



6800 35th Ave NE  
Seattle, WA 98115  
206.524.0075

Welcome to Beth Shalom! Great to have you with us.  
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

# Shavuon

## A Beth Shalom Weekly



"In its journey through the wilderness of life...the Jewish people has carried along the Ark of the Covenant, which breathed into its heart ideal aspirations..." ~ Heinrich Graetz

**30 Iyar-2 Sivan 5770**

**May 14-20, 2010**

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**Congregation Beth Shalom • Voted in JT News  
Best Congregation for 2009!**

### **Edwin L. Bierman Scholar-in-Residence Weekend**

**Kabbalat Shabbat Service in the Beit Midrash**

Candlelighting for May 14th is at 8:20pm

Kabbalat Shabbat Services at 6:00pm

Scholar-in-Residence Dinner at 7:00pm

**Shabbat Morning Services in the Sanctuary at 9:30 am**

**B'Midbar**

**Volunteer Shabbat**

Numbers 3:14-4:20

Haftarah: Hosea 2:1-22

**D'var Torah from Professor Vanessa Ochs about the Women of the Wall**

Kiddush is Hosted by Marilyn Bierman in honor of the

Edwin L. Bierman Scholar-in-Residence Weekend

**Shabbat Babysitting at 10:00am in Room 4/5**

**Youth Minyan from 10am-Noon in the Beit Midrash**

**FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1**

**Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2**

**Kiddush Co-op from 1:00-2:00pm in the open space downstairs**

**Funky Talmud with Professor Vanessa Ochs**

**from 1:15-2:15pm in the Sanctuary**

**Dreams! Dreams! Dreams! with Professor Vanessa Ochs with Havdallah**

**then Jazz from 8pm in the Social Hall**

Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

**Weekday Minyanim in the Beit Midrash**

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday; Minyan @ 9:30 am;

Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.

When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

# ANNOUNCEMENTS

## ERUV Website

Click on this link to check on the Eruv update each week  
<http://twitter.com/cstleruv>.

## Join our Facebook group!

Get the latest news, join in discussions, keep in touch.  
From [www.facebook.com](http://www.facebook.com), just search on *Congregation Beth Shalom* and click "join."

## Beth Shalom's Judaica Gift Shop

We are very excited to announce the launch of our new online Judaica shop. This venture, in partnership with [Judaicabeautiful.com](http://Judaicabeautiful.com), directly benefits Congregation Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop!

A few ways this site can be useful would be to consider getting your simchah gifts here for B'nai Mitzvah's, weddings and other lifecycle events. There is an online registry to take advantage of as well as many other exciting benefits. Watch for specials and sales and enjoy.

## Gift Cards

Pesach is now behind us, and the flurry of hurried Pesach cooking is an exhausting memory. Yet we still need to shop and eat. Is your remaining supply of gift cards adequate to purchase new groceries and other items? You can purchase gift cards for QFC/Fred Meyer, PCC, Safeway and Albertsons. For other amenities, gift cards for Starbucks, Home Depot and ARCO are also available. If you have any questions, please feel free to contact Kevin at (206) 365-2275 or e-mail him at [scrip@bethshalomseattle.org](mailto:scrip@bethshalomseattle.org).

## Kosher Kung Fu

Interested in learning Kung Fu in a Jewish setting and context? Jacob Lunon of the School of Macabees is considering starting a regular Kung Fu class here in the Fall and we are trying to gauge interest. More information is available online at [Kosherkungfu.com](http://Kosherkungfu.com). If you would be interested in participating, please respond to Marjie Cogan in the front office.

## MILESTONES

- Y Mazel Tov to Seth Rosenbloom, on becoming SJCS's Volunteer of the Year
- Y Mazel Tov to Daniel Low for being awarded both a grant from the Donald A. Strauss Public Service Scholarship Foundation and a Rotary Ambassadorial Scholarship

## TODDAH RABAH

- Y Stan Zeitz, Lee Cronbach (& Gandalf), and Michael Krasik, for their work around the building and grounds
- Y Talya McCurdy for preparing b'nai mitzvah certificates and straightening and organizing the lobby bookshelves
- Y Dina Tanners for straightening and organizing the Beit Midrash
- Y Susan Aylesworth, for repairing Chumashim

## CBS Annual Meeting & Brunch

The Rabbi, Board & Staff of CBS invite you to join us to honor Mark Stiefel - 2010 Volunteer of the Year  
Sunday, May 23 • 10:00am - 12:30pm  
Check in by 10:15am and you will be entered in a sweepstakes for an iPod Shuffle!

In addition to approving the incoming Board and budget for the current year we will also be voting on amendments to the Beth Shalom By-laws so your presence is requested and desired. *A summary of the proposed changes to the By-laws are available from the front page of our website for your review.*

## End of Our Fiscal Year

The Board of Directors and the Finance Committee remind you that the end of our fiscal year is fast approaching on May 31st. Help us maintain fiscal responsibility and end the year on a high note. With your help we will achieve fiscal success. Please pay all outstanding dues, Double Chai pledges, Sustaining (i.e. building) Fund obligations, High Holiday Appeal, fees and tuition at this time. Donations to the general fund directly support our operating budget and are greatly appreciated.

By coming together to support our very special community at this time we make it even stronger!

## From the Grounds Committee Chair

The grounds committee is in the process of upgrading some planter areas. Dying plants are being replaced with new plants. Your support will be most helpful in keeping our shul attractive and easy to maintain. Plants may cost \$500 and we seek your support. Send any amount--\$10, \$25 or chai to the building and grounds fund—and be part of the action. Help dig and replant. send a check to CBS and email Stan at [sjzeitz@comcast.net](mailto:sjzeitz@comcast.net)

## SAVE THE DATE

2nd Seattle Mussar Kallah:  
Practical guidance for manifesting  
our finest selves

Sunday, 6/6 from 12:30 - 5:30 pm at CBS

We sense within ourselves the potential to be loving, patient, compassionate beings. At the same time, it is often difficult to manifest these virtues in our everyday lives, as we earn a living, negotiate traffic jams, and contend with the daily challenges in relationships with those we love. Mussar clearly illuminates a path to character refinement. Mussar practice helps us cultivate good habits that guide us on our journey toward holiness.

Fee: \$36 in advance, \$46 at the door (no one turned away for lack of funds); \$100 to be a Mussar Patron and be listed in the program as a significant financial supporter of Mussar in Seattle.

To sign up to be a patron, or to register early, contact Marjie Cogan (206) 524-0075 or on-line on our calendar of events.

## UPCOMING PROGRAMS AND EVENTS

### Shavuot Leil Tikkun and Dairy Dinner

Join us on

**Tuesday, 5/18 9pm through the night until 4am**  
A night of Speed Learning – Study the beginning and end of each of the five books of the Torah with your favorite teachers.

The evening includes separate learning track for children, the 6th Annual Cheesecake bakeoff, and a Dawn Minyan.

Cost for the Dinner for members is \$12/adult, \$8/child (4-12 yrs), free for kids 3 and under. Non-members, \$20/adult, \$10/child. Registration is now available on our website,

[www.bethshalomseattle.org](http://www.bethshalomseattle.org). Go to the Shavuot calendar entry on May 18 and double click to get to the registration form.

*There is no charge for the Shavuot learning.*

### 6th Annual Shavuot Cheesecake Bakeoff

**Attention Bakers:**

This Shavuot, enter your favorite cheesecake (baked at Beth Shalom) in our sixth annual Shavuot Cheesecake Bakeoff. Cheesecakes will be tasted and voted on at our May 18th Erev Shavuot Dinner and Leil Tikkun (all night Torah study). Fabulous prizes will be offered for Tastiest, Most Adventure-some, and Most PC cheesecakes. Contact Dana Tell at 206.328.2589 or [danatee@earthlink.net](mailto:danatee@earthlink.net) for more information.

### Shavuot Services in the Sanctuary at 9:30am

**1st Day Services, Wednesday, 5/19**

Exodus 19:1-20:23

Maftir: Numbers 28:26-31

Haftarah: Ezekiel 1:1-28; 3:12

Followed by a dairy potluck picnic and games at View Ridge Park, led by Sam Perlin, 1:00pm

**2nd Day Services & Yizkor, Thursday, 5/20**

Deuteronomy 15:19-16:17

Maftir: Numbers 28:26-31

Haftarah: Habakkuk 3:1-19

Followed by a regular Kiddush

### Rosh Chodesh Chavurah

**Sunday, 5/23 - 7-9pm at the home of Carolyn Friedkin, 2044 N 78th St, Seattle WA 98103**

RSVP to (206) 522-5965 or [cbienn@yahoo.com](mailto:cbienn@yahoo.com)

Please join us for the monthly Rosh Chodesh Chavurah. Carol Benedick will talk about the mitzvah of wearing tzitzit and about some old and new traditions of tzitzit and tallitot. She will guide us in tying tzitzit. You are welcome to bring own tallit and tzitzit to tie, or work with ones that are part of the synagogue's supply.

### Empty Nester Potluck

**Monday, 5/30 from 5:30pm at the home of Esther Helfgott, 6521 37th Ave NE, Seattle**

Please RSVP to Esther directly

at [eahelfgott2@comcast.net](mailto:eahelfgott2@comcast.net)

Two Topics:

1. The Scholar in Residence program. We will discuss some of the topics. If you cannot attend the events at the synagogue, then you can hear about them at Empty Nesters.
2. Share a book, poem, etc. that helps you when you are going through tough times, especially when a friend or family member is seriously ill, dying or has just died.

*If your last name begins with one of the following letters, use it as a "guide" for what to bring.*

A-E Appetizer and/or interesting bread

F-H Main Dish

J-P Salad or Vegetable

R-Z Dessert, fruit or Drinks

### How to Evolve from a Self to a Soul? with Rabbi Ira Stone

**Friday, 6/4 from 8:30-10:00pm**

Join us on Erev Shabbat for dessert and an evening with Rabbi Ira Stone as he shares from his new book in progress, *Elements of the Soul*.

RSVP at [https://bethshalomseattle.org/event\\_details.php?id=145](https://bethshalomseattle.org/event_details.php?id=145).

### Contemplative Minyan: Deepening the Experience of Prayer

**1st Shabbat of the month, from 9:45am in the CBS Annex next door**

The Shabbat contemplative minyan service is scheduled for June 5. We will end by approximately 12:00pm and then join others in the social hall for lunch. For more info, contact: Cynthia Gayle [contemplative@bethshalomseattle.org](mailto:contemplative@bethshalomseattle.org) or 206-283-9301.

### Tot Shabbat

**Upcoming dates - 6/5, 7/3**

**1st Shabbat monthly 11:00—11:30am in Room 2**  
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. No experience necessary. All are welcome. For more information email: [iriteliav@bethshalomseattle.org](mailto:iriteliav@bethshalomseattle.org).

### Stitch and Schmooze

**Sunday, 6/6 from 10:15am-12:15pm at the home of Carol Benedick & Joe Orzech**

Join other Knitters and Crocheters on the first Sunday of the month for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited. Kids are welcome. No Charge. Contact Carol Benedick at (206) 524-0075/ [carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org). Please let her know if you would like to host the next one.

## HAMAKOM YINACHEM ETCHEM: "May God Comfort You"

**Y** Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l, who passed away on Shabbat, May 8 (24 Iyar)  
The funeral was on Monday in Vancouver and Ilene will be sitting shiva out of town.

### MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)
- י Carol Brown, for her father, Birney Covell, z"l (25 Av)
- י Shirah Bell, for her mother, Betty Kaplan, z"l (18 Tamuz)
- י Jacquie Bayley, for her step-father, David Panar, z"l (17 Tamuz)
- י Susan Spielberg, for her mother, Rose Spielberg, z"l (11 Tamuz)
- י Freya Brier, for her mother, Helen Brier, z"l (6 Tamuz)
- י Robert Spitzer, for his mother, Charlotte Spitzer, z"l (4 Tamuz)
- י Sarah Shalinsky, for her father, Irving Kaplan, z"l (22 Sivan)
- י Joanna Gerber, for her father, John Netzky, z"l (20 Sivan)

### MEMBERS IN SHLOSHIM OR YUD BET HODESH CONTINUED

- י Carol Reynolds, for her father, Merle Griff, z"l (19 Sivan)
- י Marta Kosaly, for her husband, George Kosaly, z"l (16 Sivan)

### MEMBERS OBSERVING YAHEZITS

- י Raymond Becker, for his mother, Sarah Becker, z"l
- י Edward Berman, for his father, Al Berman, z"l
- י Dorothy Becker, for her grandmother, Anna Berman, z"l
- י John Bernhard, for his father, Lazare Bernhard, z"l
- י Marilyn Bierman, for her brother-in-law, Sydney Bierman, z"l
- י Steven Bock, for his father, Philip Bock, z"l
- י Kevin Coskey, for his father, Richard Coskey, z"l
- י Cindy Strauss and Warren Fein, for their father, Sherwood Fein, z"l
- י Jane Fein, for her husband, Sherwood Fein, z"l
- י Lara Litov, for her father, Lawrence Jasper, z"l
- י Gregory Korshin, for his father, Vladimir Korshin, z"l
- י Jill Cohen, for her friend, Charisse Kranes, z"l
- י Carol Reynolds, for her sister, Nadine Mack, z"l
- י Iris Brumer, for her father, Eli Malka, z"l
- י Joani Diskin Saran, for her mother, Helen Rosenfield, z"l
- י Grace Rubin, for her mother, Meta Schechter, z"l
- י Betsy Rubin, for her grandmother, Meta Schechter, z"l
- י Barry Shane, for his mother, Edith Shane, z"l
- י Mark Slosberg, for his grandfather, Benjamin Slosberg, z"l
- י Meli Solomon, for her grandmother, Augusta Solomon, z"l
- י Amy Stolov and Nancy Goldov, for their grandfather, Arthur Stolov, z"l

### REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

#### CBS Members

- י Jack Richlen
- י Natan Baruch ben Rivka (Noah Cohen-Cline)
- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Rifka bat Chana (Rita Goldenberg)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benyamin Lev ben Aviiva Ora v'Shmu'el Moshe (Julian Silver)
- י David Henached shell Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yehoshua Chaim ben Miriam (Josh Isaac)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Chaya Rifka bat Sarah v'Avraham (Chaya Amiad)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Shmu'el (Norman Rosenzweig)
- י Shaina Sarah bat Peshe Devorah

#### RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 5/4)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 5/4)
- י Miriam bat Nechama v'Yehuda, sister of Ilene Stein (re-listed 5/4)
- י Julie McKibben, sister-in-law of Corey Salka (re-listed 5/4)
- י Shmu'el ben Zahava v'Yehy'el Mayer, father of Tzachi Litov (re-listed 5/3)

### Refuah ShlemaH

The Refuah ShlemaH list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

#### RELATIVES of Members continued

- י Yisrael Chanech ben Hannah, father of Ellen Spear (re-listed 5/3)
- י Dorothy Saran, mother of Craig Saran (re-listed 5/4)
- י Esther Orlick, mother of Lisa Orlick-Salka (listed 4/14)
- י Baruch Tzvi ben Hannah, father of Lori Safer (listed 4/9)
- י Mel Baer, cousin of Steve Greene (listed 4/21)
- י Maurie Kraus, uncle of Jay Krulewitch (listed 4/26)
- י Chana Gittel bat Hinde Rivka v'Dov Ber (Anne Geiger), mother of Lisa and Nancy Geiger (listed 5/12)

#### FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 5/3)
- י Larry Zolton, a friend of Patti Kieval (re-listed 5/3)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 5/7)
- י Aly Scalzo, a friend of Lisa Orlick (listed 4/14)
- י Shayna bat Tzerel Mirel, friend of Karyn Levie (listed 4/19)
- י Tzionah bat Sarah v'Avraham, friend of Karyn Levie (listed 4/19)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (listed 4/21)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (listed 4/21)
- י Haley Summers, family friend of Tamira Hartman (listed 4/19)
- י Yehoshua ben Ruz Rachael, friend of Robin Moss & Jay Krulewitch (listed 4/26)
- י Laurie Savran, friend of Kayla Weiner (listed 4/27)
- י Chana Rachel bat Sofia (Annie Stone), friend of Beth Shalom (listed 5/6)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza