



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly



"Be very, very humble, for the end of man's hope is the worm." ~ Levitas of Yavneh

18-25 Tevet 5772

January 13-20, 2012

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**Congregation Beth Shalom • Voted in JT News
Best Congregation for 2010! 2nd years in a row!**

Kabbalat Shabbat Service in the Beit Midrash

Candlelighting for January 13th is at 4:23pm
Kabbalat Shabbat Services at 5:00-6:00pm
Song Lover's Shabbat

Shabbat Morning Services in the Sanctuary at 9:30 am

Shemot

Exodus 3:1-4:17

Isaiah 27:6-28:13; 29:22-29:23

Guest Darshan: Ira Kalet

Aufruf of Neelz Gharavi & Greg Touchton

Kiddush is Sponsored by Evelyn Gharavi, in honor of the aufruf and prepared by
Shabbas Chef, Kevin Coskey, with his helpers

Shabbat Babysitting at 10:15am in Room 4/5

Learner's Minyan with Ron Schneeweiss from 10:30-11:15am in the Beit Midrash

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1

Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Transliterations of
services are available;
speak to an usher to
get a copy.

Hearing Devices:
Beth Shalom has
hearing devices for all
services.
Should you require
one, please speak to an
usher.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
Thursday Evening: 7:30 PM • Sunday Morning: 9:30-10:15 AM
Torah study group every Sunday;
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography,
writing, use of beepers, cell phones or other wireless equipment.

When congregants are standing in prayer please do not disturb their concentration
by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Follow this link to check on the Eruv update each week <http://twitter.com/cstleruv>. If you want to take a look at the Eruv map use this link (it's a long one) : <http://maps.google.com/maps/ms?msid=216346072790836754082.00046432d032bebff971e&msa=0>

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Entertainment Books are Sold Out but Chinook Book is still here for a short time
Chinook Books are still \$20 or \$25 to add the phone app, or \$10 for just the phone app.

CBS Gift Card / Scrip Program

The gift card sales before and after the Double Chai brunch on December 11 were strong. Beth Shalom members purchased a total of \$3,800 in gift cards, including four members who purchased gift cards for the first time. This news is yet another indicator that the brunch was a complete success. Many thanks for your ongoing participation in this important program. There are cards for QFC, PCC, ARCO, Albertsons, Starbucks and Safeway. Come to the shul office and purchase yours. If you have any questions about the Beth Shalom gift cards, please contact Marjie Cogan in the office or Kevin Coskey at scrip@bethshalomseattle.org.

One on One Hebrew Learning this Winter

Volunteer adult Hebrew teacher, who taught several students last year, will spend the winter in Seattle again this year from Dec. 15-March 13. Anyone interested in availing herself/himself of this offer of instruction in modern, classical or liturgical Hebrew please contact Rita Shtull at jshtull@aol.com.

From Rabbi Borodin - regarding Sheik Ghassan Manasra

We had a wonderful program on Shabbat, November 26 with Sheik Manasra. Great to have had many of you join us. As requested, if you check the front page of our website: www.bethshalomseattle.org there is a link to Sheik Manasra and his organization, *Lights of Peace Society*. Sheik Manasra welcomes your continued contact and support.

Wish list:

- ◇ Wall clock for the annex next door

MILESTONES

Y Mazel Tov to Neelz Gharavi & Greg Touchton, on their Aufruf and upcoming Chuppah

TODDAH RABAH

Y Evellyn Gharavi, for Sponsoring the Kiddush in honor of the Aufruf
Y Shabbas Chef, Kevin Coskey, for preparing this week's Kiddush, and his helpers,

New Thursday Maariv Minyan - 7:30pm - Sanctuary

Have you been wanting to come for an evening minyan but been unable to make it on Mondays? We're trying out a new minyan on Thursday evenings at 7:30pm in the Sanctuary. Please join us.

NOTICE

Please look in the mail mid-January for your Charitable Contributions Summary for the 2011 tax year. Thank you.

ADULT EDUCATION NEWS

Ashrei for Adults - NEW

Instructor: Talya McCurdy
Can't keep up with the kids? You are not alone! Come drop in on our confidence-building workshops to make peace with this liturgical tongue-twister. All levels welcome.

Time: Saturdays, 11am-12:00pm

Dates: February 4, 18, 25

Cost: No Charge

Propheting From Isaiah, Instructor: Jeremy Aik
So important was this great Biblical prophet that there had to be at least two of them! Who were these men and what were their missions? We will examine their lives, the messages they conveyed, and how they still affect our lives this very day. No Hebrew knowledge is necessary.

Time: Wednesday nights, 8:15-9:15pm

Dates: Feb. 1, 8, 15, 29, Mar. 7, 21 (6 sessions)

Cost: \$60/Member, \$90/Non-member

Pirkei Avot with the commentary of Me'am Lo'ez, Instructor: Yiscah Smith

Pirkei Avot begins a new section on January 3rd and new students are invited to register for the class. *Avoth (Pirkei Avot - The Ethics of the Fathers)* is the one Talmudic tract that explores the very roots of Judaism. It has long been regarded as a rare treasure of our Torah tradition.

Time: Tuesday nights, 8:15-9:15PM

Section III Dates: Jan. 3- Jan. 31 (5 weeks)

Cost: \$50/Members; \$75/Non-members

Home Rituals for Everyday, Instructor: Rabbi Borodin

Sunday, January 29, 10:30-11:30am in the Annex
Join us for this special extension of Home Rituals for the Holidays and learn how to start or enhance your Home Davening Experience.
No charge.

We Need Training in Microsoft 2010

Do you know the program well? Would you like to teach a tutorial to the staff at Beth Shalom. Contact Tzachi Litov at 206-524-0075 or tzachilitov@bethshalomseattle.org.

Would you like to work at Beth Shalom?

The Beth Shalom Early Childhood Center is looking for part time staff and substitutes. Our ideal candidates will have credits in ECE, (including STARS requirements) and a passion for the education and development of young children. Someone who speaks Hebrew or has a Judaic background is a plus. Lifting toddlers and changing diapers required. For more information email Leah Lemchen, at eccdirector@bethshalomseattle.org.

UPCOMING PROGRAMS AND EVENTS

Empty Nester Potluck

Saturday, 1/21 from 6:30pm at the home of Mary Signer Meikle, 2516 NE 91st St, Wedgwood
RSVP to (206) 523-3106 or marysm1959@q.com
Topic: TBA

The food alphabet:

A-F salad

G-J main dish - Dairy only

K-P appetizer and bread

Q-Z dessert, fruit, beverage

Women's Rosh Chodesh Chavurah

Sunday, 1/29 from 7-9 pm, location TBA
Rebbetzin Rivy Kletenik will be the presenter at the Rosh Chodesh Chavurah gathering for the month of Shevat. The theme will be "Water, Water Everywhere: The Miriam Chronicles" focusing on the Song at the Sea as the Israelite escaped Egypt & Miriam. Send email cbienn@yahoo.com to RSVP and find out the address for this month's Rosh Chodesh chavurah.

Raise a Collective Voice to Support Homeless People

The Social Action Committee invites you to attend Housing and Homelessness Advocacy Day on Friday, January 20th. Events begin at 8:30 a.m. in Olympia. If enough people are interested in attending, we will arrange for carpools. Please send an email to Nicole Guidry at sacchairs@bethshalomseattle.org. If you are planning to attend Housing Day, you must pre-register at www.wilha.org.

Tot Shabbat

Upcoming dates - 2/4, 3/3

1st Shabbat monthly 11:00—11:30am in Room 2
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. All are welcome. For more information email: iriteliav@bethshalomseattle.org.

SAVE THE DATE!

The next PJ Havdallah "Lights Up the Night" will be Saturday night, February 4th.

SAVE THE DATE

*Jerusalem comes to Seattle
Conservative Yeshiva Weekend
With Rabbi Daniel Goldfarb*

Edwin L. Bierman Scholar in Residence
March 2-4, 2012

Friday dinner: \$15/member, \$25/non-member

Sunday lunch: \$10/member, \$15/non-member
3 and under free

Pillars: Commit to the whole weekend of meals and study and take Adult Education Prep classes free.

Topics Include:

- ◇ Is Religion Good or Bad for the World? *A text study of Alenu L'Shabeach & John Lennon's "Imagine"*
- ◇ From Bernie Madoff to Strauss Kahn: Are people sinning more now than ever and, if so, why?
- ◇ Respect for Elders & Parents: Are There Limits?
- ◇ The Final Four Playoffs – of Mitzvot? *Get Ready for Purim!*
- ◇ Are the Ten Commandments Jewish?

Join us for Kabbalat Shabbat at Beth Shalom
There's something for everyone every week

January 20—Parallel Kid's Program—While the adults attend regular Kabbalat Shabbat services, children (2-7 years) will be invited to their own program to hear stories, learn songs, and other activities. Services from 5-6:00pm.

January 27—Study Shabbat—A question is posed in advance and a few people bring insights on the question. Services from 5-6:00pm

February 3 —Hospitality Shabbat— Come join us for services from 5:30-6:30pm and join hosts for a potluck Shabbat meal afterwards. RSVP directly to the host and find out what you can bring. Please contact Carol Benedick for more information, 206-524-0075, carolbenedick@bethshalomseattle.org.

Hosts:

Inverness (off of Sand Point): Doris Stiefel, erstiefel@msn.com – *Adults only*

Wedgwood/Meadowbrook: Jill Cohen & Rik Katz, jillcbs@gmail.com – *Adults only*.

Wedgwood: Michele Yanow & Adam Shapiro, mbyanow@aol.com – *All ages, including young children.*

Wedgwood/Ravenna: Elizabeth Braverman & Phil Levin, eliz.braverman@gmail.com – *All ages, teens welcome*

Wedgwood/Ravenna: Marci & Joel Migdal, migdal1@comcast.net – *Adults only.*

Kabbalat Shabbat Services are 5:00-6:00pm from November 11-January 27. Starting in February, services are from 5:30-6:30pm



New Reflective Parenting Class at Beth Shalom
Wednesday nights, 1/18-3/7 from 6:30-8:30pm
This innovative 8 week workshop is for parents of children between the ages of 1 ½ to 5 years of age. The aim of the program is to help parents develop skills to build stronger relationships with their children. Parents gain confidence by expanding their understanding of the meaning of their children's behavior, as well as their own emotional responses. The group meets weekly for 8 weeks. Each session is two hours long. The fee is \$250 for one parent and \$300 for two parents.

To see our calendar:

<http://www.communityofmindfulparents.com/reflective-parenting/?month=jan&yr=2012>

If you know which group you would like to attend, please fill out our registration form.

<http://www.mindfulparentscommunity.com/registration-rpp/>

If have questions regarding which group to join, or have general questions about the program, you can send an email to

reflectiveparenting@communityofmindfulparents.com.

HAMAKOM YINACHEM ETCHEM: "May God Comfort You"

Y Allen Gown, for his father, Daniel Gown, z"l, who passed away, Thursday, January 12 (17 Tevet) in New York.
The funeral is tomorrow in New Jersey. Shiva minyanim will be announced at a later date.

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Wally Kegel, for his mother, Katie Kegel, z"l (9 Tevet)
- י Julian Judelman, for his mother, Esther Judelman, z"l (4 Tevet)
- י Betsy Deutsch, for her father, Cyrus Rubin, z"l (24 Kislev)
- י Grace Rubin, for her husband, Cyrus Rubin, z"l (24 Kislev)
- י Joel Erlitz and Marc Erlitz, for their father, Stanley Erlitz, z"l (18 Kislev)
- י Jeff Miller, for his mother, Ruth Miller, z"l (7 Kislev)
- י Rick Kustina and Frank Kustina, for their mother, Helen Kustina, z"l (26 Heshvan)
- י Michelle Weinberg, for her father, Milton Lubow, z"l (9 Heshvan)
- י Ellen Spear, for her father, Howard Arbetter, z"l (19 Tishrei)
- י Sharona Gordon, for her father, Robert Gordon, z"l
- י Joe Orzech, for his father, Ze'ev Orzech, z"l (15 Elul)
- י Rita Edelson, for her son, David Harris Edelson, z"l (8 Elul)
- י Carolyn Bernhard, for her mother, Beverly Grashin, z"l (24 Tammuz)
- י Jeff Gillman, for his mother, Vicki Gillman, z"l (13 Tammuz)
- י Jon Zimmerman, for his father, Neal Zimmerman, z"l (13 Sivan)
- י Miryam Kabakov, for her mother, Ceil Kabakow, z"l (10 Sivan)
- י Leah Lemchen, for her mother, Samantha Ripley, z"l (4 Sivan)
- י Jeff Miller, for his father, Phillip Miller, z"l (23 Iyar)
- י Judy Rosenfeld, for her father, Benjamin Rosenfeld, z"l (20 Nisan)
- י Steve Marx, for his father, Arthur Julius Marx, z"l (10 Nisan)
- י Rhona Feldman, for her mother, Min Feldman, z"l (24 Adar II)
- י Elizabeth Braverman, for her mother, Jane Braverman, z"l (22 Adar II)
- י Murray Raskind, for his father, Benjamin Raskind, z"l (17 Adar II)
- י Gloria Goldstein, for her husband, Norton Goldstein, z"l (23 Shevat)

MEMBERS IN SHLOSHIM OR YUD BET HODESH - CONTINUED

- י Nancy Cooper, for her father, Gerald Cooper, z"l (22 Shevat)
- י Jonathan Solovy, for his father, Jerold Solovy, z"l (14 Shevat)

MEMBERS OBSERVING YAHRZEITS

- י Mark Benjamin, for his father, Arthur Benjamin, z"l
- י Stewart Shusterman, for his mother, Frances Shusterman, z"l
- י Norman Chapman, for his brother, Harold Chapman, z"l
- י Peggy Mesnik, for her father, Morris Mesnik, z"l
- י Lori Safer, for her father, Barney Cohn, z"l
- י Fern Rogow, for her father, Robert Rogow, z"l
- י Henry Zimmerman, for his father, Leon Zimmerman, z"l
- י Susan Aylesworth, for her brother, Steven Langston, z"l
- י Shirley Guterson, for her father, Jack Zak, z"l
- י Jerry Becker, for his mother, Josephine Becker, z"l
- י Sidney Cohen, for his mother, Anne Cohen, z"l
- י Alvan Diamond, for his mother, Ida Diamond, z"l
- י Robin Moss, for her mother, Jeanette Moss, z"l
- י Ellen Spear, for her grandfather, Eli Berman, z"l
- י Rimma Lobas, for her uncle, Simeon Itina, z"l
- י Amy Fulton, for her uncle, Harold Chapman, z"l
- י Carolyn Cohen, for her grandmother, Minnie Sherman, z"l
- י Emily Groman and Rachel Groman, for their grandfather, Robert Rogow, z"l
- י Gregory Korshin, for his grandfather, Vladimir Krikunov, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- Tzipura bat David
- Rolande bat Vivie (Rolande Chesebro)
- Yeshayahu ben Avraham (Lee Cronbach)
- Akiva ben Shmuel
- Benyamin Lev ben Aviiva Ora v'Shmuel Moshe (Julian Silver)
- Yonah Dov ben Shlomo ha'Levi (Jerry Becker)
- Freydl Miryl bat Pesha v' Sima
- Avigdor ben David (Avi Erlich)
- Masha bat Shaindel
- Naomi bat Rivka (Isabella Chapman)
- Baruch Leib Chaim ben Meir (Brent Brown)
- Yakov ben Fayga (Yakov Koltman)
- David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- Yachna Maryam ha'Cohen bat Masha Leah
- Chisda ben Yonah (Tony Moore)
- Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- Yaffa Tova bat Reuven (Jane Fein)
- Batsheva bat Sofia
- Ita bat Taube (Inna Lacker)
- Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- Malka bat Leah v'Rav Avram (Mildred Rosenbaum)

RELATIVES of Members

- Dorothy Saran, mother of Craig Saran (re-listed 12/1)
- Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval (re-listed 12/1)
- Ezra Zimmerman, nephew of Henry Zimmerman (re-listed 12/14)
- Moshe ben Sarah, father of Nadine Cadesky-Zimmerman (re-listed 11/29)
- Shimon Yitzchak ben Miriam, father of Robert Rothstein (re-listed 11/29)
- Shmuel ben Zahava v'Yehiel Maier, father of Tzachi Litov (re-listed 12/16)
- Zach Reznikoff, nephew of Julie & Mitch Klein (listed 11/22)
- Yohanna bat Chaya Risha, relative of a member (listed 12/16)
- Ira Weiner, cousin of Kayla Weiner (re-listed 1/3)

Refuah Shleimah

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Gittel bat Sonia, sister of Brad Spear (listed 12/21)
- י Julie Mckibben, sister-in-law of Corey Salka and Lisa Orlick-Salka (listed 1/3)
- י Helene Pine, cousin of Corey Salka (listed 1/3)
- י Zaeve Yaakov ben Gittel (William Greenberg), father of Linda-Jo Greenberg (listed 1/3)
- י Wendy Horwitch, sister of Carrie Horwitch (listed 1/3)
- י Lori Abrams, sister of Eileen Klein (listed 1/6)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 12/1)
- י Larry Zolton, friend of Patti Kieval (re-listed 12/1)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 12/14)
- י Tova Talya bat Yetta Davida v'Herschel Hayyim, friend of Paul Schwartz (re-listed 12/16)
- י Rachel bat Gavriela v'Yehuda (Andrea Stern), friend of Patti Kieval (re-listed 11/22)
- י Claudia Jauregui, friend of Linda Portnoy (listed 11/29)
- י Yosef ben Zlata, friend of the Slosberg family (listed 12/6)
- י Pesach Chaim ben Sara, friend of Carolyn Cohen & Scott Cline (listed 12/8)
- י Rachel Berkson, friend of Steve Greene (listed 12/16)
- י Krista Conner, friend of Kayla Weiner (re-listed 1/3)
- י Oren ben Michal, friend of Brad Spear (listed 12/21)
- י Hugh Murdoch, friend of Michael de Haan (listed 12/30)
- י Michael Gallagher, friend of Kayla Weiner (listed 1/3)
- י Peter Langmaid, friend of Kayla Weiner (listed 1/3)
- י Ronie Rosenbaum, friend of Lisa Orlick-Salka (listed 1/3)
- י Gloria Borges, friend of Louis Friedkin (listed 1/6)
- י Earl Oller, friend of Carolyn Cohen & Scott Cline (listed 1/12)
- י Congresswoman, Gabrielle Giffords