



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly

"To be a devoted Jew means to dwell perpetually in the radiance and eclipse of an infinite Being, engaged with us in a mysterious partnership that has been tragic, sustaining, sublime.." ~ Nessa Rapoport



15-21 Elul 5770

August 27-September 2, 2010

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Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

**Congregation Beth Shalom • Voted in JT News
Best Congregation for 2009!**

Kabbalat Shabbat Service in the Sanctuary

Candlelighting for August 27th is at 7:43pm
Kabbalat Shabbat Services at 6:15pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Ki Tavo

Deuteronomy 27:11-29:8

Haftarah: Isaiah 60:1-22

Guest Darshan: David Tarshes

Kiddush is Sponsored by our Kiddush Club

Shabbat Babysitting at 10:15am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1
Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Middah of the Month with Shirah Bell from 1:15-2:15pm in the Beit Midrash

*** JUST ADDED ***

Rabbi Shaul Judelman Teaching on Tshuvah

Sunday, 8/29 from 10:30am in the Beit Midrash - No Charge

Rabbi Shaul David Judelman grew up at Beth Shalom and is the son of Julian and Hazel Judelman. He currently runs the Eco-Activist Jewish learning program at Yeshivat Simchat Shlomo in Jerusalem. His passions for Torah, Ecology, Chasidut, and Community-involvement make him a unique teacher and leader.

Shaul completed a B.A. in International and Intercultural Studies at Pitzer College and came through kibbutz on a quest for a Judaism in touch with the Creator and the land that has led to much learning, music, and celebration.

Join Rabbi Judelman as he teaches on Tshuvah (Return) in preparation for Rosh Hashanah this Sunday.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday; Minyan @ 9:30 am;
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.

When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Click on this link to check on the Eruv update each week
<http://twitter.com/cstleruv>.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Ushers Needed for the High Holidays!

If you are interested in volunteering for one or more times to serve as an Usher, please contact Dan Bernhard at [ushers AT bethshalomseattle.org](mailto:ushers@bethshalomseattle.org). To view the schedule for this year, go to our website and click on the Volunteer page for information.

CBS Gift Card / Scrip Program

The month of Elul is now upon us, and that means Rosh Hashanah is just around the corner. If you have questions about buying gift cards from Beth Shalom, please call Marjie Cogan in the shul office, or contact Kevin Coskey at scrip@bethshalomseattle.org or at 206-365-2275.

JFS Community Food Drive - September 9th-17th

Handy shopping bags printed with suggested donation items will be distributed after Rosh Hashanah services on September 9. Please drop off your donations in the designated bin in the lobby no later than Friday the 17th.

Are you a dessert maven?

We're forming teams to bake and freeze desserts at the shul which Shabbas Chefs can then use with their Shabbas meals. If you have any interest in leading such a team or volunteering on one, please call Judith Benjamin 525 7791. Thank you! From Mark Berman and Judith Benjamin, Shabbas Chefs co-chairs

MILESTONES

- Y Mazel Tov to David Selig, on making Aliyah to Israel
- Y Mazel Tov to the Beth Shalom STP team (Seattle to Portland): Margot Kravette, Lori Safer, Martin Safer, Rob Snyder, Julia Snyder, Ellen Spear and Rose Yu - Yasher Koach!
- Y Mazel Tov to Carol Benedick & Andrea Kurtzman, on finishing the Danskin Triathlon - Yasher Koach!
- Y Mazel Tov to Kelly Sweet, Ellen Spear, Lori Safer and Etana & Alan Kunovsky, on trekking the RSVP - aka: Ride from Seattle to Vancouver and Party

TODDAH RABAH

- Y David Tarshes, for being our Guest Darshan
- Y To all the women who made the Elul Retreat possible: Shirah Bell, Barbara Cohen, Carolyn Friedkin, Michele Yanow and Jude Stoloff
- Y Joanna Gerber, for answering the telephones during our staff meetings
- Y Stan Zeitz, for always being at shul—fixing, digging and everything else
- Y Karen McGonigle, Deb Isgur, Francie Ringold, Tali Wang and Marilyn Meyer for volunteering in the ECC

Come and Help Judith Polish Our Silver!

This Sunday, 8/29 after morning minyan

Our usual band of silver polishers are unable to assemble this year. Would a couple people be willing to join Judith Mentzer after minyan to polish up the "torah toys" and learn their history? The polishing should take about an hour. Call Judith at 206-679-2657.

Volunteers Needed for High Holiday Prep!

Sunday, September 6 - 9am to 2pm? (depending on the # of volunteers)

The High Holy Days are amongst the busiest times of the year and a time when we prepare our "home" for the season. There are opportunities for chair set up, books to move, and all the other associated chores to help prepare our community for the High Holy Days. Everyone is welcome and encouraged to come by, even if just for an hour. There is much to do and things to move, and it's always much more fun with YOU! Light refreshments will be served - just come on by.

HIGH HOLIDAY YIZKOR BOOK

Each year on Yom Kippur, we distribute our annual Yizkor Book, inscribed with names of our loved ones no longer living. Because the holidays come so early this year, we encourage anyone interested in including their loved ones in this tradition to do so as early as possible. Forms are available online, in the Ruach, or at the Front Office. **The deadline is September 10th.** A suggested contribution for inclusion of a loved one's name is \$36 (double chai). For your convenience, you may inform us by e-mail at yizkorbook@bethshalomseattle.org including your listings and the amount you would like billed to your account. Otherwise feel free to contact the Front Office.

The Keshet Project: Connecting Beth Shalom

The goal of this project -*keshet*- meaning "connection" - is to help more CBS members connect to each other in new and meaningful ways. We've asked you a question on the back of your pink High Holiday ticket and drop your ticket into one of the Keshet Project boxes at shul on Yom Kippur. We will contact everyone who responds and use their candid feedback to help members improve their connections with others. There will be a variety of opportunities, including new and existing programs at Beth Shalom, for members to meet other members with similar interests. Of course, we will respect the confidentiality of every response. If you have any questions, please contact Neelz Gharavi at mdragonsinger@yahoo.com or 206-334-7408 or Rhona Feldman at rhonaf@comcast.com or 206-355-7369 for more information.

Our Rabbi needs a laptop!

Rabbi Borodin is in need of a laptop. We are looking for a PC laptop with 2 gigs ram, no more than 2 years old that has a wireless card and ethernet port. Also - the screen size should be 15" or less. If you have a machine to donate please contact Executive Director, Tzachi Litov at 206-524-0075.

UPCOMING PROGRAMS AND EVENTS

Selichot

CHOOSE LIFE - B'CHARTA B'CHAIM: HOLY DAY CONVERSATIONS

A night of learning, reflection and prayer as we prepare for the Days of Awe.

Program Details:

Havdalah: 9:15pm

Program Facilitated by Mary Potter: 9:30pm

Dessert: 10:45pm

Selichot Services: 11:15pm

Choose Life is a DVD recording of conversations with Conservative Rabbis, including Rabbi Aaron Alexander, Rabbi Bradley Artson, Rabbi Ed Feinstein, Rabbi Cheryl Peretz, Rabbi David Wolpe, and Reb Mimi Feigelson. Mary Potter, writer, theologian, Jewish educator and Beth Shalom member, will facilitate a discussion on the rabbinic conversations. The DVD was produced by the Zeigler School of Rabbinic Studies.

Following this program, join us for dessert and Selichot services.

Meditation through Breath and Movement: A Shabbat Morning Practice
Every 2nd Saturday of the month from 9-10am / starts September 11 in the annex

Instructor Sarah Lindsley will use breath and movement to relax our bodies and to come into a more conscious awareness of the present. By beginning the daytime portion of Shabbat with this practice, we hope to foster a sense of physical, emotional and spiritual well being that we can take with us into the rest of the day and week. We will draw primarily on a yoga-based movement vocabulary. This practice is designed for people of all body types—not just the already fit and flexible! For your physical safety and out of respect for the cohesion of the group, we ask that you arrive on time; we will begin promptly at 9 am. No charge. RSVP requested.

A New Tradition ~ Prayer Service ~
Sunday, 9/12 from 11 am at the Beit Shalom Cemetery

Traditionally, Jews visit their loved ones' graves on the Sunday after Shabbat Shuvah. CBS members will be meeting at our cemetery to start this tradition. Join us at 11am for a brief prayer service. If you don't have loved ones in our cemetery, consider visiting the grave of someone whose family no longer lives here or who may get no visitors. Our cemetery is a peaceful, lovely place to visit on a late summer morning.

Directions to the cemetery, which is located in Brier, just north of the King-Snohomish county line, can be found at the CBS website under "Community" or in the cemetery packet available in the office. To receive a cemetery packet, contact (206) 524-0075 or tzachilitov@bethshalomseattle.org.

Young Adult Rosh Hashanah Dinner
Thursday, 9/9 from 7:45pm at Beth Shalom Congregation Beth Shalom Young Adult Kehillah is pleased to invite you to a dinner for young adults (20s and 30s) on the second night of Rosh Hashanah.

We will meet at 7:45 pm for Mincha and Ma'ariv services and then enjoy a delicious catered dinner afterwards. The cost for the meal is \$15 for CBS members and \$18 for non-members. Please RSVP to Marjie Cogan at Marjiecogan@bethshalomseattle.org.

YOM KIPPUR PREP CLASSES ARE FREE! - Pre-register to receive info on study materials.

Getting Through The Year: Ometz Lev:

A Courageous Heart with Shirah Bell

Tuesday, 9/14 from 7:00-8:00 pm

We usually start out in the high holidays with high commitment to right our ways, to take on challenges in our lives. But what happens during the year? We often falter. In this class we'll study Ometz Lev (spiritual courage), as contrasted to the physical bravery we usually think of when we define "courage."

Advance preparation advisable – email SB@livingwealth.com for items in the AI Chet Prayer on which to focus.

The Book of Jonah with Mark Solomon

Tuesday, 9/14 from 7:00-8:30pm

This class is an introduction to the Book of Jonah for learners at all levels. We'll look at the structure of the story and, through Rabbinic and modern sources, try to answer some fundamental questions: Why is Jonah a reluctant prophet? Why is he angry when Nineveh repents? What's the Book of Jonah "about?" No knowledge of Hebrew is required for this class.

Resurrection in Judaism with Jeremy Alk

Tuesday, 9/14 from 8:15-9:15pm

Covering Jewish sources and ideas.

Want to Share Your Sukkah this Year?

Volunteers are needed for this year's progressive Sukkot lunch, which will take place after services on the first day of Sukkot, Thursday, Sept. 23rd. If you will have a sukkah near Beth Shalom this year and you would like to host part of the lunch, please contact Cherie Hershman at 206.617.4066 or che30_1999@yahoo.com.

HAMAKOM YINACHEM ETCHEM: "May God Comfort You"

Y Ilene Stein, for her sister, Marsha Weiss, z"l, who passed away Wednesday, August 25 (15 Elul)
The funeral and shiva minyanim will take place in Chicago.

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l (6 Elul)
- י Kim Isaac, for her husband, Josh Isaac, z"l (22 Av)
- י Marc Isaac, for his brother, Josh Isaac, z"l (22 Av)
- י Barry Shane, for his wife, Joyce Shane, z"l (20 Tammuz)
- י CBS Congregation, for our friend, Chaya Amiad, z"l (12 Tammuz)
- י Jesse Kleinman, for his mother, Goldie Darvin Kleinman, z"l (5 Tammuz)
- י Esther Altshul Helfgott, for her husband, Abe Schweid, z"l (3 Tammuz)
- י Judith Mentzer, for her father, Charles Mentzer, z"l (25 Sivan)
- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)

MEMBERS IN SHLOSHIM OR YUD BET HODESH CONTINUED

- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)

MEMBERS OBSERVING YAHZEITS

- י Barbara Grashin, for her father, Irving Anches, z"l
- י Nance Adler, for her grandfather, Raymond, Morris, z"l, and for her grandmother, Sarah Morris, z"l
- י Rochelle Roseman, for her former husband, Rodger Roseman, z"l
- י Deborah Isgur, for her father, Ralph Schwartz, z"l
- י Steve Greene, for his father, Edward Greene, z"l
- י David Gross, for his grandmother, Fay Weiser, z"l
- י Kayla Weiner, for her aunt, Ann Jaffe, z"l
- י Rebecca Phelps, for her sister-in-law, Bonnie Schroeder, z"l
- י Carol Starin, for her grandfather, Leo Freidman, z"l
- י Gregory Korshin, for his grandmother, Leah Perepelizkaya, z"l
- י Kelly Hanna, for her father, John Hanna, z"l
- י Cheryl McDonald, for her father, Donald Brewer, z"l
- י Mary Lane Potter, for her father, Michael Potter, z"l
- י Adam Halpern, for his grandfather, Lewis Weiner, z"l
- י Orly Steinberg, for her grandmother, Golda Bushkanietz, z"l
- י Sam Wineburg, for his father, Ben Wineburg, z"l
- י Carolyn Bernhard, for her father, Arthur Grashin, z"l
- י George Grashin, for his brother, Arthur Grashin, z"l
- י Elizabeth Davis, for her aunt, Ethel Morrison, z"l
- י Eric Gorbman, for his father, Aubrey Gorbman, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Dina Leah bat Shendyl Rochel v'Sinai ha'Cohen (Dina Tanners)
- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benjamin Lev ben Aviiva Ora v'Shmu'el Moshe (Julian Silver)
- י David Henached shell Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Schmu'el (Norman Rosenzweig)

RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 8/6)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 8/6)
- י Shmu'el ben Zahava v'Yehyel Mayer, father of Tzachi Litov (re-listed 8/6)
- י Yisrael Chanach ben Hannah, father of Ellen Spear (re-listed 8/6)
- י Dorothy Saran, mother of Craig Saran (re-listed 8/6)

Refuah Shleimah

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Mel Baer, cousin of Steve Greene (listed 7/26)
- י Chris Morton, friend of Kayla Weiner (listed 8/9)
- י Maurie Kraus, uncle of Jay Krulewitch (listed 8/25)
- י Devorah bat Esther, step-mother of Jay Krulewitch (listed 8/25)
- י Yidel Stein, father of Ilene Stein (listed 8/25)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 8/6)
- י Larry Zolton, a friend of Patti Kieval (re-listed 8/6)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 8/2)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (re-listed 8/2)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (re-listed 8/2)
- י Laurie Savran, friend of Kayla Weiner (re-listed 8/3)
- י Perets Meir ben Yaakov (Paul Nochenson), friend of Louis Friedkin (listed 7/23)
- י Aly Scalzo, friend of Lisa Orlick (listed 7/23)
- י Debbie Bussell, friend of Lisa Orlick (listed 7/23)
- י Anita Feld, friend of the Orlick Salka Family (listed 8/5)
- י Kathy Stone, friend of Corey Salka (listed 8/24)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza