



6800 35th Ave NE  
Seattle, WA 98115  
206.524.0075

Welcome to Beth Shalom! Great to have you with us.  
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

# Shavuon

## A Beth Shalom Weekly



"...Hebrew prophets spoke to the Jews of old, demanding noble aspiration, condemning in the most trenchant manner private vices, and warning us in deep tones against lapses from morals and duties." ~ F.W. Watts

**10-16 Sivan 5770**

**May 28-June,3 2010**

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**Congregation Beth Shalom • Voted in JT News  
Best Congregation for 2009!**

**Kabbalat Shabbat Service in the Beit Midrash**  
Candlelighting for May 28th is at 8:37pm  
Kabbalat Shabbat Services at 6:00pm  
Beginning June 5th—Services will begin at 6:15pm

**Shabbat Morning Services in the Sanctuary at 9:30 am**  
**B'ha'a lot'kha**  
Numbers 10:35-12:16  
Haftarah: Zekhariah 2:14-24  
**Aufruf of Rebecca Spiller & Omeed Somekhian**  
Kiddush is Hosted by the Somekhian Family

Shabbat Babysitting at 10:00am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1  
Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

**The CBS offices will be closed in honor of Memorial Day,  
this Monday, May 31st.**

**The Monday morning minyan will meet at 9am.**

Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

**Weekday Minyanim in the Beit Midrash**  
Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM  
Sunday Morning: 9:30-10:15 AM  
Torah study group every Sunday; Minyan @ 9:30 am;  
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.  
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

# ANNOUNCEMENTS

## ERUV Website

Click on this link to check on the Eruv update each week  
<http://twitter.com/cstleruv>.

## Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From [www.facebook.com](http://www.facebook.com), just search on *Congregation Beth Shalom* and click "join."

## Beth Shalom's Judaica Gift Shop

We are very excited to announce the launch of our new online Judaica shop. This venture, in partnership with [Judaicabeautiful.com](http://Judaicabeautiful.com), directly benefits Congregation Beth Shalom. A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop! A few ways this site can be useful would be to consider getting your simchah gifts here for B'nai Mitzvah's, weddings and other lifecycle events. There is an online registry to take advantage of as well as many other exciting benefits. Watch for specials and sales and enjoy.

## Gift Cards

May 31 marks the end of our fiscal year at Beth Shalom. Over the last 12 months, many of you have participated in the Beth Shalom scrip program by purchasing gift cards at the shul and using them where you shop. Your use of these cards has added much to the bottom line of the shul's budget. We have a net income of over \$10,000 for the fiscal year. Wow! Many thanks to all of you whose individual gift card purchases have together made a big difference. May this community go from strength to strength.

## Kosher Kung Fu

Interested in learning Kung Fu in a Jewish setting and context? Jacob Lunon of the School of Macabees is considering starting a regular Kung Fu class here in the Fall and we are trying to gauge interest. More info is available online at [Kosherkungfu.com](http://Kosherkungfu.com). If you would be interested in participating, please respond to Marjie Cogan in the front office.

## MILESTONES

- Y Mazel Tov to Rebecca Spiller & Omeed Somekhian on their Aufruf and upcoming Wedding
- Y Mazel Tov to the Coskey and Light families on all of their leyning this Shabbat
- Y Mazel Tov to the winners of the Shavuot Cheesecake bakeoff: for the most PC cheesecake – Wiebke Light's green tea cheesecake; for the most creative - Robert Hovden's cardamom and rosewater cheesecake on a phyllo crust; for the best cheesecake – Michele Yanow's Vegan bittersweet chocolate cheesecake; honorable mention to the youngest bakers and future winners, Esther Weiss and Efi Light, for their delicious cheesecakes
- Y Mazel Tov to Rebecca Polykovsky on her directing the NW Yeshiva High School's new production of one act plays
- Y Mazel Tov to Kate Altus on her new art opening at the Lisa Harris Gallery

## Teen Feed Need this Monday

We are in need of a few more volunteers for Teen Feed on Monday, May 31. Teen Feed feeds needy youth in the University District at the University Lutheran Church - on the northeast corner of 16th NE and NE 50th Street in the U District. And CBS's night is the 5th Monday (whenever there is one). First shift is from 5 pm to about 6:15 and is for cooking and second shift is from 6:15 - about 8:30 pm for serving and cleanup. Please call Joan Lite Miller at 206-527-6320 for more information or to sign up for Monday, May 31. Thank You!

## 2010 Photo Directories Now Available!

The 2010 photo directories are finally here, and they are the best ones yet! Special thanks to Marie Poole for making this happen. Marie coordinated, designed, made phone calls and much more to help pull this off. Yasher koach and todah rabbah.

Directories are available at no cost to all families that submitted photos or sat for portraits. Additional copies are available at a cost of \$5 per directory. Directories can be picked up at the front office during normal business hours.

## Seeking dedicated, energetic, Jewishly knowledgeable part-time teachers and advisors for the 5771 (2010-11) school year

Job openings include teachers for our middle school program and youth group advisors. Experience in Jewish Education preferred.

If interested, please send cover letter and resume to: Irit Eliav, MSW

Director of Education  
Congregation Beth Shalom  
6800 35<sup>th</sup> Avenue, NE  
Seattle, WA 98115 or  
[Iriteliav@bethshalomseattle.org](mailto:Iriteliav@bethshalomseattle.org)

## Looking For Books!

The Library is missing a few books. Please check at home to see if any of ours are mixed in with yours. We will be happy to pick them up. Just e-mail Marjie.

## Calling All Kippot!

We are getting dangerously low on kippot in the shul. Please check your coat pockets and assorted drawers at home for any stray kippot lying about.

## TODDAH RABAH

- Y The Somekhian Family, for Hosting the Kiddush this week
- Y Joanna Gerber, for her help in our office
- Y To all the Shavuot Cheesecake bakers for their fabulous baking efforts
- Y Nancy Simon for two fantastic years as Religious School Committee Chair. The school is so much stronger due to your hard work! Thanks for being so supportive and wonderful.

## UPCOMING PROGRAMS AND EVENTS

### Empty Nester Potluck

Monday, 5/31 from 5:30pm at the home of Esther Helfgott, 6521 37th Ave NE, Seattle  
Please RSVP to Esther directly at [eahelfgott2@comcast.net](mailto:eahelfgott2@comcast.net)

Two Topics:

1. The Scholar in Residence program. We will discuss some of the topics. If you didn't attend the events at the synagogue, then you can hear about them at Empty Nesters.
2. Share a book, poem, etc. that helps you when you are going through tough times, especially when a friend or family member is seriously ill, dying or has just died.

*If your last name begins with one of the following letters, use it as a "guide" for what to bring.*

A-E Appetizer and/or interesting bread  
F-H Main Dish  
J-P Salad or Vegetable  
R-Z Dessert, fruit or Drinks

### How to Evolve from a Self to a Soul? with Rabbi Ira Stone

Friday, 6/4 from 8:30-10:00pm

Join us on Friday for dessert and an evening with Rabbi Ira Stone as he shares from his new book in progress, *Elements of the Soul*.

RSVP at [https://bethshalomseattle.org/event\\_details.php?id=145](https://bethshalomseattle.org/event_details.php?id=145).

### Contemplative Minyan: Deepening the Experience of Prayer

1st Shabbat of the month, from 9:45am in the CBS Annex next door - June 5

The Shabbat contemplative minyan service is scheduled for June 5. We will end by approximately 12:00pm and then join others in the social hall for lunch. For more info, contact: Cynthia Gayle [contemplative@bethshalomseattle.org](mailto:contemplative@bethshalomseattle.org) or 206-283-9301.

### Tot Shabbat

Upcoming dates - 6/5, 7/3

1st Shabbat monthly 11:00—11:30am in Room 2  
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. No experience necessary. All are welcome. For more information email: [iriteliav@bethshalomseattle.org](mailto:iriteliav@bethshalomseattle.org).

### 2nd Seattle Mussar Kallah: Practical guidance for manifesting our finest selves

Sunday, 6/6 from 12:30 - 5:30 pm at CBS

We sense within ourselves the potential to be loving, patient, compassionate beings. At the same time, it is often difficult to manifest these virtues in our everyday lives, as we earn a living, negotiate traffic jams, and contend with the daily challenges in relationships with those we love. Mussar clearly illuminates a path to character refinement. Mussar practice helps us cultivate good habits that guide us on our journey toward holiness.

Fee: \$36 in advance, \$46 at the door (no one turned away for lack of funds); \$100 to be a Mussar Patron and be listed in the program as a significant financial supporter of Mussar in Seattle.

To sign up to be a patron, or to register early, contact Marjie Cogan (206) 524-0075 or on-line on our calendar of events.

### Stitch and Schmooze

Sunday, 6/6 from 10:15am-12:15pm at the home of Carol Benedick & Joe Orzech

Join other Knitters and Crocheters on the first Sunday of the month for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited. Kids are welcome. No Charge. Contact Carol Benedick at (206) 524-0075/

[carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org).

Please let her know if you would like to host the next one.

### Modern Hebrew Literature with Joel Altus and Lisa Orlick

Next Class, Wednesday, 6/9 from 7pm – Note the change in date

This course will look at the themes and aesthetics of modern Hebrew and Israeli literature. With aspirations of creating an inspiring involvement with the subjects before us; we hope to provide historical and political context, insight in to the evolution of literary style and expressions, and above all the characteristic ways poets and writers working principally in Israel have addressed the human condition as reflected in their unique circumstances. It is a course that in a short period will be less led than guided, hopefully eliciting everyone's engagement, involvement and excitement for the varied topics and vivid personalities we will certainly encounter. The book for June is Amos Oz's *A Tale of Love and Darkness*

# HAMAKOM YINACHEM ETCEM: "May God Comfort You"

## MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaia Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)
- י Carol Brown, for her father, Birney Covell, z"l (25 Av)
- י Shirah Bell, for her mother, Betty Kaplan, z"l (18 Tamuz)
- י Jacquie Bayley, for her step-father, David Panar, z"l (17 Tamuz)
- י Susan Spielberg, for her mother, Rose Spielberg, z"l (11 Tamuz)
- י Freya Brier, for her mother, Helen Brier, z"l (6 Tamuz)
- י Robert Spitzer, for his mother, Charlotte Spitzer, z"l (4 Tamuz)

## MEMBERS OBSERVING YAHZEITS

- י Lisa and Nancy Geiger, for their father, Harold Geiger, z"l
- י Marta Kosaly, for her husband, George Kosaly, z"l
- י Merle Weiss, for her brother-in-law, Ralph Margolis, z"l
- י Annette Peizer, for her father, Samuel Peizer, z"l
- י Meredith Binder, for her mother, Florence Obelsky Binder, z"l
- י Ellen Goldblatt, for her mother, Esther Goldblatt, z"l
- י Jill Cohen, for her father, Sheldon Cohen, z"l
- י Mark Benjamin, for his sister, Marsha Gardenswartz, z"l
- י Myron Berg, for his father, Harry Berg, z"l
- י Carol Reynolds, for her father, Merle Griff, z"l
- י Jane Fein, for her mother, Elsie Hart, z"l
- י Laurie Becker, for her grandfather, Nathaniel Becker, z"l
- י Jerry Becker and Raymond Becker, for their aunt, Salina Becker, z"l
- י Joanna Gerber, for her father, John Netzky, z"l
- י Cezanne Garcia, for her father, Louis Garcia, z"l
- י Sarah Shalinsky, for her father, Irving Kaplan, z"l
- י Susan Morgensztern, for her mother, Eleanor Engel, z"l
- י Carol Gown, for her father, Leo Safron, z"l
- י Edith Horn, for her daughter, Miriam Horn, z"l
- י Elaine Sachter, for her father, David Sachter, z"l
- י George Ostrow, for his cousin, Alan Ostrow, z"l
- י Izyaslav Moldaver, for his mother, Ida Moldaver, z"l
- י Lucy Taskar, for her grandmother, Ida Moldaver, z"l
- י Janet Levy Pauli, for her great aunt, Reada Levine, z"l
- י Alan Baumgarten, for his grandfather, Benjamin Zuckerman, z"l and for his uncle, Max Zuckerman, z"l
- י Michael Sherer, for his father, Abraham Sherer, z"l and for his mother, Eunice Sherer, z"l

## REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

### CBS Members

- י Jack Richlen
- י Natan Baruch ben Rivka (Noah Cohen-Cline)
- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Rifka bat Chana (Rita Goldenberg)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benyamin Lev ben Aviiva Ora v'Shmuel Moshe (Julian Silver)
- י David Henached shell Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yehoshua Chaim ben Miriam (Josh Isaac)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Chaya Rifka bat Sarah v'Avraham (Chaya Amiad)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Schmueel (Norman Rosenzweig)
- י Shaina Sarah bat Peshe Devorah

### RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 5/4)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 5/4)
- י Miriam bat Nechama v'Yehuda, sister of Ilene Stein (re-listed 5/4)
- י Julie McKibben, sister-in-law of Corey Salka (re-listed 5/4)
- י Shmuel ben Zahava v'Yehyel Mayer, father of Tzachi Litov (re-listed 5/3)

## Refuah Shlemah

The Refuah Shlemah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

### RELATIVES of Members continued

- י Yisrael Chanech ben Hannah, father of Ellen Spear (re-listed 5/3)
- י Dorothy Saran, mother of Craig Saran (re-listed 5/4)
- י Baruch Tzvi ben Hannah, father of Lori Safer (listed 4/9)
- י Mel Baer, cousin of Steve Greene (listed 4/21)
- י Maurie Kraus, uncle of Jay Krulewitch (listed 4/26)
- י Chana Gittel bat Hinde Rivka v'Dov Ber (Anne Geiger), mother of Lisa and Nancy Geiger (listed 5/12)
- י Chana bat Gittel v'Nechama (listed 5/24)

### FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 5/3)
- י Larry Zolton, a friend of Patti Kieval (re-listed 5/3)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 5/24)
- י Aly Scalzo, a friend of Lisa Orlick (listed 4/14)
- י Tzionah bat Sarah v'Avraham, friend of Karyn Levie (re-listed 5/26)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (listed 5/24)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (listed 5/24)
- י Haley Summers, family friend of Tamira Hartman (listed 4/19)
- י Yehoshua ben Ruz Rachael, friend of Robin Moss & Jay Krulewitch (listed 4/26)
- י Laurie Savran, friend of Kayla Weiner (listed 4/27)
- י Chana Rachel bat Sofia (Annie Stone), friend of Beth Shalom (listed 5/6)
- י Melissa Chasan, friend of Ellen Spear (listed 5/24)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza