



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly



"Piety, especially Jewish piety, respects the little—the little man, the little matter, the little task, the little duty. Through the little, religion meets the greatness that lies behind."
~ Leo Baeck

12-18 Av 5770

July 23-29, 2010

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Congregation Beth Shalom • Voted in JT News
Best Congregation for 2009!

Kabbalat Shabbat Service in the Sanctuary

Candlelighting for July 23rd is at 8:38pm
Kabbalat Shabbat Services at 6:15pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Shabbat Nachamu

Va'Etchannan

Deuteronomy 5:1-7:11

Haftarah: Isaiah 40:1-26

Kiddush is Sponsored by the Kiddush Club and prepared by our Shabbas Chefs,
Elizabeth Davis and Ameer Sherer with their helpers,

Shabbat Babysitting at 10:15am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1

Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Transliterations of
services are available;
speak to an usher to
get a copy.

Hearing Devices:
Beth Shalom has
hearing devices for all
services.

Should you require
one, please speak to
an usher.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday; Minyan @ 9:30 am;
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography,
writing, use of beepers, cell phones or other wireless equipment.

When congregants are standing in prayer please do not disturb their concentration
by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Click on this link to check on the Eruv update each week
<http://twitter.com/cstleruv>.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch.
From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Beth Shalom's Judaica Gift Shop

We are very excited to announce the launch of our new online Judaica shop. This venture, in partnership with Judaicabeautiful.com, directly benefits Congregation Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop! A few ways this site can be useful would be to consider getting your simchah gifts here for B'nai Mitzvah's, weddings and other lifecycle events. There is an online registry to take advantage of as well as many other exciting benefits. Watch for specials and sales and enjoy.

CBS Gift Card / Scrip Program

We are excited to announce that in the past fiscal year, revenues from the Gift Card/Scrip program exceeded \$10,000 and continue to be a strong source of revenue for the community. A special yasher koach to Kevin Coskey, whose behind the scenes management of this program have made this possible. We hope even more people will join us in the coming year with this simple, yet effective source of income for the community. For more information on how to purchase cards or get involved contact Kevin Coskey directly at scrip@bethshalomseattle.org or inquire at the front office.

MILESTONES

- Y Mazel Tov to Peter Shapiro, who just got engaged to Diane Aboulafia D'Jaen
- Y Mazel Tov to Corey Salka, who was elected as a new member of the Jewish Federation of Greater Seattle Board of Directors
- Y Mazel Tov to Richard & Lynette Brodsky, on their new grandson, Alexander Eitan
- Y Mazel Tov to Nicole Guidry and Ben Beatty on their engagement

TODDAH RABAH

- Y Don & Stan for erecting the new storage shed out back for the Early Childhood Center
- Y Joanna Gerber, for helping in the office
- Y Francie Ringold and Marilyn Meyer for volunteering in the ECC
- Y Ron Schneeweiss, for his supervising the ECC

HIGH HOLIDAY YIZKOR BOOK

Each year on Yom Kippur, we distribute our annual Yizkor Book, inscribed with names of our loved ones no longer among the living. The time-honored donation of tzedakah which is linked to these listings is the Jewish way of hallowing memory by supporting worthwhile efforts of the synagogue.

Because the holidays come so early this year, we encourage anyone interested in including their loved ones in this tradition to do so at their earliest convenience. Forms are available online, in the August Ruach, or at the Front Office.

Also note that all people whose names appear on a yahrzeit plaque will be listed in a separate section in the book. This list is updated regularly and new minted plaques will be included.

A suggested contribution for inclusion of a loved one's name is \$36 (double chai). For your convenience, you may inform us by e-mail at yizkorbook@bethshalomseattle.org including your listings and the amount you would like billed to your account. Otherwise feel free to contact the Front Office.

Jewels of Elul

Sign up now to receive the Jewels of Elul. There is a great Jewish tradition to dedicate the 29 days in the month of Elul to study and prepare for the coming high holy days. The time is supposed to challenge us to use each day as an opportunity for growth and discovery. The Jewels of Elul are a collection of short stories, anecdotes and introspections from some fascinating people. To receive the Jewels of Elul, visit www.JewelsofElul.com.

2010 Photo Directories Now Available

The 2010 photo directories are finally here, and they are the best ones yet! Directories are available at no cost to all families that submitted photos or sat for portraits. Additional copies are available at a cost of \$5 per directory. Directories can be picked up at the front office during normal business hours.

Landscaping & Grounds Committee

Some areas of the yard had to be cleaned and re-planted. The Building and Grounds fund has received some donations to purchase plants but still more is needed. Please give in any amount. Small donations add up to a big donation.

Coatroom Cleanup

Please check the coat room in the month of July. Anything left will be donated to GoodWill on August 2nd.

Hats for the IDF

A community member is collecting hand knit hats for Israeli Soldiers. She is leaving in early August. Hats must be made to exact specifications, but it is a very easy and small project. If you would like to knit a hat, please contact carolbenedick@bethshalomseattle.org for instructions and contact info.

UPCOMING PROGRAMS AND EVENTS

Shabbat In The Park

Join Beth Shalom families in View Ridge Park (NE 70th St and 43rd Ave NE) on nice weather Shabbat afternoons from 5 to 8 pm, from June 19th through Labor Day Weekend. Bring snacks and/or picnic dinner.

Come for as little or as much of the time that works for your family.

Middah of the Month for July — Zerizut (Enthusiasm)

Shabbat, 7/24 from 1:15pm in the Beit Midrash
So how should we stoke the fire of our enthusiasm? Start by reading the chapter in Everyday Holiness and join us for a discussion.

Judaism is a religion of commandments and actions, and its leaders and teachers have stressed the importance of enthusiasm, because the proper way to execute the divine will is with energy and alacrity (zerizut).

CBS Blood Drive

This Sunday, 7/25 from 10am until 4pm

The Puget Sound Blood Center will park their Blood Mobile across the street in front of the public library. Sheryl Kipnis is making appointments for anyone interested; email her at cbsblooddrive@gmail.com.

Empty Nester Potluck

This Sunday, 7/25 from 5:30pm at the humble abode of Stan & Nancy Zeitz, 20146 53rd NE, Lake Forest Park

Reply to sjzeitz@comcast.net or 206-364-2386.

Topic: Questioning the assumptions about the Origins of the Jewish People

If your last name begins with one of the following letters, use it as a "guide" for what to bring.

A-F appetizer +/- bread.

G-K salad, veggie

J-P dessert, fruit, drinks

R-Z main dish

Last potluck highlights: Fifteen people enjoyed a lovely evening hosted by Wally & Bernice Kegel.

Wally grilled salmon for the attendees. The highlight of the evening was Bernice's very interesting slide presentation of her volunteer effort in Haiti.

Women's Elul Retreat

Sunday, 8/15 from 9:15am-1:30pm in the Annex next door

All adult women (post bat mitzvah) are warmly invited to an Elul retreat on Sunday, August 15 from 9:15 am to 1:30 pm sponsored by the CBS Rosh Chodesh Chavurah. We'll start with coffee and then Rabbi Jill Borodin will begin our spiritual preparation for the High Holidays by exploring Hannah's story of longing and deeply felt prayer. Next we will write personal reflections on our own longings and prayers, followed by eating brunch together, and then discuss how our longings and Rosh Hashanah intentions can be addressed year round by a women's spirituality group.

RSVPs are essential. This is a free event. Please call or email the CBS office. For questions, contact Shirah Bell at 206-525-5715.

From the Rabbi - Two new Distribution Lists

Want to stay current on Israel and interesting voices commenting on Israel? Want to stay current on interesting articles about the Jewish world and American Jews? We are creating two new distribution lists, one on Israel and one on contemporary Jewish Issues. For both of these lists, Rabbi Borodin will forward select articles.

If you would like to be added to the list, please e-mail or call Marjie at 206-524-0075.

Call for Poetry and Prayer Submissions

For the fourth year in a row, we look forward to producing our own original book of personal piyutim, prayers, poems and reflections written for the High Holidays. We would love to include your writings or black & white art. Please send or deliver all submissions to Kris at krisklippel@bethshalomseattle.org by August 10th. This book of prayers and poems has been an important source of inspiration during the holidays. For more information, please speak with Pat Hurshell at (206) 722-9237 or Rabbi Borodin.

Want to Share Your Sukkah this Year?

Volunteers are needed for this year's progressive Sukkot lunch, which will take place after services on the first day of Sukkot, Thursday, Sept. 23rd. If you will have a sukkah near Beth Shalom this year and you would like to host part of the lunch, please contact Cherie Hershman at 206.617.4066 or che30_1999@yahoo.com.

HAMAKOM YINACHEM ETCEM: "May God Comfort You"

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Barry Shane, for his wife, Joyce Shane, z"l (20 Tammuz)
- י CBS Congregation, for our friend, Chaya Amiad, z"l (12 Tammuz)
- י Lyle Margulies, for his aunt, Lois Sussman, z"l (12 Tammuz)
- י Jesse Kleinman, for his mother, Goldie Darvin Kleinman, z"l (5 Tammuz)
- י Amy Stolov and Nancy Goldov, for their uncle, Stanley E. Stolov, z"l (4 Tammuz)
- י Esther Altshul Helfgott, for her husband, Abe Schweid, z"l (3 Tammuz)
- י Judith Mentzer, for her uncle, James Mentzer, z"l (3 Tammuz)
- י Judith Mentzer, for her father, Charles Mentzer, z"l (25 Sivan)
- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)

MEMBERS IN SHLOSHIM OR YUD BET HODESH CONTINUED

- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)
- י Carol Brown, for her father, Birney Covell, z"l (25 Av)

MEMBERS OBSERVING YAHZEITS

- י Edward Sider, for his father, Joseph Sider, z"l
- י Glenn Leichman, for his father, Nathan Leichman, z"l
- י Robert Spitzer, for his father, Jack Spitzer, z"l
- י Charles Shifren, for his sister, Helene Shifren, z"l
- י Rita Edelson, for her mother, May Schaffer, z"l
- י Louis Janson, for his aunt, Miriam Weiss, z"l
- י Norton Goldstein, for his mother, Eva Goldstein, z"l
- י Paul Schwartz, for his uncle, Milton Lang, z"l
- י Joel Migdal, for his father, Ben Migdal, z"l
- י Adam Shapiro, for his father, Eugene Shapiro, z"l
- י Deborah Kerdeman, for her grandfather, Charles Kerdemann, z"l
- י Emily Barton, for her grandmother, Carolyn Kenney, z"l
- י Rochelle Goffe, for her former husband, Michael Toner, z"l
- י Gloria Goldstein, for her father, Julius Weinberg, z"l
- י Roberta Jordan, for her father, Merle Erdrich, z"l
- י Diana Schneeweiss, for her mother, Ruth Green, z"l
- י Gail Coskey, for her father, Charles Blumberg, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benyamin Lev ben Aviiva Ora v'Shmuel Moshe (Julian Silver)
- י David Henached shell Goldja (Eric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yehoshua Chaim ben Miriam (Josh Isaac)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Schmuel (Norman Rosenzweig)

RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 7/6)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 7/6)
- י Miriam bat Nechama v'Yehuda, sister of Ilene Stein (re-listed 7/6)
- י Julie McKibben, sister-in-law of Corey Salka (re-listed 7/6)
- י Shmuel ben Zahava v'Yehyel Mayer, father of Tzachi Litov (re-listed 7/6)
- י Yisrael Chanech ben Hannah, father of Ellen Spear (re-listed 7/6)
- י Dorothy Saran, mother of Craig Saran (re-listed 7/6)
- י Batya Elisheva bat Sarah, mother of Robert Zaher (listed 6/8)

Refuah Shleimah

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval (listed 6/8)
- י Sura Yehudi bat Feiga (Sydelle Zinn), relative of Brenda Kurland (listed 6/9)
- י Suzann Klein, cousin of Rochelle Roseman (listed 6/9)
- י Michael Robson, father of Debi Vans Evers (listed 6/29)
- י Pat Kraniotis, cousin of Dina Tanners (listed 7/12)
- י Lydia Kraniotis, cousin of Dina Tanners (listed 7/12)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 7/6)
- י Larry Zolton, a friend of Patti Kieval (re-listed 7/6)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 6/10)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (re-listed 6/10)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (re-listed 6/10)
- י Haley Summers, family friend of Tamira Hartman (re-listed 6/19)
- י Chana Rachel bat Sofia (Annie Stone), friend of Beth Shalom (re-listed 7/6)
- י Laurie Savran, friend of Kayla Weiner (listed 6/24)
- י Chava Rafaela bat Shandel (Eve Grossman), friend of Dina Tanners (listed 6/25)
- י Avraham Ben Leah (Albert Behar), friend of Marilyn Meyer (listed 6/28)
- י Leah Shoshana Bat Marilyn (Lea Hanan), friend of Marilyn Meyer (listed 6/28)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza