazon.

#### THE ANSWER - BECAUSE ON THIS NIGHT, LIKE EVERY OTHER NIGHT, MILLIONS OF PEOPLE LIVING IN POVERTY HAVE NO OTHER CHOICE.

This Passover, as you gather to retell the story of our people's freedom from bondage, help re-write the stories of others less fortunate.

1. Incorporate The 5th Question into your Passover Seder. Talk about how it would feel if you and your family lived meal-to-meal. Talk about the injustice of senior citizens missing meals to afford rent. Talk about how hunger impacts a child's ability to learn. Talk about how you can make a difference.
2. Act. Help MAZON respond to hunger in communities across America and abroad. Donate what you would have spent to invite one more person to your Seder table.
3. Share your answers with others at [MAZONPassover.org](http://MAZONPassover.org). Write a blog post. Share photos. Send tributes or e-cards. Advocate. And donate. For more information about incorporating The 5th Question into your Seder, please visit [MAZONPassover.org](http://MAZONPassover.org).

This year, don't just say the blessings, share them.

#### DONATE TODAY

Mail: MAZON: A JEWISH RESPONSE TO HUNGER  
PO Box 894765  
Los Angeles, CA 90189-4765  
Online: [mazonpassover.org](http://mazonpassover.org)  
Phone: 1 800 813-0557



*For Rabbinical Assembly Passover Guidelines, see <http://www.rabbinicalassembly.org/pesahguide5771.pdf>  
Copies will be available in the Beth Shalom lobby. For information on Kosher for Passover products,  
see the Va'ad HaRabainim of Greater Seattle's Passover Guide or check the Va'ad website: [www.seattlevaad.org](http://www.seattlevaad.org).*

# SALE OF CHAMETZ

## Pesach 5771

If possible, all chametz – food not acceptable during Pesach, or materials containing such unacceptable food – should be destroyed or given away before the holiday begins. Should this be impossible, the chametz may be stored in such a way that we are sure not to use it during the holiday and its actual ownership transferred to a non-Jew until the holiday ends.

**The following contract must be filled out and given to Sandy Sloane or be received by mail at the synagogue before Friday, April 15th.**

### **NO LATE CONTRACTS WILL BE ACCEPTED.**

It is traditional to enclose tzedakah for the purpose of Maot Hittim (food distribution for Pesach). Your contributions will go to the **Rabbi's Discretionary Fund** and will be used for Maot Hittim. These funds will be used to support the kosher food bank, Mazon, and to provide direct gifts to families and individuals in need during the festival season.

### CONTRACT

KNOW ALL PEOPLE BY THESE PRESENTS: That I/We, \_\_\_\_\_

\_\_\_\_\_ the undersigned, do hereby make and appoint Congregation Beth Shalom my true and lawful representative to act in my place and stead, for me and in my name and in my behalf, to sell all chametz owned and possessed by me, knowingly or unknowingly, as stated in the Torah and defined by the sages of Israel (e.g., chametz; hashash chametz – suspect chametz; and all kinds of ta'arovet chametz – chametz mixtures); also, chametz that tends to harden and to adhere to the surface of pants, pots, or other cooking or eating utensils, of whatsoever nature, and to lease all places wherein the aforementioned chametz owned or possessed by me may be found, especially in the premises located at \_\_\_\_\_ (your address). Congregation Beth Shalom has the full authority and power to sell said chametz and to lease said place or places wherein said chametz may be found, upon such terms and conditions as discretion dictates. Congregation Beth Shalom has the full power and authority to assign or appoint a substitute or substitutes to act in my behalf with all the same powers and authority that I have invested in the synagogue, and I do hereby ratify and confirm all that Congregation Beth Shalom or rabbinic substitute lawfully does or causes to be done by virtue of these presents. And to this I hereby affix my signature on this \_\_\_\_\_ day of \_\_\_\_\_, in the year \_\_\_\_\_.

Signature(s) \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Telephone \_\_\_\_\_

Donation Enclosed \$ \_\_\_\_\_

***Please return to Sandy Sloane***

***by Friday, April 15th***

Congregation Beth Shalom

6800 35th Ave. NE

Seattle, WA 98115

206 524-0075. Fax 206 525-5095

[sandysloane@bethshalomseattle.org](mailto:sandysloane@bethshalomseattle.org)

# Post-Passover Festivals & Events

## Mussar Light of Torah, May 1, 2011

Join Dr. Alan Morinis, Rabbi Ira Stone, and Dr. Shirah Bell for an afternoon of Mussar. This year we will explore Jewish tools to create meaning in our contemporary lives. Fee: \$36 in advance; \$46 at the door (no one turned away for lack of funds); \$100 to be listed as a Mussar Patron. More information and registration forms available at [www.bethshalomseattle.org](http://www.bethshalomseattle.org).

## Yom HaShoah - Holocaust Memorial Day

*Yom HaShoah* was established by the *Knesset* to memorialize the Holocaust and honor the heroes. This year Yom HaShoah falls on the 28th of Nisan, Sunday evening, May 1 through Monday, May 2. Special prayers in observance of Yom HaShoah will be recited at the Monday morning minyan at 7:00am. Candles will be lit in memory of the six million at the evening minyan at 7:00pm.

**Yom HaShoah—Holocaust Community Remembrance** will be held on Sunday, May 1 at the Stroum Jewish Community Center on Mercer Island. For more information, please visit the Washington State Holocaust Education Resource Center website, [www.wsherc.org](http://www.wsherc.org).

## Yom HaZikaron - Israel's Memorial Day

The day before Israel Independence Day is set aside to mourn those who have died defending the State of Israel. It falls on the eve of Israel's Independence Day. This year's observance of Yom HaZikaron begins on Sunday, May 8. Special readings to commemorate Yom HaZikaron will be recited at the Monday morning minyan on May 9 at 7:00am.

## Yom HaAtzmaut - Israel Independence Day

Join Ruth Etzioni in the Beit Midrash on Saturday, May 7 at 1:15pm for an Israeli Sing-a-long in celebration of Yom HaAtzmaut.



Attend Beth Shalom's regularly scheduled Monday evening minyan, May 9 at 7:30pm and Tuesday morning minyan, May 10, at 7:00am for a special observance of Yom HaAtzmaut.

**StandWithUs Northwest**, an Israel education and advocacy organization is holding a Yom HaAtzmaut program on Sunday, May 8th. For more information please go to their website, [www.standwithus.com/northwest](http://www.standwithus.com/northwest).

## Lag BaOmer

Congregation Beth Shalom is teaming up with Herzl Ner Tamid, the Stroum Jewish Community Center and the Jewish Federation for a community-wide Celebration in honor of Yom HaAtzmaut and Lag BaOmer.

Come to the Stroum JCC on Sunday, May 22, 4-6pm to enjoy fun and educational activities that explore different segments of Israeli society. Also enjoy a Jewish Fair, where you can purchase local and Israeli-made products and learn more about local Jewish organizations.

Then, at 6pm, head across the street to Herzl-Ner Tamid for a delicious kosher barbecue, traditional Lag BaOmer bonfire and sing-a-long. RSVP for the BBQ required. Cost is \$7 for adults and \$5 for children. RSVP at <http://www.jewishninseattle.org>.

If you are a local Jewish business or vendor and would like to participate in the Jewish Fair, please contact Carol Benedick at [CarolBenedick@bethshalomseattle.org](mailto:CarolBenedick@bethshalomseattle.org) or at 206 524-0075 Ext. 2504. The cost of a table is \$36.

## Shavuot

Join us on Erev Shavuot, Tuesday, June 7

- Panel Discussion on Jewish Identity
- Children's programs,
- Cheesecake bakeoff
- Leil Tikkun, all night learning.

Festival services will take place on Wednesday morning, June 8 and Thursday morning, June 9 at 9:30am. More information on dinner registration and learning topics in the May Ruach.

# EVENTS IN MEMBERS LIVES

## MEMBERS IN SHLOSHIM OR YUD BET HODESH

### MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Gloria Goldstein, for her husband, Norton Goldstein, z"l
- י Nancy Cooper, for her father, Gerald Cooper, z"l
- י Jonathan Solovy, for his father, Jerold Solovy, z"l
- י Lori Safer, for her father, Barney Cohn, z"l
- י Benjamin Levie, for his brother, James Levie, z"l
- י Jettie Person, for her father, Walt Person, z"l
- י Rochelle Roseman, for her mother, Sara Groonis, z"l
- י Charles Shifren, for his father, Seymour Shifren, z"l
- י Merrie Schriro, for her father, George Schriro, z"l
- י Dina Tanners, for her mother, Jeanette Nelson, z"l
- י Arielle, Ethan and Jaron Bernstein, for their father, Rob Bernstein, z"l
- י Hilary Bernstein, for her husband, Rob Bernstein, z"l
- י David Marks, for his mother, Edith Rabinowitz Marks, z"l
- י Michael Newman, for his mother, Carol Spero Newman, z"l
- י Bella Korshin, Svetlana Burke, Emma Shusterman and Marina Kiselev, for their mother, Sofia Byk, z"l
- י Mark Stiefel, for his father, Ernest Stiefel, z"l
- י Doris Stiefel, for her husband, Ernest Stiefel, z"l
- י Mark Fefer, for his father, Alexander Fefer, z"l
- י CBS Congregation, for our friend, Norman Rosenzweig, z"l
- י Judy Borodin, for her mother, Blanche Ferish, z"l
- י Michael de Haan, for his mother, Cecilia de Haan, z"l
- י Robert Amkraut, for his father, Sidney Amkraut, z"l
- י Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l
- י Kim Isaac, for her husband, Josh Isaac, z"l
- י Barry Shane, for his wife, Joyce Shane, z"l
- י CBS Congregation, for our friend, Chaya Amiad, z"l
- י Jesse Kleinman, for his mother, Goldie Darwin Kleinman, z"l
- י Esther Altshul Helfgott, for her husband, Abe Schweid, z"l
- י Judith Mentzer, for her father, Charles Mentzer, z"l
- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l

- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l

## REFUAH SHLEMAH

### CBS MEMBERS

- י Daniella bat Sarah (Debi Vans Evers)
- י Ari ben Zelda (Robert Spitzer)
- י Tzvi Moshe ben Mordechai Haim ha'Levi v'Hava (Ron Schneeweiss)
- י Baruch Leib Chaim ben Meir (Brent Brown)
- י Devorah Hannah bat Sarah v'Shlomo (Doris Stiefel)
- י Israel Zvi ben Yehudit v'Shmu'el (Howard Klein)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Benyamin Lev ben Aviiva Ora v'Shmu'el Moshe (Julian Silver)
- י David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)

### RELATIVES of Members

- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval
- י Yisrael Chanech ben Hannah, father of Ellen Spear
- י Dorothy Saran, mother of Craig Saran
- י Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval
- י Aryeh Lev (Leo Shalinsky), father of Howard Shalinsky
- י Devorah bat Esther (Doreen Marx), step-mother of Jay Kruehwitich
- י Nitzanya Tovah bat Shayna Liba v'Shaul, relative of members
- י Bentzion Mendel ben Nechama (B. Manny Schreiber), cousin of Dina Tanners
- י Christine Tanners, daughter-in-law of Dina Tanners
- י Zelda bat Golda (Wendy Hayes), step-mother of Tamira Hartman
- י Shraga Fieval ben Sarah v'Yeshiya, father of Marci Greenberg
- י Burt Horwitch, uncle of Carrie Horwitch
- י Steven Berman, son-in-law of Chris & Mia O'Quin
- י Meir ben Mordechai, father of Danielle Yancey

- י Gordon Konsker, brother of Robert Konsker
- י Noam Daniel ben Gilah Malkah v'haRav Gedaliah Yakov HaLevi, cousin of Rik Katz
- י Benzion ben Yakov, father of Elizabeth Braverman
- י Jane Braverman, mother of Elizabeth Braverman

### FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg
- י Larry Zolton, friend of Patti Kieval
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter
- י Kent Morrissey, friend of Carrie Horwitch
- י Esther bat Sarah (Estelle Wilde), friend of Robert Hovden
- י Yaakov ben Rina (Jacob Glickman), religious school family member
- י Gavriella Chaya bat Sara (Congresswomn Gabrielle Giffords)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza

## MILESTONES

- Y Mazel Tov to Nance Adler, on being accepted to the Pardes Summer Curriculum Workshop Fellowship program in Jerusalem and a scholarship from the Jewish Education Council
- Y Mazel Tov to Mitch Dervis, on becoming the incoming President of the SJCS Board
- Y Mazel Tov to Christy Aberg, on her conversion to Judaism
- Y Mazel Tov to Joel Freedman & Rebecca Cory on their Aufruf

## TODDAH RABAH

- Y To our Shabbas Chef, Susan, with her helpers, Margot Kravette, Laura Strauss, Kathy Andeway, Pam Center and Judy Osman
- Y To the Edwin L. Bierman Scholar-in-Residence Volunteers: Greeters: Talya & Elric McCurdy, Ron Yancey and Howard Cockerham; Set-up: Elric McCurdy
- Y To the fantastic Hamentaschen bakers: Karen McGonigle, Edith Horn, Joani Diskin Saran, Daphne Dahms, Gloria Goldstein, Cheryl & David McDonald, Patricia Morton-Thomas and Michael Tobias Balderas
- Y Joanna Gerber, for helping in the CBS office
- Y David McDonald, for collecting all the tribute information for us from our old Machzorim

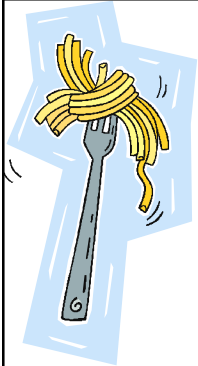
*(Continued on page 18)*

## EVENTS IN MEMBERS LIVES

(Continued from page 17)

- Y Stan & Nancy Zeitz, for sanding, taping and spackling the walls at Beth Shalom to ready them for painting
- Y Don Aylesworth and Stan Zeitz, for re-painting all the needed areas in the building
- Y Rabbi Ethan Tucker, for being our Guest Darshan
- Y To the Shabbas Chef, Sam Perlin and his helpers, David Brumer, David Marks,
- Elisabeth Goldstein, Karen McGonigle and Judy Rosenfeld, for preparing the Vegan Kiddush
- Y Yakov Koltman, who has been graciously helping out around the shul helping keep our building in good order
- Y To the two dessert Shabbas Chefs, Michele Yanow and Hannah Cordes and their helpers, Emily Barton, Judith Mentzer, Marcy Migdal, Julie Marguiles, Iris Brumer, Edna Oberman, Peg Elephant and Ruth Dick
- Y To the Shabbas Chefs, Shoshanna
- Barnett & Michael Jolson, and their helpers, Hannah Cohen-Cline, Nicole Guidry, Neelz Gharavi, John Schochet & Tenaya Scheinman, Maxine & Miriam Alloway & Rachel Jacobson, for preparing the Kiddush

**A SPECIAL THANKS TO ALL OF OUR VOLUNTEERS WHO GENEROUSLY DEVOTE THEIR TIME TO THE SHUL CONSISTENTLY!!**



## Annual Youth Department Spaghetti Dinner

April 17th, 6:00-8:00 pm



After a FULL day of Pesach cleaning, the last thing you want to do is cook.

*Want to enjoy the last bit of chametz before Pesach begins?*

The perfect way to do this AND support the youth  
At Beth Shalom is to join us for the  
Annual Youth Department Spaghetti Dinner!

Come and take part in this simple way to support our youth groups!

Cost: \$ 12 Adults, \$8 kids under 12

RSVP to Irit Eliav, Director of Education  
[Iriteliav@bethshalomseattle.org](mailto:Iriteliav@bethshalomseattle.org).



# CONTRIBUTIONS

## Adult Education Fund

Sheryl Kipnis & Stephen King

## Double Chai Plus Chavurah

Anonymous

Carol Benedick & Joe Orzech

Pam & Robert Center

Andrew Cohen & James Packman

Karen Friedman & Rob Snyder

Jeff & Marcy Gillman

Carol & Allen Gown

Mark Igra & Nancy Simon

Ellis & Vera Kantor

Michael Krasik & Nancy Geiger

Margot Kravette

Sarah Lindsley & Josh Isgur

Joel & Marcy Migdal

Philip Nurick & Liora Minkin

Chris & Mia O'Quin

Rebecca & Matthew Phelps

Alan Rodan & Alison Sands

Howard & Sarah Shalinsky

Mary Signer Meikle

Ellen & Brad Spear

## Early Childhood Center Fund

Anonymous

Anonymous

Jonathan Eliav

Svetlana Burke

From Microsoft Matching Gifts

## General Fund

Benjamin & Karyn Levie

Jeff & Marcy Gillman

Michael & Deirdre Gabbay

Carol & Allen Gown

Terry Damm

Elaine Selipsky

In memory of Charles Nathan, z"l

Rita Shtull

In honor of special birthday

Phyllis & Gary Adler

In appreciation of Rabbi Borodin

Debby Kerdeman & Dave Tarshes

For Nancy Cooper, in memory of  
Jerald Cooper, z"l

For Gloria Goldstein, in memory of  
Norton Goldstein, z"l

In memory of mother, Esther  
Kerdeman, z"l

Carol & Edward Kane

For Gloria Goldstein, in memory of  
Norton Goldstein, z"l

Ann Fine

For Hilary Bernstein, in memory of  
Rob Bernstein, z"l

Debra Revere & Paul Schwartz

In memory of father, James  
Revere, z"l

In memory of grandmother, Fanny  
Heiman, z"l

## Kiddush Fund

Rita Shtull

Dorothy & Jerry Becker

In memory of father, Harry  
Friedman, z"l

Linda Portnoy

For Lori Safer, in memory of Barney  
Cohn, z"l

Doris Stiefel

For Gloria Goldstein, in memory of  
Norton Goldstein, z"l

In honor of Edith Horn's special  
birthday

## Landscape Fund

Barbara & George Grashin

For Gloria Goldstein, in memory of  
Norton Goldstein, z"l

Diana & Ron Schneeweiss

In memory of father, Abraham  
Green, z"l

## Mitzvah Corps

Ron & Diana Schneeweiss

In appreciation of the Mitzvah  
Corps

The family of Norman Rosensweig, z"l

In appreciation of the Mitzvah  
Corps

## New House Fund

Carol & Allen Gown

## Prayerbook Fund

Margot Kravette

In memory of Irving Solomon, z"l

## Rabbi's Discretionary Fund

Paul & Jaime Gerber

Mimi Schorr

In memory of mother, Tobie  
Berman, z"l

Susan Adler

In honor of Rabbi Borodin

Joani Diskin Saran & Craig Saran

In honor of Rabbi Borodin

Nancy Coomer

In memory of my father

Mark & Sheryl Stiefel

In appreciation of Rabbi Borodin

Michelle & Perry Weinberg

In honor of Rabbi Borodin

Carol Reynolds

In honor of Rabbi Borodin

Judy Soferman & Marc Rosenshein

In honor of Rabbi Borodin

Pierre & Felice Loebel

In appreciation of Jason Kintzer

In appreciation of Rabbi Borodin

Norm & Isabella Chapman

In memory of sister-in-law,  
Charlotte Chapman, z"l

Eloise Beachell

In appreciation of Rabbi Borodin

Raymond Becker

In memory of sister, Phyllis  
Brodsky, z"l

The family of Norman Rosensweig, z"l

In appreciation of Rabbi Elana  
Zaiman

Pat Hurshell

In appreciation of Rabbi Borodin

## Religious School Fund

Scott & Karen Michelson

Marilyn Bierman

In memory of Diane Bierman, z"l

## Social Action Fund

Marilyn Meyer

Wishing Ron Schneeweiss a Refuah  
Shlemah

Andrea Kurtzman

In memory of Isaac Kurtzman, z"l

## Special Fund for Seattle Jewish

Film Festival in honor of Ron  
Schneeweiss and the movie he  
was interviewed in, *Wrong Side of  
the Bus*

Pam & Bob Center

Andrew Cohen & James Packman

Harry Goldman & Jettie Person

Tamara & Greg Griffin

Julian & Hazel Judelman

Patti Kieval

Craig & Deborah Lawson

Mark & Sheryl Stiefel

Perry & Michelle Weinberg

Gail Zucker

# SERVICE SCHEDULE FOR APRIL 2011 - ADAR II~NISAN 5771

Members of the Beth Shalom community lead worship services at CBS. If you have synagogue skills and wish to participate, call Sandy Sloane, 206-524-0075, ext 2508.

## CBS DAILY MINYANS

Please support the minyan by attending on a regular or even irregular basis one or more days a week. The minyan does not meet on Festival days. The minyan (Monday – Friday) starts at 7:00AM on all American holidays except Thanksgiving, December 25<sup>th</sup>, New Year's Day, Memorial Day, Independence Day and Labor Day when it will meet at 9:00AM.

- ✓ Monday through Friday mornings: 7:00-7:45am (Beit Hamidrash).
- ✓ Sunday mornings: 9:30-10:15am, (Beit Hamidrash)
- ✓ Monday Evening Minyan: 7:30-8:00pm, (Beit Hamidrash)

For Torah Readings on Mondays and Thursdays, add ten to fifteen minutes to services.

## YESHAR KOACH TO OUR SERVICE LEADERS SINCE THE LAST RUACH

**Ashrei Club:** Talya Yancey, Amit Perlin, Asaph Brumer and Julian Pritchard

**Daveners:** Eliana Madwed, David Kintzer, Jesse Madwed, Joel Goldstein, Sam Sherer, Jill Cohen, Sam Perlin, Linda-Jo Greenberg and Shoshanna Barnett

**Leyners:** Debby Kerdeman, Josh Nathan, Sheryl Kipnis, Ben Haber, Ira Kantrowitz-Gordon, Danielle Yancey, Michaela Yancey, Joel Goldstein, Norbert Sorg, Teddy Rothman, Natan Lubow, Sandra Layman and Joel Migdal

**Haftora & Megilah:** Emily Barton, Louis Friedkin, Michele Yanow and Rhona Feldman

**Gabbai Rishon & Shenni:** Joel Migdal, Sam Perlin, Sharon Greenberg, Nance Adler, Brenda Kurland, Debby Kerdeman and Mitch Dernis

**Gabbaim:** Alison Sands, Rochelle Roseman, Jordan Gussin, Karen Binder, Alan Rodan, Shelly Crocker, Lyle Margulies and Jacquie Bayley

**Greeters:** Trudy Antolin, Mark Benjamin, Talya McCurdy, David Brumer, Peter Shapiro, Stan Zeitz, Brad Spear, Kevin Coskey, Rik Katz, Ron DeChene, Michael Madwed and Robert Isgur

**Minyan Leaders:** Ellen Goldblatt, Lori Safer, Linda-Jo Greenberg, Sam Perlin, Ron Schneeweiss, Hannah Cohen-Cline, Paul Schwartz, Nance Adler and Sharon Greenberg

**Kiddush Sponsors:** Margot Kravette, Kiddush Club and Joel Freedman & Rebecca Cory

Dear Beth Shalom members: The Professional Staff Assessment Committee is collecting input as we conduct our annual assessment of our four professional staff - Rabbi Borodin, Tzachi Litov, Irit Eliav and Leah Lemchen. Both the staff and the board would greatly welcome input from the congregation to help us provide more meaningful feedback to the staff and to better shape our priorities going forward. The survey should take just 15-20 minutes. Your responses will go to a confidential email and be kept completely anonymous, unless you tell us otherwise. We very much appreciate your time and thoughtfulness on this important effort.

Please go to the link <http://www.surveymonkey.com/s/3VZYRM5>, and click "next" to get started. The survey will be active until May 1, 2011.

Thanks very much,

Beth Shalom Professional Assessment Committee,

Debra Gussin

Jill Cohen

Francie Ringold

Mark Stiefel

Craig Lawson

Steve Perlmutter

# SERVICE SCHEDULE FOR APRIL 2011 - ADAR II~NISAN 5771

## CANDLIGHTING AND THE WEEKLY KABBALAT SHABBAT MINYAN (Friday Evening Services): Beit Hamidrash

The regular Kabbalat Shabbat services last approximately one hour. The service is spirited with the beautiful melodies of Kabbalat Shabbat including L'cha Dodi and Yedid Nefesh. After services, participants return home for Shabbat dinner. Shabbat hospitality will be available. Children are welcomed and treasured. If you wish to help lead services, to offer home hospitality after services, or simply to participate on a regular basis, please contact Paul Schwartz at [kabbalatshabbat@bethshalomseattle.org](mailto:kabbalatshabbat@bethshalomseattle.org).

Date	Kabbalat Shabbat	Candlelighting	Havdallah
April 1-2	6:00-7:00 PM	7:20 PM	8:22 PM
April 8-9	6:00-7:00 PM	7:30 PM	8:32 PM
April 15-16	6:00-7:00 PM	7:40 PM	8:41 PM
April 22-23	6:00-7:00 PM	7:50 PM	8:51 PM
April 29-30	6:00-7:00 PM	8:00 PM	9:01 PM

## SHABBAT MORNING SERVICES: Main Sanctuary at 9:30am - 12:00pm

Shabbat Morning Dates & Portion	Concurrent Services	B'nai Mitzvah, Sermon Topics and Special Occasions
<b>Shabbat Ha'Chodesh</b> <b>April 2: Tazri'a</b> Leviticus 12:1-13:28 Maftir: Exodus 12:1-20 Haftarah: Ezekiel 45:16-46:18	10:00-12:00pm Babysitting Co-op 10:30am FDI, Kids Kehilla 11:00am Tot Shabbat 1:15pm Israel Disc Group	
<b>April 9: Metzora</b> Leviticus 14:1-14:32 Haftarah: II Kings 7:3-20	10:00-12:00pm Babysitting Co-op 10:30am FDI, Kids Kehilla 10:30am Learners Minyan 1:15pm Global Poverty Disc Grp	<b>Isaac Alter Bar Mitzvah</b>
<b>Shabbat Ha'Gadol</b> <b>April 16: Aharei Mot</b> Leviticus 16:1-16:34 Haftarah: Malakhi 3:4-24 (repeat 23)	10:00-12:00pm Babysitting Co-op 10:30am FDI, Kids Kehilla 10:00am YouthMinyan 1:15pm Middah of the Month	
<b>April 23: Hol Ha'mo'ed Pesah</b> Exodus 33:12-34:26 Maftir: Numbers 28:19-25 Haftarah: Ezekiel 37:1-14	10:00-12:00pm Babysitting Co-op 10:30am FDI, Kids Kehilla	<b>There will be no Kiddush Lunch following services</b>
<b>Mevarekhim Ha'Chodesh</b> <b>April 30: Kedoshim</b> Leviticus 19:1-19:37 Haftarah: Amos 9:7-9:15	10:00-12:00pm Babysitting Co-op 10:30am FED, Kids Kehilla 1:15pm Rabbi Ira Stone Disc Grp	

5771  
2011

April

adar II  
nisan

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MARCH  
S M T W T F S  
1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

MAY  
S M T W T F S  
1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

**3** 28 adar II  
HABITAT FOR HUMANITY  
9:15am—Sunday School  
9:30am—Minyan  
10:15am—Torah Study

**4** 29 adar II  
7:00am—Minyan  
6:00pm—ECC Staff Meeting  
7:30pm—Minyan

**5** 1 nisan  
7:00am—Minyan  
4:15pm—Hebrew School  
6:30pm—9:15pm—Adult Ed.  
6:45pm—Scrip Sales

**6** 2 nisan  
7:00am—Minyan  
6:45pm—Scrip Sales  
7:00pm—Adult Education  
7:00pm—Israeli Dancing

**7** 3 nisan  
7:00am—Minyan  
4:30pm—Prozdor  
7:00pm—USY Board Meeting

**8** 4 nisan  
7:00am—Minyan  
6:00pm—Kabbalat Shabbat Service

**9** 5 nisan  
Bar Mitzvah of Isaac Alter  
9:30am—Shabbat Services  
10:00am—Babysitting Co-op  
10:30am—FDI & Junior Cong.  
11:00am—Tot Shabbat  
1:15pm—Israel Discuss Grp  
7:00pm—Kadima Event *Yazna*  
**SHABBAT HACHODESH**

**10** 6 nisan  
9:00am—RS Mock Wedding  
9:15am—Sunday School  
9:30am—Minyan  
10:15am—Torah Study  
10:15am—Stitch N Schmooze  
1-2:30—Paint the Town offsite  
7:00pm—Rosh Chodesh Grp

**11** 7 nisan  
7:00am—Minyan  
12:00pm—ECC Mock Seder  
3:30-8PM—Bulk Kosher sale  
—View Ridge PCC  
7:30pm—Minyan

**12** 8 nisan  
7:00am—Minyan  
4:15pm—Hebrew School  
6:45pm—Scrip Sales  
6:30pm-9:15pm—Adult Ed.

**13** 9 nisan  
7:00am—Minyan  
6:45pm—Scrip Sales  
7:00pm—Adult Education  
7:00pm—Israeli Dancing

**14** 10 nisan  
7:00am—Minyan  
4:30pm—Prozdor  
7:30pm—Talmud Class

**15** 11 nisan  
7:00am—Minyan  
6:00pm—Kabbalat Shabbat Service  
Deadline for Sale of Chameitz

**16** 12 nisan  
9:30am—Shabbat Services  
10:00am—Babysitting Co-op  
10:30am—FDI & Junior Cong.  
10:00am—Youth Minyan  
1:15pm—Middah of the Month  
**Acharei Mot**  
**SHABBAT HAGADOL**

**17** 13 nisan  
9:30am—Minyan  
10:15am—Torah Study  
12:30-3pm—Pot Kasher  
6:00pm—USY Spaghetti Dinner

**18** 14 nisan  
7:00am—Minyan & Ta'anit Bekhorim with Siyum Bekhorim & bagel chameitz breakfast  
10:00am—Selling of Chameitz  
CBC Offices Close at Noon  
7:30pm—Minyan

**19** 15 nisan  
ECC/CBS OFFICE CLOSED  
9:30am-12:15pm Yom Tov Service 1st Day Pesach

**20** 16 nisan  
ECC/CBS OFFICE CLOSED  
9:30am-12:15pm Yom Tov Service 2nd Day Pesach

**21** 17 nisan  
7:00am—Minyan  
7:30-9pm—Board Mtg

**22** 18 nisan  
7:00am—Minyan  
6:00pm—Kabbalat Shabbat Service

**23** 19 nisan  
9:30am—Shabbat Services  
10:00am—Babysitting Co-op  
10:30am—FDI & Junior Cong.

**24** 20 nisan  
SEARCH FOR CHAMETZ  
9:30am—Minyan  
10:15am—Torah Study

**25** 21 nisan  
ECC/CBS OFFICE CLOSED  
9:30am-12:15pm Yom Tov Service 7th Day Pesach  
7:30pm—Minyan

**26** 22 nisan  
ECC/CBS OFFICE CLOSED  
9:30am-12:15pm Yom Tov Service & Yizkor 8th Day Pesach

**27** 23 nisan  
7:00am—Minyan  
6:45pm—Scrip Sales  
7:00pm—Israeli Dancing

**28** 24 nisan  
7:00am—Minyan  
4:30pm—Prozdor  
7:30pm—Talmud Class

**29** 25 nisan  
7:00am—Minyan  
6:00pm—Kabbalat Shabbat Service

**30** 26 nisan  
9:30am—Shabbat Services  
10:00am—Babysitting Co-op  
10:30am—FDI & Junior Cong.  
1:15pm—Rabbi Ira Stone Disc  
**CHOL HAMOED**

Kedashim



Please return form to:  
 Congregation Beth Shalom  
 6800 35th Ave NE  
 Seattle, WA 98115  
 Fax: 206-525-5095

## Congregation Beth Shalom Mail in Tzedakah Form

You may also call us at 206-524-0075 and make your donation via credit card.

### 1. DONOR INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Acknowledgement cards are mailed to the honoree or the family of those memorialized, and are also listed in our monthly newsletter, the *Ruach*.

*To minimize the use of synagogue resources please send my acknowledgement via e-mail to:*

\_\_\_\_\_

### 2. GIFT INFORMATION

My gift is (choose one)     In honor     In memory     In honor of an Aliyah

of \_\_\_\_\_

*I would like a gift acknowledgement sent to (other than myself):*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

PLEASE USE MY DONATION TO SUPPORT :

**General Operating Fund**

All donations to the General Fund help maintain a balanced budget.

**A Special Fund:**

- |   |   |
|---|---|
| <input type="checkbox"/> Adult Education Fund         | <input type="checkbox"/> Campership                 |
| <input type="checkbox"/> Cemetery Fund                | <input type="checkbox"/> Endowment Fund             |
| <input type="checkbox"/> Israel Travel Fund for Youth | <input type="checkbox"/> Joey Wes Library Fund      |
| <input type="checkbox"/> Kiddush Club                 | <input type="checkbox"/> Kitchen Fund               |
| <input type="checkbox"/> Landscape Fund               | <input type="checkbox"/> Library Fund               |
| <input type="checkbox"/> Mitzvah Corps Fund           | <input type="checkbox"/> Prayer Book Fund           |
| <input type="checkbox"/> Religious School Fund        | <input type="checkbox"/> Rabbi's Discretionary Fund |
| <input type="checkbox"/> Social Action Fund           | <input type="checkbox"/> Torah Fund                 |
| <input type="checkbox"/> Young Adult/3rd Friday Fund  | <input type="checkbox"/> Youth Fund                 |

### 3. PAYMENT INFORMATION (Note: there is an additional 3% charge on all credit cards)

Enclosed is my gift of \$ \_\_\_\_\_ via (choose one)  Check     Visa     Mastercard

Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_    Exp. \_\_\_\_\_

Card Verification # \_\_\_\_\_

Signature of Cardholder \_\_\_\_\_    Date \_\_\_\_\_

Thank you for your support of Congregation Beth Shalom!

Congregation  
Beth Shalom

6800 35th Ave NE  
Seattle, WA 98115

tel 206.524.0075

fax 206.525.5095

email: [info@bethshalomseattle.org](mailto:info@bethshalomseattle.org)

[www.bethshalomseattle.org](http://www.bethshalomseattle.org)



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*Voted Best Congregation in Town!*

*Please join us for the 3rd Seattle Mussar Kallah*

# MUSSAR

## Light of Torah

*Practical guidance for manifesting our finest selves*

**Sunday, May 1, 2011**

**12:45 - 5:30 pm**

**Congregation Beth Shalom**



See more about the Mussar Kallah on page 4 of this Ruach

Mussar is a path of spiritual development in which we work on ourselves, but not only for the sake of our selves. By refining and elevating our inner life and nourishing the soul through study and awareness, we practice new behaviors, freeing the light of our holy souls to shine into our lives and into the world.

At our third Kallah we will inquire into Jewish tools that support us in creating meaning in our contemporary world. We will explore the middot (soul traits) of zehirut (self-examination/vigilance) and gevurah (strength/alignment with the Divine) and then address the gulf between spiritual practice and engagement in the world. In light of the fact that Yom HaShoah [Holocaust Remembrance Day] begins Sunday evening, we will discuss how Mussar's history and practice has responded to such moral madness. The teachings will build on the foundation we developed in the prior two years - the basic principles and practices of Mussar, Judaism's central commandment "Love your neighbor as yourself" (Leviticus 19:18) and the middot of kavod (honor), ahavah (love) and chesed (loving kindness).