



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly



"I marvel at the resilience of the Jewish people. Their best characteristic is their desire to remember. No other people has such an obsession with memory." ~ Elie Wiesel

10-14 Elul 5770

August 20-26, 2010

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**Congregation Beth Shalom • Voted in JT News
Best Congregation for 2009!**

Kabbalat Shabbat Service in the Sanctuary

Candlelighting for August 20th is at 7:56pm
Kabbalat Shabbat Services at 6:15pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Ki Tetzei

Deuteronomy 24:14-25:19

Haftarah: Isaiah 54:1-10

Guest Darshan: Malika Krasik-Geiger

Kiddush is Sponsored by Dorothy & Jerry Becker, to honor their 60th Wedding Anniversary, and prepared by our Shabbas Chef, Robert Hovden
With helpers: Judith Mentzer, Kathryn Bern, Emily Barton, Jeremy Alk, Sam Portera, and Ron DeChene

Shabbat Babysitting at 10:15am in Room 4/5

Youth Minyan for USY Board members from 10am in the Beit Midrash
FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1
Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

This Monday, August 23, the Monday evening minyan at 7:30pm will join the shiva minyan at Judy Rosenfeld's home, 7003 37th Ave NE, Sunshine Cottage, Seattle

Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday; Minyan @ 9:30 am;
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Click on this link to check on the Eruv update each week <http://twitter.com/cstleruv>.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Guest Darshanim

August 28 - our guest speaker is David Tarshes
David Solovy becomes Bar Mitzvah on September 4

Beth Shalom's Judaica Gift Shop

We are very excited to announce the launch of our new online Judaica shop. This venture, in partnership with Judaicabeautiful.com, directly benefits Congregation Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop!

CBS Gift Card / Scrip Program

The month of Elul is now upon us, and that means Rosh Hashanah is just around the corner. As you plan ahead for holiday meals, remember that Beth Shalom has plenty of gift cards you can use when you shop for groceries. Cards to use at QFC/Fred Meyer, PCC, Safeway and Albertsons are all available for purchase from Marjie Cogan or Kevin Coskey. Using these cards when you shop helps Beth Shalom financially and costs you nothing extra. If you have questions about buying gift cards from Beth Shalom, please call Marjie Cogan in the shul office, or contact Kevin Coskey at scrip@bethshalomseattle.org or at 206-365-2275.

Learn the Oral History of the Beth Shalom Torot

Our usual band of silver polishers are unable to assemble this year. Would a couple people be willing to join Judith Mentzer on Sunday, August 29th after minyan so about 10:30ish to polish up the "torah toys" and learn their history? The polishing should take about an hour. Call Judith at 206-679-2657.

ECC is looking for donations of toys suitable for toddlers and preschoolers

We can arrange pickup if necessary. Please call the ECC director at 206-985-2517 or email eccdirector@bethshalomseattle.org.

MILESTONES

Y Mazel Tov to Dorothy & Jerry Becker, on their 60th Wedding Anniversary

TODDAH RABAH

Y Malika Krasik-Geiger, for being our Guest Darshan
Y Dorothy & Jerry Becker, for Sponsoring the Kiddush to honor their 60th Wedding Anniversary
Y Shabbas Chef, Robert Hovden with his helpers Judith Mentzer, Kathryn Bern, Emily Barton, Jeremy Alk, Sam Portera, and Ron DeChene, for making a fabulous Kiddush this week

Volunteers Needed for High Holiday Prep! Sunday, September 6 - 9am to 2pm? (depending on the # of volunteers)

The High Holy Days are amongst the busiest times of the year at Beth Shalom and a time when we prepare our "home" for the season. There are opportunities for chair set up, books to move, and all the other associated chores to help prepare our community for the High Holy Days. Everyone is welcome and encouraged to come by, even if just for an hour. There is much to do and things to move, and it's always much more fun with YOU! Light refreshments will be served - just come on by.

HIGH HOLIDAY YIZKOR BOOK

Each year on Yom Kippur, we distribute our annual Yizkor Book, inscribed with names of our loved ones no longer among the living. Because the holidays come so early this year, we encourage anyone interested in including their loved ones in this tradition to do so at their earliest convenience. Forms are available online, in the August Ruach, or at the Front Office. The deadline is September 10th. A suggested contribution for inclusion of a loved one's name is \$36 (double chai). For your convenience, you may inform us by e-mail at yizkorbook@bethshalomseattle.org including your listings and the amount you would like billed to your account. Otherwise feel free to contact the Front Office.

More About The Keshet Project: Connecting Beth Shalom

The goal of this project - named using the Hebrew word *keshet*, meaning "connection" - is to help more Beth Shalom members connect to each other in new and meaningful ways. We've asked you to answer a question on the back of your pink High Holiday ticket and drop your ticket into one of the Keshet Project boxes at shul on Yom Kippur. We intend to contact everyone who responds and use their candid feedback to help interested members improve their connections with other members. We plan to create a variety of opportunities, including new and existing programs at Beth Shalom, for members to meet other members with similar interests. Of course, we will respect the confidentiality of every response.

If you have any questions, please contact Neelz Gharavi at mdragonsinger@yahoo.com or 206-334-7408 or Rhona Feldman at rhonaf@comcast.com or 206-355-7369 for more information.

CBS ECC openings

We currently have three openings for toddlers in the ECC. Full-time and part-time options available. Beth Shalom members get a 10% discount on tuition. If you are interested please contact Ron Schneeweiss the interim director at 206-985-2517 or eccdirector@bethshalomseattle.org.

UPCOMING PROGRAMS AND EVENTS

Shabbat In The Park

Join Beth Shalom families in View Ridge Park (NE 70th St and 43rd Ave NE) on nice weather Shabbat afternoons from 5 to 8 pm, from June 19th through Labor Day Weekend. Bring snacks and/or picnic dinner. Come for as little or as much of the time that works for your family.

Empty Nesters Potluck

Sunday, 8/22 from 6:30pm will be hosted by Peter & Bev Blum, 7012 34th NE, Seattle
RSVP to 206 523 7247 or e-mail to Peterbev.blum@gmail.com

Topic: TBD. All are welcome

Please bring food as per the alphabet or as you wish:

A—F Main dish

G—K Appetizer and/or bread

J—P Salad

R—Z Dessert / fruit drinks

Tot Shabbat

Upcoming dates - 9/4, 10/2

1st Shabbat monthly 11:00—11:30am in Room 2
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. All are welcome. For more information email: iriteliav@bethshalomseattle.org.

Meditation through Breath and Movement: A Shabbat Morning Practice

Every 2nd Saturday of the month from 9-10am / starts September 11 in the annex

Instructor Sarah Lindsley will use breath and movement to relax our bodies and to come into a more conscious awareness of the present.

By beginning the daytime portion of Shabbat with this practice, we hope to foster a sense of physical,

emotional and spiritual well being that we can take with us into the rest of the day and week. We will draw primarily on a yoga-based movement vocabulary. This practice is designed for people of all body types—not just the already fit and flexible! For your physical safety and out of respect for the cohesion of the group, we ask that you arrive on time; we will begin promptly at 9 am. No charge. RSVP requested.

Stitch & Schmooze

Sunday, 9/12 from 10:15am-12:15pm

The next Stitch and Schmooze is Sunday, Sept. 12, 10:15am-12:15pm at Carol Benedick's house.

We are now meeting the 2nd Sunday of the month

A New Tradition ~ Prayer Service ~

Sunday, 9/12 from 11 am at the Beit Shalom Cemetery

Traditionally, Jews visit their loved ones' graves on the Sunday after Shabbat Shuvah. Beth Shalom members will be meeting at our cemetery to start this tradition on Sunday, September 12th. Join us at 11:00 am for a brief prayer service.

If you don't have loved ones in our cemetery, consider visiting the grave of someone whose family no longer lives here or who may get no visitors. Our cemetery is a peaceful, lovely place to visit on a late summer morning.

Directions to the cemetery, which is located in Brier, just north of the King-Snohomish county line, can be found at the CBS website under "Community" or in the cemetery packet available in the office. To receive a cemetery packet, contact (206) 524-0075 or tzachilitov@bethshalomseattle.org

YOM KIPPUR PREP CLASSES ARE FREE!

Pre-register to receive info on study materials.

Getting Through The Year: Ometz Lev:

A Courageous Heart with Shirah Bell

Tuesday, 9/14 from 7:00-8:00 pm

We usually start out in the high holidays with high commitment to right our ways, to take on challenges in our lives. But what happens during the year? We often falter. In this class we'll study Ometz Lev (spiritual courage), as contrasted to the physical bravery we usually think of when we define "courage."

Advance preparation advisable – email

SB@livingwealth.com for items in the AI Chet Prayer on which to focus.

The Book of Jonah with Mark Solomon

Tuesday, 9/14 from 7:00-8:30pm

This class is an introduction to the Book of Jonah for learners at all levels. We'll look at the structure of the story and, through Rabbinic and modern sources, try to answer some fundamental questions: Why is Jonah a reluctant prophet? Why is he angry when Nineveh repents? What's the Book of Jonah "about?" No knowledge of Hebrew is required for this class.

Resurrection in Judaism with Jeremy Alk

Tuesday, 9/14 from 8:15-9:15pm

Covering Jewish sources and ideas.

Want to Share Your Sukkah this Year?

Volunteers are needed for this year's progressive Sukkot lunch, which will take place after services on the first day of Sukkot, Thursday, Sept. 23rd. If you will have a sukkah near Beth Shalom this year and you would like to host part of the lunch, please contact Cherie Hershman at 206.617.4066 or che30_1999@yahoo.com.

HAMAKOM YINACHEM ETCHEM: "May God Comfort You"

Y Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l, who died on Monday night, August 16th (6 Elul)

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Kim Isaac, for her husband, Josh Isaac, z"l (22 Av)
- י Marc Isaac, for his brother, Josh Isaac, z"l (22 Av)
- י Barry Shane, for his wife, Joyce Shane, z"l (20 Tammuz)
- י CBS Congregation, for our friend, Chaya Amiad, z"l (12 Tammuz)
- י Jesse Kleinman, for his mother, Goldie Darvin Kleinman, z"l (5 Tammuz)
- י Esther Altshul Helfgott, for her husband, Abe Schweid, z"l (3 Tammuz)
- י Judith Mentzer, for her father, Charles Mentzer, z"l (25 Sivan)
- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)

MEMBERS OBSERVING YAHZEITS

- י Ruth Dick, for her nephew, Glenn Kaufman, z"l, and for her mother, Ethel Kaufman, z"l
- י Deborah Sopher, for her father, Marcus Sopher, z"l
- י Henry Levy, for his mother, Bertha Levy, z"l
- י Judith Mentzer, for her uncle, Robert Mentzer, z"l
- י Sharon Greenberg, for her aunt, Rae Rosenberg, z"l
- י Allen Gown, for his mother, Theresa Gown, z"l
- י Karen Putterman, for her grandmother, Shirley Krotki, z"l
- י Stan Sorscher, for his sister, Randee Sorscher, z"l
- י David Tarshes, for his wife, Carol Tarshes, z"l
- י Linda Portnoy, for her brother, Howard Portnoy, z"l
- י Carolyn Friedkin, for her ex-husband, Michael Bienn, z"l
- י Adriel, Aviva and Garion Bienn, for their father, Michael Bienn, z"l
- י Susan Aylesworth, for her mother, Mery Page Burroughs, z"l
- י George Grashin, for his mother, Mary Grashin, z"l
- י Nona Phillips, for her mother, Audrey Phillips, z"l
- י Wiebke Light, for her mother, Helga Mund, z"l
- י Ellen Spear, for her uncle, Farley Marcus, z"l
- י Helen Kustina, for her sister, Edith Cohen Patashnik, z"l
- י Rick Kustina, for his aunt, Edith Cohen Patashnik, z"l
- י Steven Katz, for his father, Walter Katz, z"l
- י Susan Adler, for her father, Milton Braunstein, z"l
- י Jonathan Green, for his father, Gordon Green, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Yehudit bat Ruchale v' Mendel Yosef (Judith Benjamin)
- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benyamin Lev ben Aviiva Ora v'Shmu'el Moshe (Julian Silver)
- י David Henached shell Goldja (Eric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Schmu'el (Norman Rosenzweig)

RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 8/6)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 8/6)
- י Miriam bat Nechama v'Yehuda, sister of Ilene Stein (re-listed 8/6)
- י Julie McKibben, sister-in-law of Corey Salka (re-listed 8/6)
- י Shmu'el ben Zahava v'Yehy'el Mayer, father of Tzachi Litov (re-listed 8/6)

Refuah Shlema

The Refuah Shlema list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Yisrael Chanech ben Hannah, father of Ellen Spear (re-listed 8/6)
- י Dorothy Saran, mother of Craig Saran (re-listed 8/6)
- י Mel Baer, cousin of Steve Greene (listed 7/26)
- י Chris Morton, friend of Kayla Weiner (listed 8/9)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 8/6)
- י Larry Zolton, a friend of Patti Kieval (re-listed 8/6)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 8/2)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (re-listed 8/2)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (re-listed 8/2)
- י Laurie Savran, friend of Kayla Weiner (re-listed 8/3)
- י Perets Meir ben Yaakov (Paul Nochenson), friend of Louis Friedkin (listed 7/23)
- י Aly Scalzo, friend of Lisa Orlick (listed 7/23)
- י Debbie Bussell, friend of Lisa Orlick (listed 7/23)
- י Anita Feld, friend of the Orlick Salka Family (listed 8/5)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza