



6800 35th Ave NE  
Seattle, WA 98115  
206.524.0075

Welcome to Beth Shalom! Great to have you with us.  
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

# Shavuon

## A Beth Shalom Weekly



"The giving of the Torah was on Shavuot; the receiving must take place every day."  
~ Menachem Mendel of Kotzk

**3-9 Sivan 5770**

**May 21-27, 2010**

**Board Members & Staff**

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Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

**Congregation Beth Shalom • Voted in JT News  
Best Congregation for 2009!**

**Kabbalat Shabbat Service in the Beit Midrash**

Candlelighting for May 21st is at 8:29pm  
Kabbalat Shabbat Services at 6:00pm  
3rd Friday Services & Dinner in the Open Space Downstairs at 7:30pm

**Shabbat Morning Services in the Sanctuary at 9:30 am**

**Naso**  
Numbers 7:1-89  
Haftarah: Judges 13:2-25  
**Bat Mitzvah of Abigail Shifren**  
Kiddush is Hosted by Lisa Geiger & Charles Shifren

Shabbat Babysitting at 10:00am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1  
Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

**Sunday, May 23**

**CBS Annual Meeting & Brunch from 10am-12:30pm**

The Rabbi, Board & Staff of CBS invite you to join us to honor  
**Mark Stiefel - 2010 Volunteer of the Year**  
Sunday, May 23 • 10:00am - 12:30pm

Check in by 10:15am and you will be entered in a sweepstakes for an Ipod Shuffle!

*Do you want another great reason to come to the Annual Meeting this Sunday?  
We will be handing out the free new Photo Directories for those who had their photos taken! And anyone can buy one even if you are not in the directory for \$5.*

In addition to approving the incoming Board and budget for the current year we will also be voting on amendments to the Beth Shalom By-laws so your presence is requested and desired. *A summary of the proposed changes to the By-laws are available from the front page of our website for your review.*

**Weekday Minyanim in the Beit Midrash**

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM  
Sunday Morning: 9:30-10:15 AM  
Torah study group every Sunday; Minyan @ 9:30 am;  
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.  
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

# ANNOUNCEMENTS

## ERUV Website

Click on this link to check on the Eruv update each week  
<http://twitter.com/cstleruv>.

## Join our Facebook group!

Get the latest news, join in discussions, keep in touch.  
From [www.facebook.com](http://www.facebook.com), just search on *Congregation Beth Shalom* and click "join."

## Beth Shalom's Judaica Gift Shop

We are very excited to announce the launch of our new online Judaica shop. This venture, in partnership with [Judaicabeautiful.com](http://Judaicabeautiful.com), directly benefits Congregation Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop!

A few ways this site can be useful would be to consider getting your simchah gifts here for B'nai Mitzvah's, weddings and other lifecycle events. There is an online registry to take advantage of as well as many other exciting benefits. Watch for specials and sales and enjoy.

## Gift Cards

Attention, Beth Shalom gift card users: The Beth Shalom Annual Meeting is just around the corner. This Sunday, May 23, before and after the meeting, you will have an opportunity to replenish your depleted supply of gift cards. So bring your legal tender and purchase the cards you need. See you there!

## Kosher Kung Fu

Interested in learning Kung Fu in a Jewish setting and context? Jacob Lunon of the School of Macabees is considering starting a regular Kung Fu class here in the Fall and we are trying to gauge interest. More information is available online at [Kosherkungfu.com](http://Kosherkungfu.com). If you would be interested in participating, please respond to Marjie Cogan in the front office.

## MILESTONES

- Y Mazel Tov Abigail Shifren and her family on becoming Bat Mitzvah
- Y Congratulations to Cherie Hershman & Mick Ostroff on their Wedding
- Y Mazel Tov to Andrea & Nate Bensimon and big brother, Adam, on the birth of a baby girl, Sarah

## End of Our Fiscal Year

The Board of Directors and the Finance Committee remind you that the end of our fiscal year is fast approaching on May 31st. Help us maintain fiscal responsibility and end the year on a high note. With your help we will achieve fiscal success. Please pay all outstanding dues, Double Chai pledges, Sustaining (i.e. building) Fund obligations, High Holiday Appeal, fees and tuition at this time. Donations to the general fund directly support our operating budget and are greatly appreciated. By coming together to support our very special community at this time we make it even stronger!

## From the Grounds Committee Chair

The grounds committee is in the process of upgrading some planter areas. Dying plants are being replaced with new plants. Your support will be most helpful in keeping our shul attractive and easy to maintain. Plants may cost \$500 and we seek your support. Send any amount--\$10, \$25 or chai to the building and grounds fund—and be part of the action. Help dig and replant. send a check to CBS and email Stan at [sjzeitz@comcast.net](mailto:sjzeitz@comcast.net)

## Seeking dedicated, energetic, Jewishly knowledgeable part-time teachers and advisors for the 5771 (2010-11) school year

Job openings include teachers for our middle school program and youth group advisors. Experience in Jewish Education preferred.

If interested, please send cover letter and resume to: Irit Eliav, MSW

Director of Education  
Congregation Beth Shalom  
6800 35<sup>th</sup> Avenue, NE  
Seattle, WA 98115 or  
[Iriteliav@bethshalomseattle.org](mailto:Iriteliav@bethshalomseattle.org)

## Looking For Books!

The Library is missing a few books. Please check at home to see if any of ours are mixed in with yours. We will be happy to pick them up. Just e-mail Marjie.

## Calling All Kippot!

We are getting dangerously low on kippot in the shul. Please check your coat pockets and assorted drawers at home for any stray kippot lying about.

## TODDAH RABAH

- Y Lisa Geiger & Charles Shifren, for Hosting the Kiddush this week
- Y Our fabulous volunteers for Scholar in Residence:
- Y Joe Blumenzweig, Ruth Dick, Peg Elefant, Joanna Gerber, Talya McCurdy, Joe Orzech, Hannah Pressman, John Schochet and Elric Wolfsbruder
- Y For making the Scholar-in-Residence that much more special, Karen Binder with Madison Park Catering and Sasson

- Y Shavuot Cheesecake bakers: Dana Tell-organizer, Mark Berman, Gabriel Clement, Stacey Fisher, Robert Hovden, Ephraim Light, Wiebke Light and Michele Yanow
- Y Shavuot Teachers: Carol Starin, Beth Huppinn, Nance Adler, Rabbi Zari Weiss, Talya McCurdy, Sarah Lindsley, Marie Poole, Marci Greenberg, Jeremy Alk, Ilana Mantell, Ron DeChene and Rabbi Stuart Light

## UPCOMING PROGRAMS AND EVENTS

### Rosh Chodesh Chavurah

Sunday, 5/23 - 7-9pm at the home of Carolyn Friedkin, 2044 N 78th St, Seattle WA 98103  
RSVP to (206) 522-5965 or [cbienn@yahoo.com](mailto:cbienn@yahoo.com)  
Please join us for the monthly Rosh Chodesh Chavurah. Carol Benedick will talk about the mitzvah of wearing tzitzit and about some old and new traditions of tzitzit and tallitot. She will guide us in tying tzitzit. You are welcome to bring own tallit and tzitzit to tie, or work with ones that are part of the synagogue's supply.

### Challah Baking with Susan Monas

Tuesday, 5/25 from 7pm in the CBS Kitchen  
This event is sponsored by the Membership Committee. All donations to the committee are welcome.

### Empty Nester Potluck

Monday, 5/30 from 5:30pm at the home of Esther Helfgott, 6521 37th Ave NE, Seattle  
Please RSVP to Esther directly at [eahelfgott2@comcast.net](mailto:eahelfgott2@comcast.net)

Two Topics:

1. The Scholar in Residence program. We will discuss some of the topics. If you cannot attend the events at the synagogue, then you can hear about them at Empty Nesters.
2. Share a book, poem, etc. that helps you when you are going through tough times, especially when a friend or family member is seriously ill, dying or has just died.

*If your last name begins with one of the following letters, use it as a "guide" for what to bring.*

A-E Appetizer and/or interesting bread  
F-H Main Dish  
J-P Salad or Vegetable  
R-Z Dessert, fruit or Drinks

### How to Evolve from a Self to a Soul? with Rabbi Ira Stone

Friday, 6/4 from 8:30-10:00pm

Join us on Erev Shabbat for dessert and an evening with Rabbi Ira Stone as he shares from his new book in progress, *Elements of the Soul*.

RSVP at [https://bethshalomseattle.org/event\\_details.php?id=145](https://bethshalomseattle.org/event_details.php?id=145).

### Contemplative Minyan: Deepening the Experience of Prayer

1st Shabbat of the month, from 9:45am in the CBS Annex next door

The Shabbat contemplative minyan service is scheduled for June 5. We will end by approximately 12:00pm and then join others in the social hall for lunch. For more info, contact: Cynthia Gayle [contemplative@bethshalomseattle.org](mailto:contemplative@bethshalomseattle.org) or 206-283-9301.

### Tot Shabbat

Upcoming dates - 6/5, 7/3

1st Shabbat monthly 11:00—11:30am in Room 2  
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. No experience necessary. All are welcome. For more information email: [iriteliav@bethshalomseattle.org](mailto:iriteliav@bethshalomseattle.org).

### 2nd Seattle Mussar Kallah: Practical guidance for manifesting our finest selves

Sunday, 6/6 from 12:30 - 5:30 pm at CBS

We sense within ourselves the potential to be loving, patient, compassionate beings. At the same time, it is often difficult to manifest these virtues in our everyday lives, as we earn a living, negotiate traffic jams, and contend with the daily challenges in relationships with those we love. Mussar clearly illuminates a path to character refinement. Mussar practice helps us cultivate good habits that guide us on our journey toward holiness.

Fee: \$36 in advance, \$46 at the door (no one turned away for lack of funds); \$100 to be a Mussar Patron and be listed in the program as a significant financial supporter of Mussar in Seattle.

To sign up to be a patron, or to register early, contact Marjie Cogan (206) 524-0075 or on-line on our calendar of events.

### Stitch and Schmooze

Sunday, 6/6 from 10:15am-12:15pm at the

home of Carol Benedick & Joe Orzech

Join other Knitters and Crocheters on the first Sunday of the month for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited. Kids are welcome. No Charge. Contact Carol Benedick at (206) 524-0075/

[carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org).

Please let her know if you would like to host the next one.

### Modern Hebrew Literature

with Joel Altus and Lisa Orlick

Next Class, Wednesday, 6/9 from 7pm – Note the change in date

This course will look at the themes and aesthetics of modern Hebrew and Israeli literature. With aspirations of creating an inspiring involvement with the subjects before us; we hope to provide historical and political context, insight in to the evolution of literary style and expressions, and above all the characteristic ways poets and writers working principally in Israel have addressed the human condition as reflected in their unique circumstances. It is a course that in a short period will be less led than guided, hopefully eliciting everyone's engagement, involvement and excitement for the varied topics and vivid personalities we will certainly encounter. The book for June is Amos Oz's *A Tale of Love and Darkness*

# HAMAKOM YINACHEM ETCHER: "May God Comfort You"

## MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaia Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)
- י Carol Brown, for her father, Birney Covell, z"l (25 Av)
- י Shirah Bell, for her mother, Betty Kaplan, z"l (18 Tamuz)
- י Jacquie Bayley, for her step-father, David Panar, z"l (17 Tamuz)
- י Susan Spielberg, for her mother, Rose Spielberg, z"l (11 Tamuz)
- י Freya Brier, for her mother, Helen Brier, z"l (6 Tamuz)
- י Robert Spitzer, for his mother, Charlotte Spitzer, z"l (4 Tamuz)
- י Sarah Shalinsky, for her father, Irving Kaplan, z"l (22 Sivan)
- י Joanna Gerber, for her father, John Netzky, z"l (20 Sivan)
- י Carol Reynolds, for her father, Merle Griff, z"l (19 Sivan)
- י Marta Kosaly, for her husband, George Kosaly, z"l (16 Sivan)

## MEMBERS OBSERVING YAHZEITS

- י Alan Baumgarten, for his grandmother, Gussie Baumgarten, z"l
- י Julie Margulies, for her mother, Goldie Brounstein, z"l
- י Robert Center, for his mother, Hilde Center, z"l
- י Hilary Bernstein, for her grandmother, Yetta Cogen, z"l
- י Jodi Gradinger-Wes, for her grandfather, Leon Dorfman, z"l
- י Stacey Fisher, for her mother, Joyce Fisher, z"l
- י Frieda Horlick, for her mother-in-law, Sadic Horlick, z"l
- י Yonah Karp, for her uncle, David Karp, z"l
- י Sandie Kibort, for her mother, Hinda Kibort, z"l
- י Chuck Kolb, for his mother, Laure Kolb, z"l
- י Bertha Lowenstein, for her husband, Werner Lowenstein, z"l
- י Guenter Mannhalt, for his mother, Bluma Mannhalt, z"l
- י Steve Adler and Rebecca Moxley, for their grandmother, Bluma Mannhalt, z"l
- י Nancy Zeitz, for her mother, Sylvia Rotheim, z"l
- י Gail Coskey, for her uncle, Robert Rubin, z"l
- י Judith Robin, for her uncle, Abraham Semmelman, z"l
- י Nancy Goldov and Amy Stolov, for their grandmother, Rose Stolov, z"l
- י Lynette Brodsky, for her father, Herbert Temkin, z"l
- י Kayla Weiner, for her mother, Josephine Weiner, z"l
- י Susan Wolf, for her sister, Elizabeth Wolf, z"l

## REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

### CBS Members

- י Daniella bat Sarah v'Avraham (Debi Vans Evers)
- י Jack Richlen
- י Natan Baruch ben Rivka (Noah Cohen-Cline)
- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Rifka bat Chana (Rita Goldenberg)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benyamin Lev ben Aviiva Ora v'Shmuel Moshe (Julian Silver)
- י David Henached shell Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yehoshua Chaim ben Miriam (Josh Isaac)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Chaya Rifka bat Sarah v'Avraham (Chaya Amiad)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Schmu'el (Norman Rosenzweig)
- י Shaina Sarah bat Peshe Devorah

### RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 5/4)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 5/4)
- י Miriam bat Nechama v'Yehuda, sister of Ilene Stein (re-listed 5/4)
- י Julie McKibben, sister-in-law of Corey Salka (re-listed 5/4)
- י Shmuel ben Zahava v'Yehyel Mayer, father of Tzachi Litov (re-listed 5/3)

## Refuah Shlemah

The Refuah Shlemah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

### RELATIVES of Members continued

- י Yisrael Chanech ben Hannah, father of Ellen Spear (re-listed 5/3)
- י Dorothy Saran, mother of Craig Saran (re-listed 5/4)
- י Esther Orlick, mother of Lisa Orlick-Salka (listed 4/14)
- י Baruch Tzvi ben Hannah, father of Lori Safer (listed 4/9)
- י Mel Baer, cousin of Steve Greene (listed 4/21)
- י Maurie Kraus, uncle of Jay Krulewitch (listed 4/26)
- י Chana Gittel bat Hinde Rivka v'Dov Ber (Anne Geiger), mother of Lisa and Nancy Geiger (listed 5/12)

### FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 5/3)
- י Larry Zolton, a friend of Patti Kieval (re-listed 5/3)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 5/7)
- י Aly Scalzo, a friend of Lisa Orlick (listed 4/14)
- י Shayna bat Tzerel Mirel, friend of Karyn Levie (listed 4/19)
- י Tzionah bat Sarah v'Avraham, friend of Karyn Levie (listed 4/19)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (listed 4/21)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (listed 4/21)
- י Haley Summers, family friend of Tamira Hartman (listed 4/19)
- י Yehoshua ben Ruz Rachael, friend of Robin Moss & Jay Krulewitch (listed 4/26)
- י Laurie Savran, friend of Kayla Weiner (listed 4/27)
- י Chana Rachel bat Sofia (Annie Stone), friend of Beth Shalom (listed 5/6)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza