



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly



"The main thing is that you keep the main thing the main thing." ~ Albert Einstein

30 Shevat-6 Adar I 5771

February 4-10, 2011

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Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

Congregation Beth Shalom • Voted in JT News
Best Congregation for 2010! 2nd years in a row!

EDWIN L. BIERMAN SCHOLAR-IN-RESIDENCE WEEKEND

Kabbalat Shabbat Service in the Sanctuary

Candlelighting for February 4 is at 4:56pm

Kabbalat Shabbat Services at 5:00pm

Scholar-in-Residence Dinner at 6:15pm

Holy Arrogance...! The Spiritual Art of Brutal Honesty

with Rabbi Shawn Fields-Meyer

Beginning next Friday - Kabbalat Shabbat time will change to 5:30pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Rosh Chodesh

T'rumach

Exodus 25:1-40

Maftir: Numbers 28:9-15

Haftarah: Isaiah 66:1-24; 66:23

Guest Darshan: Rabbi Shawn Fields-Meyer

Kiddush is Sponsored by our Kiddush Club and prepared by Shabbas Chef, Kevin Coskey, with his helpers, Gail Coskey, Rachel Coskey, Mitch Dernis, Cheryl McDonald, Trudy Antolin and Robert Isgur

Shabbat Babysitting at 10:15am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1

Kid's Kehilla - kids ages 7-11 from 10:45am in Room 4/5

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Your Spiritual Toolbox-Bringing Jewish Prayer to Life
with Rabbi Shawn Fields-Meyer from 1:15-2:15pm in the Sanctuary

Texting, Technology and Torah: Spirituality and the Digital Age with
Rabbi Shawn Fields-Meyer

Saturday night, 2/5 from 7:30-9:30pm in the Sanctuary
Havdallah and Dessert

Six Ways to the Seventh Day: Bridging the Ideal and the Real —
Making Shabbat Happen with Rabbi Shawn Fields-Meyer
Sunday, 2/6 from 10:30am-noon in the Sanctuary

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday;

Torah study immediately following Minyan in the Beit Midrash

ANNOUNCEMENTS

ERUV Website

Follow this link to check on the Eruv update each week
<http://twitter.com/cstleruv>.

Bake Delicious Hamantaschen for Beth Shalom Purim Festivities

Tuesday, February 8, 10am-2pm

Wednesday, February 9, 10am—2pm

Join Karen McGonigle, Joani Diskin-Saran and Edith Horn in the CBS Kitchen. Contact Carol Benedick at 206.524.0075 ext 2504 or carolbenedick@bethshalomseattle.org if you can help.



Register Now for Housing Advocacy Day Tuesday, 2/14

The Social Action Committee is spearheading CBS participation in lobbying in Olympia for low income housing. The event is being organized by the Washington Low Income Housing Alliance. This will repeat our congregation's participation last year, which was sizeable. You can register at <http://bit.ly/HHAD2011Registration>, and copy Edna Oberman at rachmones@comcast.net or (206) 306-8765. A small fee is requested to help support the event. Because of the tight state budget, this is an important opportunity to discuss spending priorities with state legislators. Carpools will be organized for CBS participants.

CBS Gift Card / Scrip Program

Good news for observers of the Beth Shalom Scrip Program: The number of purchases of gift cards by CBS members and non-members alike has now exceeded 1,000. Kol hakavod! If you have any questions or comments about the program, please feel free to contact Marjie in the shul office, or Kevin Coskey at (206) 365-2275 or at scrip@bethshalomseattle.org. **AND if you can't make it to CBS to buy scrip during office hours? Come on Tuesday & Wednesday night!** Our friendly door greeters, Talya and Elric, can sell you scrip between 6:30-7pm and from 8-8:15pm. Scrip available for: QFC, Safeway, Albertsons, Home Depot, ARCO, PCC and Starbucks.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Beth Shalom's Judaica On-Line Shop

Remember our online Judaica shop? The CBS homepage at Judaicabeautiful.com, directly benefits Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop!
There is an online registry to take advantage of as well as many other exciting benefits.

PCC Now Carries Kosher Meat

The Viewridge store of PCC is now stocking kosher meat in the freezer section. They have whole chicken, chicken breasts and beef brisket and ground beef. These meats are not organic but are "natural" and grain fed

Best of 2010 JT News Survey Results

It's our pleasure to share with you the exciting news that Beth Shalom has once again been voted the "Best Congregation" and "Best place for a Bar or Bat Mitzvah" in 2010 by the readers of the JT News. But that's not all. In addition, this year we were also voted to have the "Best Jewish Supplemental School" as well as the "Best Adult Education Program." We couldn't have done this without your votes!

From the Social Action Committee

The Ryther Child Center needs male "Best Buddies." You can volunteer to befriend a child in residential care in this facility right in our neighborhood (at 95th St. and Lake City Way). Julie Margulies, Edna Oberman and Beth Huppin, who volunteer at the Ryther school, can tell you that one-on-one attention can be very precious to these children. If interested, contact Edna Oberman at rachmones@comcast.net, or (206) 306-8765

Join the Army! [What Army you ask?]

The Army of Volunteers in the Kitchen (Ask us about Shabbas Chefs and see what you can do!) CBS wants YOU!

Judith Benjamin judithbenj@comcast.net or Mark Berman msbxiv@gmail.com, Shabbas Chefs co-chairs



Beth Shalom's Habitat for Humanity Project Sunday, 4/3

The Social Action Committee invites Beth Shalom members to join a Habitat for Humanity crew on Sunday April 3rd. We will be working on a new construction project at Rainier Vista Housing. Participants must be 16 or older. Volunteers are welcome to join for a morning, afternoon or full-day shift. For more information, please contact Sheryl Kipnis at cbshforh@gmail.com.

TODDAH RABAH

- Y Rabbi Shawn Fields-Meyer, for being our Scholar-in-Residence this year
- Y Marilyn Bierman, for funding the Edwin L. Bierman Scholar-in-Residence
- Y To our Shabbas Chefs, Kevin Coskey and his helpers, Gail Coskey, Rachel Coskey, Mitch Dernis, Cheryl McDonald, Trudy Antolin and Robert Isgur
- Y Alice Kaderlan and Harry Goldman, for their help on the new Machzor purchase
- Y Michael Krasik, for his recent high "wire" work
- Y Marie Poole, for her endless hours working on our budget, finances, etc
- Y Craig Lawson, for his help in organizing the USCJ event
- Y Debbie Lawson and Nancy Zeitz, for baking cookies for the event

UPCOMING PROGRAMS AND EVENTS

Rosh Chodesh Meeting

Sunday 2/6 from 7:00pm-9:00pm

Location: TBD - please contact Carolyn Friedkin (206) 755-2474 or cbienn@yahoo.com for more information
Exodus 38:8 mentions that there were "women who performed tasks at the entrance of the Tent of Meeting." It also mentions the construction of a "laver of copper and its stand of copper from the mirrors of women". Who were these women? There is evidence to suggest that they were female warriors. Robin Cohn will discuss these women, what they did with the mirrors, and how they are connected to our monthly holiday..

Global Poverty Discussion Group

2nd Saturday of each month, 1:15-2:15pm

Next meeting - 2/12

They are using the book, *There Shall Be No Needy*, by Rabbi Jill Jacobs. Each month, we will focus on a chapter of the book, covering such issues as poverty, collection and allocation of tzedakah, housing the homeless, and environmental sustainability. Prior preparation is not necessary but will enrich your involvement, and you will find copies of Rabbi Jacobs' book in the library.

Empty Nesters Potluck

Saturday, 2/12 from 6:30pm at the home of Marsha Malkin & Marty Schnitzer, 2633 NW 86th St
RSVP to 206-783-4006.

The topic will be Jewish music, using as a resource the 100 greatest Jewish songs compiled by Tablet Magazine which can be viewed at <http://www.tabletmag.com/> and type in "song of songs." A piano is available and you are encouraged to bring musical instruments.

Food categories for the dairy/pareve pot luck are as follows:

- A-F appetizer or bread
- F-J desert, fruit, drinks
- K-P main plate
- R-Z salad or vegetable

Stitch & Schmooze

Sunday, 2/13 from 10:15-12:15pm at Carol Benedick's house, 7527 43rd Ave NE

Please let Carol know if you'd like to host in March.

Beth Shalom's Religious School Open House

Sunday, 2/13 from 11:00am-12:30pm, meet downstairs at Beth Shalom

For prospective parents and students (age 3-8th grade)
Tour our school, visit with teachers and parents, view student work, and much more. Please RSVP to Irit Eliav, at Iriteliav@bethshalomseattle.org

Middah of the Month - Trust (Bitachon)

Shabbat, 2/26 from 1:15 – 2:15 pm in the Beit Midrash

Mussar guides us to cultivate trust and courage and provides methods to help us strengthen those traits within.



Pleasure of Your Company – an Evening in Honor of Rabbi Borodin's Sabbatical

Sunday, 2/27 from 6-10pm at Eltana, 1538 12th Ave–Capitol Hill
\$36 per person, suggested donation / Sponsors \$54 per person / Patrons \$72 per person

All donations benefit the Rabbi's Discretionary Fund. RSVP to the office at 206-524-0075 or online at www.bethshalomseattle.org.

Space is limited to the first 120 paid respondents. Facility and Food donated by Eltana.

Israel Discussion Group

Shabbat, 3/5 from 1:15-2:15pm in the Beit Midrash

Assaf Nisenboym, from StandWithUs Sheliah, will give a presentation at the March 5th meeting of the Israel Discussion Group. Assaf came to Seattle from the Jerusalem office to work with Rob Jacobs and Stand-WithUs NW. He is an officer in the Israeli Navy and participated in the 2005 withdrawal from Gaza.

The specific focus of his talk will be announced later in the month.

Improv Evening at Beth Shalom

Saturday, 3/12 from 7:30pm

Do you have a comedic voice looking for an outlet? Get together with friends old and new for improv games, entertainment, and conversation. Facilitated by Liora Minkin - who, in a past life, performed, directed and taught improv comedy. RSVP to the office at 206-524-0075.

Dining with Hadassah - Hosted by: CBS Member, Julie Margulies, Ellen Kret and Barbara Droker
Friday, 2/18 from 7:00pm at the Margulies home
Dining with Hadassah is a fun way to donate to Hadassah and get a great meal and schmooze with friends - plus you don't have to cook that day.

The Margulies dinner is called: *Shabbat Out of the Box - A Little Traditional, a Little Exotic*

Multi-course Shabbat dinner with dishes from many cuisines (no meat served)
There are just 9 spots left.

Cost: \$50.00 per person

Please fill out the Dining with Hadassah form online to reserve your spot and mail it to:
Seattle Chapter Hadassah,
515 - 116th Ave. NE, STE 131
Bellevue, WA 98052.

If you really don't want to miss out – please call the office at 425-467-9099 with your credit card information, Monday through Thursday, 10am until 2pm.

HAMAKOM YINACHEM ETCEM: "May God Comfort You"

Y Gloria Goldstein, for her husband, Norton Goldstein, z"l, who passed away on Friday,
January 28 (22 Shevat)

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Nancy Cooper, for her father, Jerald Cooper, z"l (22 Shevat)
- י Jonathan Solovy, for his father, Jerold Solovy, z"l (14 Shevat)
- י Lori Safer, for her father, Barney Cohn, z"l (23 Tevet)
- י Benjamin Levie, for his brother, James Levie, z"l (15 Tevet)
- י Jettie Person, for her father, Walt Person, z"l (8 Tevet)
- י Rochelle Roseman, for her mother, Sara Groonis, z"l (17 Kislev)
- י Charles Shifren, for his father, Seymour Shifren, z"l
- י Merrie Schriro, for her father, George Schriro, z"l (10 Kislev)
- י Dina Tanners, for her mother, Jeanette Nelson, z"l (29 Cheshvan)
- י Arielle, Ethan and Jaron Bernstein, for their father, Rob Bernstein, z"l (27 Cheshvan)
- י Hilary Bernstein, for her husband, Rob Bernstein, z"l (27 Cheshvan)
- י David Marks, for his mother, Edith Rabinowitz Marks, z"l (23 Heshvan)
- י Michael Newman, for his mother, Carol Spero Newman, z"l (15 Cheshvan)
- י Bella Korshin, Svetlana Burke, Emma Shusterman and Marina Kiselev, for their mother, Sofia Byk, z"l (13 Cheshvan)
- י Mark Stiefel, for his father, Ernest Stiefel, z"l (11 Cheshvan)
- י Doris Stiefel, for her husband, Ernest Stiefel, z"l (11 Cheshvan)
- י CBS Congregation, for our friend, Norman Rosenzweig, z"l (23 Tishrei)
- י Judy Borodin, for her mother, Blanche Fersh, z"l (18 Tishrei)
- י Michael de Haan, for his mother, Cecilia de Haan, z"l (21 Elul)
- י Robert Amkraut, for his father, Sidney Amkraut, z"l (19 Elul)
- י Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l (6 Elul)
- י Kim Isaac, for her husband, Josh Isaac, z"l (22 Av)
- י Barry Shane, for his wife, Joyce Shane, z"l (20 Tammuz)
- י CBS Congregation, for our friend, Chaya Amiad, z"l (12 Tammuz)
- י Jesse Kleinman, for his mother, Goldie Darvin Kleinman, z"l (5 Tammuz)
- י Esther Altshul Helfgott, for her husband, Abe Schweid, z"l (3 Tammuz)

MEMBERS IN SHLOSHIM OR YUD BET HODESH CONTINUED

- י Judith Mentzer, for her father, Charles Mentzer, z"l (25 Sivan)
- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l (28 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)

MEMBERS OBSERVING YAHZEITS

- י Isabella Chapman, for her mother, Regina Braudes, z"l, and for her father, Joseph Braudes, z"l
- י Amy Fulton, for her grandparents, Regina and Joseph Braudes, z"l
- י Marilyn Bierman, for her mother, Shirley Soforan, z"l
- י Karen Friedman, for her grandfather, Edward Friedman, z"l
- י Michael Kallay, for his mother, Dina Kallay, z"l
- י Selig Leyser, for his father, Alfred Leyser, z"l
- י Robin Moss, for her sister-in-law, Helena Moss, z"l
- י Hope Harris, for her father, Arthur Harris, z"l
- י Beth Huppig, Lisa Low and Ameer Sherer, for their uncle, Jerome Williams, z"l
- י Edward Stern, for his grandparents, Abraham and Hanah Stern, z"l
- י Michael Hurshell and Jennifer Hurshell-Hobson, for their father, Edmond Hurshell, z"l
- י Shoshana Bilavsky, for her father, Shmuel Krongold, z"l
- י Vanessa Edrich, for her father, Emanuel Edrich, z"l
- י Tony Moore, for his father, Robert Moore, z"l
- י Debra Revere, for her father, James Revere, z"l
- י Lynn Gottlieb, for her mother, Ruth Gottlieb, z"l
- י Kayla Weiner, for her friend, Charlotte Pillsuk, z"l
- י Rita Shtull, for her husband, Jacob Shtull, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Tzvi Moshe ben Mordechai Haim ha'Levi v'Hava (Ron Schneeweiss)
- י Baruch Leib ben Meir
- י Mordecai Ber ben Benyomim (Murray Guterson)
- י Devorah Hannah bat Sarah v'Shlomo (Doris Stiefel)
- י Israel Zvi ben Yehudit v'Shmuel (Howard Klein)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Benyamin Lev ben Aviiva Ora v'Shmuel Moshe (Julian Silver)
- י David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)

RELATIVES of Members

- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 1/6)
- י Yisrael Chanach ben Hannah, father of Ellen Spear (re-listed 1/6)
- י Dorothy Saran, mother of Craig Saran (re-listed 1/6)
- י Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval (re-listed 1/6)
- י Aryeh Lev (Leo Shalinsky), father of Howard Shalinsky (re-listed 1/6)
- י Devorah bat Esther (Doreen Marx), step-mother of Jay Kruelewitich (re-listed 1/6)
- י Nitzanya Tovah bat Shayna Liba v'Shau, relative of members (listed 1/20)

Refuah Shlemah

The Refuah Shlemah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Shana Bruchela (Jessica Stone), cousin of Jennifer Cohen (listed 1/20)
- י Feivel ben Schmueel (Philip Shiekman), father of Carol Slosberg (listed 1/20)
- י Bentzion Mendel ben Nechama (B. Manny Schreiber), cousin of Dina Tanners (listed 1/27)
- י Christine Tanners, daughter-in-law of Dina Tanners (listed 1/27)
- י Wendy Hayes, step-mother of Tamira Hartman (listed 1/27)
- י Shraga Fieval ben Sarah v'Yeshiya, father of Marci Greenberg, z"l (listed 1/28)
- י Wendy Horwitch, sister of Carrie Horwitch (listed 1/31)
- י Burt Horwitch, uncle of Carrie Horwitch (listed 2/2)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 1/6)
- י Larry Zolton, a friend of Patti Kieval (re-listed 1/6)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 1/4)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (re-listed 1/4)
- י Roberta Lipton, friend of Linda-Jo Greenberg (listed 1/18)
- י Joel Figen, friend of Kayla Weiner (listed 1/24)
- י Kent Morrissey, friend of Carrie Horwitch (listed 1/31)
- י Esther bat Sarah (Estelle Wilde), friend of Robert Hovden (listed 1/31)
- י Gavriella Chaya bat Sara (Congresswoman Gabrielle Giffords)
- י Cited Shalit, the kidnapped Israeli soldier in Gaza