



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly



"As long as the soul animates man, and longs for light and thirsts for beauty,
man needs the fountain of poetry." ~ Chaim Nachman Bialik

2-8 Tishrei 5771

September 10-16, 2010

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**Congregation Beth Shalom • Voted in JT News
Best Congregation for 2009!**

Rosh Hashanah September 8-10, 2010

Erev Rosh Hashanah - Wednesday

Candlelighting - 7:19 PM

Erev Rosh Hashanah 6:45 - 7:30 PM Sanctuary

Day 1 Rosh Hashanah - Thursday
Main Service 8:30 AM - 1:15 PM Young
Tashlich 5:30 PM (leave CBS at 4:45PM
for Ravenna Park)
Minchah/Ma'ariv 7:45 - 8:30 PM at CBS
Candlelighting after 8:22 PM

Day 2 Rosh Hashanah - Friday
Main Service 8:30 AM - 1:15 PM
Minchah/
Kabbalat Shabbat/
Ma'ariv 6:45 - 7:45 PM

Kabbalat Shabbat Service in the Sanctuary

Candlelighting for September 10th is at 7:15pm

Kabbalat Shabbat Services at 6:00pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Shabbat Shuvah

Ha'Azinu

Deuteronomy 32:1-52

Haftarah: Hosea 14:2-10; Joel 2:15-27; Micah 7:18-20

Guest Darshan: Nance Adler

There will be no regular Kiddush in the Social Hall - There are honey sticks & apples in the lobby

Shabbat Babysitting at 10:15am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1
Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

**The office will be closed on Wednesday, September 8th at Noon
until Monday morning, September 13th at 9am.**

Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday; Minyan @ 9:30 am;
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.

When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Click on this link to check on the Eruv update each week
<http://twitter.com/cstleruv>.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch.
From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Ushers Needed for the High Holidays!

If you are interested in volunteering for one or more times to serve as an Usher, please contact Dan Bernhard at [ushers AT bethshalomseattle.org](mailto:ushers@bethshalomseattle.org). To view the schedule for this year, go to our website and click on the Volunteer page for information.

CBS Gift Card / Scrip Program

The month of Elul is now upon us, and that means Rosh Hashanah is just around the corner. If you have questions about buying gift cards from Beth Shalom, please call Marjie Cogan in the shul office, or contact Kevin Coskey at scrip@bethshalomseattle.org or at 206-365-2275.

The Beth Shalom Social Action Committee has teamed up with the Youth Department to promote the
JFS Community Food Drive
September 9TH - 17th
Handy shopping bags printed with suggested donation items were distributed after Rosh Hashanah services on September 9th
If you did not receive a bag, feel free to fill your own.

Please drop off your donations in the designated bin in the lobby no later than Friday the 17th.

All items collected from our congregation will be delivered to the Jewish Family Services Food Bank the morning of September 19th

If you are interested in helping to sort donated items at the JFS warehouse
10am-Noon on Sunday, September 19th, please contact Jane Deer-Hileman, Director of JFS Volunteer Services (206) 861-3155 or email volunteer@jfsseattle.org

Donations of gift cards to local grocery stores are also welcome. Please contact the office or Kevin Coskey to arrange for the purchase of a card, with a check made payable to CBS.

Thank you for sharing what you have with those less fortunate

The Red Bag in the Lobby - First Place School

You will notice a bright red bag in our lobby. It is there for Sophie Davis Rittenberg's mitzvah project. She is collecting school supplies to go to First Place School - the school for homeless children.

TODDAH RABAH

- Y Judith Mentzer & Kathryn Bern, for fixing the Torat and the broken yad for the High Holidays
- Y Mary Potter, for facilitating our Selichot discussion
- Y Daniel Markowitz, for AV set-up for our Selichot program
- Y Joanna Gerber, for helping in our office with last minute work

Shana Tova to everyone - From Rabbi Borodin

Wishing everyone a sweet and healthy new year, to you and your loved ones. I look forward to being with many of you in synagogue. Please let the office know if your health does not allow you to be in shul these high holidays, and we will come to you.

When Shabbat follows a holiday (what is sometimes called a three day yom tov) and this month, this occurs three times, after Rosh Hashanah, Sukkot and Shmini Atzeret/ Simchat Torah, there are special rules for preparing food for Shabbat. The holiday page on our website has instructions.

The Keshet Project: Connecting Beth Shalom

The goal of this project -*keshet*- meaning "connection" - is to help more CBS members connect to each other in new and meaningful ways. We've asked you a question on the back of your pink High Holiday ticket and drop your ticket into one of the Keshet Project boxes at shul on Yom Kippur. We will contact everyone who responds and use their candid feedback to help members improve their connections with others. There will be a variety of opportunities, including new and existing programs at Beth Shalom, for members to meet other members with similar interests. Of course, we will respect the confidentiality of every response. If you have any questions, please contact Neelz Gharavi at mdragonsinger@yahoo.com or 206-334-7408 or Rhona Feldman at rhonaf@comcast.com or 206-355-7369 for more information.

The Books are Back!

Both Entertainment Books and Chinook Books are back in the office.

Entertainment Books are \$25 this year.

Chinook Books are still the low price of \$20.

Come to the office to buy one.

Are you a dessert maven?

We're forming teams to bake and freeze desserts at the shul which Shabbas Chefs can then use with their Shabbas meals. If you have any interest in leading such a team or volunteering on one, please call Judith Benjamin at 206-525- 7791. Thank you! From Mark Berman and Judith Benjamin, Shabbas Chefs co-chairs.

Sukkot Gathering: Celebrating Our Diverse Families

Sunday, 9/26 from 1:30 - 3:30 pm at Beth Shalom
Today's Jewish families are as unique and varied as the sukkot commemorating the temporary shelters used while wandering in the desert. We'll gather at Congregation Beth Shalom to explore Sukkot, especially its themes of hospitality and unity. Meet in the sukkah with other families who share diverse backgrounds and heritage, such as interfaith couples & Jews by choice, for adult discussion and kids' activities relating to Sukkot and its themes.

Suggested donation: \$10/household

Your advance registration allows us to plan activities and staffing.

Contact Marjorie Schnyder, (206) 861-3146 or familylife@jfsseattle.org.

UPCOMING PROGRAMS AND EVENTS

Meditation through Breath and Movement: A Shabbat Morning Practice
Every 2nd Saturday of the month from 9-10am / starts September 11 in the annex
Instructor Sarah Lindsley will use breath and movement to relax our bodies and to come into a more conscious awareness of the present. By beginning the daytime portion of Shabbat with this practice, we hope to foster a sense of physical, emotional and spiritual well being that we can take with us into the rest of the day and week. We will draw primarily on a yoga-based movement vocabulary. This practice is designed for people of all body types—not just the already fit and flexible! For your physical safety and out of respect for the cohesion of the group, we ask that you arrive on time; we will begin promptly at 9 am. No charge. RSVP requested.

A New Tradition ~ Prayer Service ~
Sunday, 9/12 from 11 am at the Beit Shalom Cemetery
Traditionally, Jews visit their loved ones' graves on the Sunday after Shabbat Shuvah. CBS members will be meeting at our cemetery to start this tradition. Join us at 11am for a brief prayer service. If you don't have loved ones in our cemetery, consider visiting the grave of someone whose family no longer lives here or who may get no visitors. Our cemetery is a peaceful, lovely place to visit on a late summer morning.
Directions to the cemetery, which is located in Brier, just north of the King-Snohomish county line, can be found at the CBS website under "Community" or in the cemetery packet available in the office. To receive a cemetery packet, contact (206) 524-0075 or tzachilitov@bethshalomseattle.org.

Join Beth Shalom Members at the Homeless To Renter (H2R) Simchat Sukkot Event
Sunday, 9/26 from 7-8:30pm at Beth Am
The Homeless to Renter (H2R) program has supported move-in costs for nearly 130 families and nearly 300 children struggling with homelessness. Beth Shalom is an affiliate member of H2R and our members have contributed greatly to its success. You can support H2R in two ways:
First, please join fellow Beth Shalom members at the Simchat Sukkot event for the H2R program, on

Sunday, September 26th, at Temple Beth Am. The evening will feature a talk by Doreen Cato, executive director of First Place. Light refreshments, wine and beverages will be served. The requested minimum donation for the evening is \$18. Please RSVP to Beth Am at 206-525-0915 no later than September 22nd.

Second, you may donate directly to the H2R fund by sending a check to Beth Shalom, simply note "H2R fund" on your check. All funds are administered through the Jewish Family Service.

Young Adult Rosh Hashanah Dinner
Thursday, 9/9 from 7:45pm at Beth Shalom
Congregation Beth Shalom Young Adult Kehillah is pleased to invite you to a dinner for young adults (20s and 30s) on the second night of Rosh Hashanah.

We will meet at 7:45 pm for Mincha and Ma'ariv services and then enjoy a delicious catered dinner afterwards. The cost for the meal is \$15 for CBS members and \$18 for non-members. Please RSVP to Marjie Cogan at Marjiecogan@bethshalomseattle.org or on our website. We hope to see you there!

YOM KIPPUR PREP CLASSES ARE FREE! - Pre-register to receive info on study materials.

Getting Through The Year: Ometz Lev: A Courageous Heart with Shirah Bell
Tuesday, 9/14 from 7:00-8:00 pm
We usually start out in the high holidays with high commitment to right our ways, to take on challenges in our lives. But what happens during the year? We often falter. In this class we'll study Ometz Lev (spiritual courage), as contrasted to the physical bravery we usually think of when we define "courage."
Advance preparation advisable – email SB@livingwealth.com for items in the AI Chet Prayer on which to focus.

The Book of Jonah with Mark Solomon
Tuesday, 9/14 from 7:00-8:30pm
This class is an introduction to the Book of Jonah for learners at all levels. We'll look at the structure of the story and, through Rabbinic and modern sources, try to answer some fundamental questions: Why is Jonah a reluctant prophet? Why is he angry when Nineveh repents? What's the Book of Jonah "about?" No knowledge of Hebrew is required for this class.

Resurrection in Judaism with Jeremy Alk
Tuesday, 9/14 from 8:15-9:15pm
Covering Jewish sources and ideas.

Want to Share Your Sukkah this Year?

Volunteers are needed for this year's progressive Sukkot lunch, which will take place after services on the first day of Sukkot, Thursday, Sept. 23rd. If you will have a sukkah near Beth Shalom this year and you would like to host part of the lunch, please contact Cherie Hershman at 206.617.4066 or che30_1999@yahoo.com.

HAMAKOM YINACHEM ETCHER: "May God Comfort You"

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Michael de Haan, for his mother, Cecilia de Haan, z"l (21 Elul)
- י Robert Amkraut, for his father, Sidney Amkraut, z"l (19 Elul)
- י Ilene Stein, for her sister, Marsha Weiss, z"l (15 Elul)
- י Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l (6 Elul)
- י Kim Isaac, for her husband, Josh Isaac, z"l (22 Av)
- י Marc Isaac, for his brother, Josh Isaac, z"l (22 Av)
- י Barry Shane, for his wife, Joyce Shane, z"l (20 Tammuz)
- י CBS Congregation, for our friend, Chaya Amiad, z"l (12 Tammuz)
- י Jesse Kleinman, for his mother, Goldie Darvin Kleinman, z"l (5 Tammuz)
- י Esther Altshul Helfgott, for her husband, Abe Schweid, z"l (3 Tammuz)
- י Judith Mentzer, for her father, Charles Mentzer, z"l (25 Sivan)
- י Ilene Ruvinsky, for her mother, Rebecca Ruvinsky, z"l (24 Iyar)
- י Andrew Cohen, for his father, Lewis Richard Cohen, z"l (7 Iyar)
- י Stacy Globerman, for his mother, Helene Chaiya Schultz Globerman, z"l (28 Nissan)
- י John Bernhard, for his brother, Paul Bernhard, z"l (27 Nissan)
- י Bob Cordes, for his father, Ron Cordes, z"l
- י Selig Leyser, for his mother, Gertrude Leyser, z"l (14 Nissan)
- י Allen Safer, for his father, Robert Safer, z"l (22 Adar)
- י Carol Starin, for her father, Lawrence Oseran, z"l (17 Adar)
- י David Grossman, for his mother, Verle Grossman, z"l (15 Shevat)
- י Carol Gown, for her mother, Sylvia Safron, z"l (14 Shevat)
- י Michael Krasik, for his father, Bernard Krasik, z"l (3 Shevat)
- י Craig Saran, for his father, Marshall Saran, z"l (29 Tevet)
- י Alan Baumgarten, for his father, David Baumgarten, z"l (16 Tevet)
- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)

MEMBERS OBSERVING YAHZEITS FOR THE WEEK OF SEPTEMBER 4

- י Tony Moore, for his grandmother, Aline Sinai, z"l
- י Jack Richlen, for his father, Benjamin Richlen, z"l
- י Francine Cohen, for her grandfather, Benjamin Richlen, z"l
- י Judy Rosenfeld, for her mother, Avigal Rosenfeld, z"l
- י Joel Erlitz and Marc Erlitz, for their grandfather, Henry Erlitz, z"l

MEMBERS OBSERVING YAHZEITS FOR THE WEEK OF SEPTEMBER 4

- י Debra Mowat, for her father, Burton Grodin, z"l
- י Stephen Brown, for his father, Alan Brown, z"l
- י Cezanne Garcia, for her aunt, Maxine Damner, z"l
- י Harvey Niebulski, for his grandmother, Chaya Baumohl, z"l
- י Sheri Kittay, for her nephew, Andrew Fingerroot, z"l
- י Ginny Cassidy-Brinn, for her father, Joseph Cassidy, z"l
- י Rob Jacobs, for his aunt, Naomi Tapper, z"l
- י Jodi Gradinger-Wes, for her uncle, Herbert Dorfman, z"l
- י Lynn Gottlieb, for her uncle, Morton Goldwater, z"l
- י Rita Edelson, for her husband, Robert Edelson, z"l
- י Gail Katz and Henry Liebman, for their son, Nathaniel Liebman, z"l
- י Grant Norwitz, for his father, Ronnie Norwitz, z"l
- י Ira Kalet, for his mother, Miriam Kalet, z"l
- י Susan Huntley, for her father, Irving Schecter, z"l
- י Elizabeth Gilbert, for her aunt, Hazel MacDonald, z"l and for her great aunt, Nina Rose, z"l

MEMBERS OBSERVING YAHZEITS FOR THE WEEK OF SEPTEMBER 11

- י Debra Revere, for her grandfather, Jacob Jaffe, z"l, and for her brother, Steven Revere, z"l
- י Andrew Cohen, for his grandmother, Florence Kamine, z"l
- י Lynn Gottlieb, for her ex-mother-in-law, Betty Bolte, z"l
- י Anna tenBroek, for her mother, Hazel tenBroek, z"l
- י Aharon tenBroek, for his grandmother, Hazel tenBroek, z"l
- י E. Camins Bretts, for his cousin, Ralph Ranald, z"l
- י Judith Robin, for her grandmother, Fay Robin, z"l
- י Leslie Goldfarb, for her father, David Checkley, z"l
- י Rita Edelson, for her mother-in-law, Lee Edelson, z"l
- י Elizabeth Gilbert, for her cousin, John Mowry, z"l
- י Ron Schneeweiss, for his father, Max Schneeweiss, z"l
- י Sheryl Stiefel, for her aunt, Vivian Cooperman, z"l
- י Shirah Bell, for her father, Meyer Kaplan, z"l
- י Cyrus Rubin, for his father, William Rubin, z"l
- י Betsy Deutsch, for her grandfather, William Rubin, z"l
- י Joani Diskin Saran, for her grandfather, Isaac Leskin, z"l
- י Marc Isaac, for his father, Walter Isaac, z"l
- י Murray Guterson, for his mother, Jeannette Guterson, z"l
- י Peg Elefant, for her father, Homer Freed, z"l
- י Steve Katz, for his grandfather, Julius Shafer, z"l
- י Andrew Samnick, for his mother, Carol Samnick, z"l
- י Robin Moss, for her cousin, Audrey Grasso, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י D'vorah bat Hilda v'Benjamin (Debora Teitelbaum Rifkin)
- י Dina Leah bat Shendyl Rochel v'Sinai ha'Cohen (Dina Tanners)
- י Miriam bat Sarah v'Avraham (Maria Erlitz)
- י Tuviah Moshe ben Leba (Martin Safer)
- י Nora bat Sarah v'Avraham (Tink Williams)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Benjamin Lev ben Aviva Ora v'Shmuel Moshe (Julian Silver)
- י David Henached shell Goldja (Eric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisal v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Shmuel (Norman Rosenzweig)

RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 8/6)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 8/6)
- י Shmuel ben Zahava v'Yehiel Mayer, father of Tzachi Litov (re-listed 8/6)

Refuah Shlemah

The Refuah Shlemah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Yisrael Chanech ben Hannah, father of Ellen Spear (re-listed 8/6)
- י Dorothy Saran, mother of Craig Saran (re-listed 8/6)
- י Chris Morton, friend of Kayla Weiner (listed 8/9)
- י Maurie Kraus, uncle of Jay Krulewitch (listed 8/25)
- י Devorah bat Esther, step-mother of Jay Krulewitch (listed 8/25)
- י Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval (listed 9/7)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 8/6)
- י Larry Zolton, a friend of Patti Kieval (re-listed 8/6)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 9/2)
- י Ilana Liat bat Chana (Lani Horn, former CBS member), friend of Elizabeth Davis (re-listed 9/2)
- י Shulamit bat Tamar (Ellen Raim), friend of Elizabeth Davis (re-listed 9/2)
- י Laurie Savran, friend of Kayla Weiner (re-listed 9/3)
- י Anita Feld, friend of the Orlick Salka Family (listed 8/5)
- י Kathy Stone, friend of Corey Salka (listed 8/24)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza