



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly

"The world rest on three things: Justice, truth, and peace." ~ Simeon ben Gamaliel



3-10 Elul 5771

September 2-9, 2011

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Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher

**Congregation Beth Shalom • Voted in JT News
Best Congregation for 2010! 2nd years in a row!**

Kabbalat Shabbat Service in the Beit Midrash

Candlelighting for September 2 is at 7:31pm

Kabbalat Shabbat Services at 6:00-7:00pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Shof'tim

Deuteronomy 16: 18-18:5

Haftarah: Isaiah 51:12-52:12

Bar Mitzvah of Ari Levin

Kiddush is Hosted by Rob Levin & Deirdre Glynn-Levin

Shabbat Babysitting at 10:15am in Room 4/5

Youth Minyan from 10:00am-Noon in the Beit Midrash

Tot Shabbat from 11:00-11:30am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1

Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday;

Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Follow this link to check on the Eruv update each week <http://twitter.com/cstleruv>. If you want to take a look at the Eruv map use this link (it's a long one) : <http://maps.google.com/maps/ms?msid=216346072790836754082.00046432d032bebff971e&msa=0>

We want to spread the joy of Sukkot all over town!
Do you have a Sukkah and space to share with others? We are looking for dessert hosts for Saturday night, October 15 at 7:30pm. Eastside, West Seattle, and everywhere else. If you are interested in hosting, please contact Carol Benedick at carolbenedick@bethshalomseattle.org. Thanks for sharing your Sukkah!

Todah Rabbah to John Schochet for his over three years of serving as our Shatz Coordinator. Thank you for your dedication and hard work.

We welcome Tamar Azous as our new Shatz Coordinator. Brucha Habaah.

CBS Gift Card / Scrip Program

Now that summer is here, we might enjoy a day or two of sunshine. In case you're planning some home improvement projects, remember that Beth Shalom carries gift cards for The Home Depot. Please consider using them when making your purchases for your projects. Remember: "You can do it. We can help."

There is still time to pick up more cards for QFC, PCC, ARCO, Albertsons, Starbucks and Safeway. Come to the shul office and purchase yours. If you have any questions about the Beth Shalom gift cards, please contact Marjie Cogan in the office or Kevin Coskey at scrip@bethshalomseattle.org.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Beth Shalom's Judaica On-Line Shop

Remember our online Judaica shop? The CBS homepage directly benefits Beth Shalom. Go to our website at www.bethshalomseattle.org and click on the bar at the left of the page.

A percentage of all proceeds will come back to us and is yet another way to support the community at no additional cost to you. Just shop! There is an online registry to take advantage of as well as many other exciting benefits.

Entertainment Books are Back

The price is the same as last year — \$25
This year there is an app for your phone and a key fob that can be used just like the card that comes with the book. Come to the office to get one.

MILESTONES

Y Mazel Tov to Neelz Gharavi & Greg Touchton, on their engagement

What do we do with the old Mahzorim?

As we prepare to use the new Mahzor Lev Shalem, we invite you to take home the old Harlow Mahzor you donated many years ago. These books will be available for you to sort through, if interested, from this Sunday, until Monday, September 26th from 5pm. We will then offer all remaining books to be taken home on a first come, first served basis. Remaining older mahzorim will then be donated to a community in need of a mahzor.

Prepare CBS for the High Holidays

Sunday, 9/25 from 9am-2pm? - We'll finish earlier if we have more volunteers!

We need your help setting up chairs, moving books and all the other associated chores to help prepare our community for the High Holidays. Everyone is welcome and encouraged to come by, even if just for an hour. There is much to do and things to move, and it's always much more fun with YOU! Light refreshments will be served.

Shabbas Chefs Cook-At-Home Cookbook is a go!

We've got 4 volunteers for a committee; now we need someone to take the lead. Can you? If you are interested, let's talk about it...Contact Judith Benjamin at 206-525-7791.

New Thursday Maariv Minyan - 7:30pm - Sanctuary

Have you been wanting to come for an evening minyan but been unable to make it on Mondays? We're trying out a new minyan on Thursday evenings at 7:30pm in the Sanctuary. Please join us.

JFS FOOD DRIVE

We invite all of Beth Shalom to join us in participating in the upcoming community-wide Jewish Family Services Food Drive. It will take place between Rosh Hashanah (Thursday, 9/29) and mid-Sukkot (Friday, 10/21). During that timeframe, congregants are encouraged to:

- Bring non-perishable food items to the labeled bin in the CBS lobby
- Donate empty grocery bags and leave them near the bin in the lobby
- Donate grocery store gift cards (available through the CBS office) during this month-long Drive.

There will be a Food Sorting opportunity at the Food Bank's warehouse on Sunday, October 9th.

Details to come.

2011 Food Drive coordinators

Liz Labadie elabadie@starbucks.com

Kathy Andeway kandeway@jfsseattle.org

TODDAH RABAH

Y Ron DeChene & Robert Hovden for hosting Tanya Fredman's presentation on the "Art of Seeing" during their Dining Room Learning Series, and if that wasn't enough... to Ron & Robert for hosting the Learner's Shabbat on 8/19! You two are amazing.

Y

UPCOMING PROGRAMS AND EVENTS

Stitch & Schmooze

This Sunday, 9/4 from 11am-1pm at the home of Carol Benedick, 7527 43rd Ave NE, Seattle

Food for Thought – Dining Room Learning

Come to a workshop learning series. We will work together from Pirkei Avot and other texts while enjoying a pasta dinner. All levels of learning are welcome!

Tuesdays from 7pm, now through September 13 at Ron & Robert's home (Ron DeChene & Robert Hovden) – 8021 43rd Ave NE, Seattle, 206-369-3613
Bring: An appetite for learning! Cost: Free

Beth Shalom *Beit Midrash*

Talmud study with Joel Goldstein continues through the summer on the 2nd and 4th Thursdays of the month from 7:30-9:00pm. Each class begins with an introduction from the instructor followed by guided partner, or hevrutah, study. All levels welcome. \$5/class or 6 classes for \$25. Buy your punchcard through the office or on our website.

Tot Shabbat

Upcoming dates - 9/3, 10/1

1st Shabbat monthly 11:00–11:30am in Room 2
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. All are welcome. For more information email: iriteliav@bethshalomseattle.org.

Selichot Program: Working the Steps Teshuvah and the High Holidays Saturday Night, 9/24 - No Charge

9:15pm Havdalah

9:30pm Conversation with Diane Burnett, Alternatives to Addiction Director at JFS

11:00pm Dessert

11:15pm Selichot Services

Selichot marks the start of High Holiday preparations. Teshuvah is the process of asking for forgiveness from those whom we have wronged, and the days between Rosh Hashanah and Yom Kippur are set aside specifically for this purpose. According to Rabbi David Ebstein, "Teshuvah is a process ... of self-renewal and self-creation that comes about as a result of reflection and a powerful resolution to effect real change in one's life." Many aspects of the 12-steps for recovering from alcoholism/addiction seem to mirror Maimonides' Laws of Teshuvah.

What can we learn from each other as we confront our faults and seek forgiveness?

Buying Club for Kosher Meat in Seattle, just in time for Rosh Hashanah!

OU Glatt Kosher - No Hormones, No Preventative Antibiotics - Raised on pasture.

We need at least 175lbs worth of orders to make it work. (If we don't reach this amount, you'll have the option to have your meat sent by FedEx to your house, or to cancel your order).

Shipping charges will be calculated based on the total weight of all the orders in the buying club. We won't



High Holiday Preparation 9/20-21

All Classes are Free

Introduction to the New Conservative Machzor with Rabbi Borodin

Learn more about the new machzor (High Holiday prayerbook) which Beth Shalom will use for the first time during this year's High Holiday services.

Tuesday, September 20, 8:00-9:00pm

A Good and Sweet Year with Shirah Bell

On Rosh Hashanah we wish each other *Shanah tovah umetukah* (a good and sweet new year). What does "sweet" add beyond the notion of "good"? Many of us focus on correcting our faults and improving ourselves. Could it be that our "sin" is really about our failure to focus on the good and sweet? Come join in exploring the Mussar techniques for a good and sweet new year.

Wednesday, September 21, 7:00-8:00pm

A Look at Yom Kippur with Yiscah Smith

Yom Kippur - a sacred moment in time for reconnection, restoration, and redemption - a deeper insight into this unique and holy spiritual encounter, following a most potent 120 day stretch of time in Jewish history.

Wednesday, September 21, 8:15-9:15pm

The Fear Factor on Yom Kippur with Jeremy Aik

It is the toughest, but essential reality experience of the Day, and it's the beginning of wisdom (Psalm 111:10), so why are we so "dumb" on that day? Can we get smart?

Wednesday, September 21, 7:00-8:00pm

Niggunim and Nuschaot with Rachel Jacobson

Learn melodies that we use during High Holiday services.

Wednesday, September 21, 8:15-9:15pm

Pre-register so we'll know how many to prepare for.

SAVE THE DATE!

Simchat-Sukkot Homeless to Renter Program Sunday, 10/16 at 7 pm at Temple Beth Am

The seventh annual Simchat Sukkot benefit for the Homeless to Renter (H2R) Program will take place on at Temple Beth Am. Enjoy wine, music, refreshments and an informative speaker. The total requested donation of \$18 per person goes to the H2R program which, to date, has helped 142 families, more than 500 individuals. Mark your calendars now!

charge your credit card until after the order deadline. Your shipping rates will be reduced according to the total weight of all orders.

Orders due: Sunday, 9/11 at 7pm

Pick up your order: at CBS, Wednesday, 9/21 from 5-7pm ONLY!

Place your order online at www.growandbehold.com. Questions? Contact Karen Putterman at kputterman@gmail.com or Grow and Behold at info@growandbehold or 888-790-5781.

HAMAKOM YINACHEM ETCHER: "May God Comfort You"

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Gerry Huppim, for her brother, Sandy Kuznetz, z"l (7 Av)
- י Carolyn Bernhard, for her mother, Beverly Grashin, z"l (24 Tammuz)
- י George & Barbara Grashin, for their sister-in-law, Beverly Grashin (24 Tammuz)
- י Jeff Gillman, for his mother, Vicki Gillman, z"l (13 Tammuz)
- י Jon Zimmerman, for his father, Neal Zimmerman, z"l (13 Sivan)
- י Miryam Kabakov, for her mother, Ceil Kabakow, z"l (10 Sivan)
- י Leah Lemchen, for her mother, Samantha Ripley, z"l (4 Sivan)
- י Jeff Miller, for his father, Phillip Miller, z"l (23 Iyar)
- י Judy Rosenfeld, for her father, Benjamin Rosenfeld, z"l (20 Nisan)
- י Steve Marx, for his father, Arthur Julius Marx, z"l (10 Nisan)
- י Rhona Feldman, for her mother, Min Feldman, z"l (24 Adar II)
- י Elizabeth Braverman, for her mother, Jane Braverman, z"l (22 Adar II)
- י Murray Raskind, for his father, Benjamin Raskind, z"l (17 Adar II)
- י Gloria Goldstein, for her husband, Norton Goldstein, z"l (22 Shevat)
- י Nancy Cooper, for her father, Gerald Cooper, z"l (22 Shevat)
- י Jonathan Solovy, for his father, Jerold Solovy, z"l (14 Shevat)
- י Lori Safer, for her father, Barney Cohn, z"l (23 Tevet)
- י Jettie Person, for her father, Walt Person, z"l (8 Tevet)
- י Rochelle Roseman, for her mother, Sara Groonis, z"l (17 Kislev)
- י Charles Shifren, for his father, Seymour Shifren, z"l
- י Merrie Schriro, for her father, George Schriro, z"l (10 Kislev)
- י Dina Tanners, for her mother, Jeanette Nelson, z"l (29 Cheshvan)
- י Arielle, Ethan and Jaron Bernstein, for their father, Rob Bernstein, z"l (27 Cheshvan)
- י Hilary Bernstein, for her husband, Rob Bernstein, z"l (27 Cheshvan)
- י David Marks, for his mother, Edith Rabinowitz Marks, z"l (23 Cheshvan)
- י Michael Newman, for his mother, Carol Spero Newman, z"l (15 Cheshvan)
- י Bella Korshin, Svetlana Burke, Emma Shusterman and Marina Kiselev, for their mother, Sofia Byk, z"l (13 Cheshvan)

MEMBERS IN SHLOSHIM OR YUD BET HODESH - CONTINUED

- י Mark Stiefel, for his father, Ernest Stiefel, z"l (11 Cheshvan)
- י Doris Stiefel, for her husband, Ernest Stiefel, z"l (11 Cheshvan)
- י Mark Fefer, for his father, Alexander Fefer, z"l (25 Tishrei)
- י CBS Congregation, for our friend, Norman Rosenzweig, z"l (23 Tishrei)
- י Judy Borodin, for her mother, Blanche Fersh, z"l (18 Tishrei)
- י Michael de Haan, for his mother, Cecilia de Haan, z"l (21 Elul)
- י Robert Amkraut, for his father, Sidney Amkraut, z"l (19 Elul)

MEMBERS OBSERVING YAHRZEITS

- י David Barrett, for his father, David Barrett, z"l
- י David Rapp, for his mother, Margaret Holloway Rapp, z"l
- י Edith Horn, for her father, Max Horn, z"l
- י Louis Janson, for his mother, Florette Weiss-Janson, z"l
- י Robert Low, for his mother, Florence Low, z"l
- י Polly Amkraut, for her mother, Laura Mackoff, z"l
- י Merrill Ringold, for his father, Solie Ringold, z"l
- י Edward Kringsman, for his friend, James Winshall, z"l
- י Cynthia Green-Aik, for her mother, Ruth Greenberg, z"l
- י Mildred Rosenbaum, for her brother, Malcolm Hardin, z"l
- י Joshua Niehaus, for his father, David Niehaus, z"l
- י Esther Helfgott, for her father, Isadore Helfgott, z"l
- י Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l
- י Alan Baumgarten, for his uncle, Oscar Baumgarten, z"l
- י Karen Binder, for her father, Solomon Slutzky, z"l
- י Charles Cowan, for his father, Alfred Cowan, z"l
- י Kim Goldov, for his father, Carl Goldschmidt, z"l
- י David Gross, for his father, Sam Gross, z"l
- י Sharon Perlin, for her grandmother, Marley Rosenblum, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Avi Erlich
- י Masha bat Shaindel
- י Maher Erad ben Sarah v'Avraham (Don Aylesworth)
- י Shoshana bat Meriam (Shoshi Bilavsky)
- י Yehudit Chana bat Lavigal v'Benjamin (Judy Rosenfeld)
- י Naomi bat Rivka (Isabella Chapman)
- י Baruch Leib Chaim ben Meir (Brent Brown)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Yakov ben Fayga (Yakov Koltman)
- י Benjamin Lev ben Aviiva Ora v'Shmu'el Moshe (Julian Silver)
- י David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)

RELATIVES of Members

- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 9/1)
- י Yisrael Chanach ben Hannah, father of Ellen Spear (re-listed 9/1)
- י Dorothy Saran, mother of Craig Saran (re-listed 8/1)
- י Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval (re-listed 9/1)
- י Nitzanya Tovah bat Shayna Liba v'Shau'l, relative of members (re-listed 8/22)
- י Bentzion ben Yakov, father of Elizabeth Braverman (re-listed 9/2)
- י Ezra Zimmerman, nephew of Henry Zimmerman (re-listed 8/14)
- י Moshe ben Sarah, father of Nadine Cadesky (re-listed 8/29)
- י Shimon Yitzchak ben Miriam, father of Robert Rothstein (re-listed 8/29)

Refuah Shleimah

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Avraham ben Chaya Fayge, father of Rachel Kleit (listed 8/9)
- י William C. Bolte, ex-father-in-law of Lynn Gottlieb (listed 8/12)
- י Sylvia Namm, grandmother of Marie Poole (listed 8/12)
- י Tzipora Bat Moshe, mother of Marie Poole (listed 8/12)
- י Barry Roisman, uncle of Marie Poole (listed 8/12)
- י Elizabeth Manfredini, sister of Leslie Goldfarb (listed 8/22)
- י Mrs. Brace, grandmother of Nachama O'Quin (listed 8/30)
- י Avrum ben Reuven Lev (Alvin Friedkin), uncle of Louis Friedkin (listed 8/31)
- י Shmuel ben Yehiel Meir v'Zahava, father of Tzachi Litov (listed 9/1)
- י Ze'ev Orzech, father of Joe Orzech (listed 9/1)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 9/1)
- י Larry Zolton, friend of Patti Kieval (re-listed 9/1)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 8/14)
- י Tova Talya bat Yetta Davida v'Herschel Hayyim, friend of Paul Schwartz (re-listed 8/16)
- י Rachel bat Gavriela v'Yehuda (Andrea Stern), friend of Patti Kieval (re-listed 8/22)
- י Edel ben Hannah (Earl Oller), friend of Carolyn Cohen (listed 8/3)
- י Benjamin Burgan, friend of Carolyn Cohen (listed 8/3)
- י Patricia Donovan, friend of Louis Friedkin (listed 8/31)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza