



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly

"If we believe that no misfortune will befall us, it is as though we desired not to exist at all.
Because misfortunes are a necessary condition of the passing of worldly things."
~ Solomon ibn Gabirol



24 Elul-2 Tishrei 5771

September 23-30 2011

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Transliterations of services are available; speak to an usher to get a copy.

Hearing Devices: Beth Shalom has hearing devices for all services.

Should you require one, please speak to an usher

Congregation Beth Shalom • Voted in JT News
Best Congregation for 2010! 2nd years in a row!

Kabbalat Shabbat Service in the Beit Midrash

Candlelighting for September 23rd is at 6:48pm

Kabbalat Shabbat Services at 6:00-7:00pm

This week we'll be led by Lynn Fainsilber Katz

Shabbat Morning Services in the Sanctuary at 9:30 am

Nitzavim

Deuteronomy 29:9-30:14

Haftarah: Isaiah 61:10-63:9

Guest Darshan: Nance Adler

Kiddush is Sponsored by CBS and prepared by one of our new caterers, Eli Lahav

Shabbat Babysitting at 10:15am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1

Kid's Kehilla - kids ages 7-11 from 10:45am in Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Selichot Program: Working the Steps - Teshuvah and the High Holidays

Saturday Night, 9/24 - No Charge

9:15pm Havdalah

9:30pm Conversation with Diane Burnett, Alternatives to Addiction Director at JFS

11:00pm Dessert

11:15pm Selichot Services

Selichot marks the start of High Holiday preparations.

Teshuvah is the process of asking for forgiveness from those whom we have wronged, and the days between Rosh Hashanah and Yom Kippur are set aside specifically for this purpose. According to Rabbi David Ebstein, "Teshuvah is a process ... of self-renewal and self-creation that comes about as a result of reflection and a powerful resolution to effect real change in one's life." Many aspects of the 12-steps for recovering from alcoholism/addiction seem to mirror Maimonides' Laws of Teshuvah. What can we learn from each other as we confront our faults and seek forgiveness?

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday;

Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Website

Follow this link to check on the Eruv update each week <http://twitter.com/cstleruv>. If you want to take a look at the Eruv map use this link (it's a long one) : <http://maps.google.com/maps/ms?msid=216346072790836754082.00046432d032bebff971e&msa=0>

We want to spread the joy of Sukkot all over town!
Do you have a Sukkah and space to share with others? We are looking for dessert hosts for Saturday night, October 15 at 7:30pm. Eastside, West Seattle, and everywhere else. If you are interested in hosting, please contact Carol Benedick at carolbenedick@bethshalomseattle.org. Thanks for sharing your Sukkah!

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Add a Mitzvah to your fall shopping!

More Welcome Baskets are needed for formerly homeless moving into Sand Point transitional housing. Previous residents have "graduated" to permanent housing, great news! By Rosh Hashanah the Social Action Committee hopes to prepare five baskets. Needed items include laundry baskets and detergent, kitchen wastebaskets (must have lids) and liners, brooms, dustpans, mops, buckets, wastebasket liners, liquid floor cleaner (Mr. Clean, Simple Green), household wipes, and personal care items such as bar soap, shampoo, conditioner, and mouth wash. There are collection baskets in both upstairs and downstairs foyers with additional information (including item-tags you can take home as a reminder of what to get). Questions? E-mail Judith Arms at jm.arms@comcast.net.

Entertainment Books are Back

The price is the same as last year — \$25
This year there is an app for your phone and a key fob that can be used just like the card that comes with the book. Come to the office to get one.

CBS Gift Card / Scrip Program

The annual Jewish Family Service food drive is an excellent opportunity to help feed those less fortunate than ourselves. From September 29 to October 21, Beth Shalom will collect donations to be delivered to JFS for distribution. You can participate in several easy ways to support this worthy project. One way is to donate non-perishable food items and paper shopping bags. In addition, you can donate gift cards or donate money in any amount to be used for purchasing gift cards. Regardless of how you prefer to participate in the JFS food drive, your donations will be gratefully accepted. Thank you in advance for remembering and helping those in need.
There is still time to pick up more cards for QFC, PCC, ARCO, Albertsons, Starbucks and Safeway. Come to the shul office and purchase yours. If you have any questions about the Beth Shalom gift cards, please contact Marjie Cogan in the office or Kevin Coskey at scrip@bethshalomseattle.org.

Prepare CBS for the High Holidays

Sunday, 9/25 from 9am-2pm? - We'll finish earlier if we have more volunteers!

We need your help setting up chairs, moving books and all the other associated chores to help prepare our community for the High Holidays. Everyone is welcome and encouraged to come by, even if just for an hour. There is much to do and things to move, and it's always much more fun with YOU! Light refreshments will be served.

If you like gardening, Stan Zeitz and his crew will be out in force working on our yard. They start at 9:00am - sharp and they are done by 12:00pm sharp.

JFS Community-wide Food Drive

September 29 – October 21

Handy shopping bags printed with suggested donation items will be distributed after Rosh Hashanah services on September 29.

Please drop off your donations in the designated bin in the lobby no later than Friday October 21st.

All items collected from our congregation will be donated to the Jewish Family Services Food Bank during the coming weeks

5 Great Ways to Help The Food Drive

- Drop off bundled, empty paper grocery bags in the lobby
- Drop off non-perishable items in the bin in the lobby
- Purchase a gift card through the office to donate to the Food Bank
- Make a donation towards the purchase of a gift card (no amount is too small)
- Help JFS sort donated items at their warehouse on Sunday October 9th (details to come)

To purchase a gift card, please contact the office or Kevin Coskey (check should be made payable to CBS)
Thank you for sharing what you have with those less fortunate.

MILESTONES

Y Mazel Tov to Jacob Gown & Debbie Cohen, on their engagement

TODDAH RABAH

Y Kathryn Bern, for getting our very large Mezuzah up on the door to the Sanctuary, shredding for Emma and helping with the silver polishing for Rosh Hashanah
Y Joanna Gerber, for her help in our office
Y Yiscah Smith, Shirah Bell, Jeremy Alk, and Beth Jacobson for teaching High Holiday Preparation classes
Y Shoshi Bilavsky for co-teaching Home Rituals with Rabbi Borodin
Y Talya McCurdy for launching our new Sunday Hebrew Reading Class

UPCOMING PROGRAMS AND EVENTS

From Rabbi Borodin

In the midst of much debate and activity about the Israeli- Palestinian conflict, we continue to pray for peace for everyone and peaceful negotiation of conflict and encourage direct dialogue of the parties. We join together with the Jewish Federations of North America, Jewish Community Relations Council, the Israel Action Network, United Synagogue and the Rabbinical Assembly and many other Jewish organizations speaking out against a unilateral declaration of Palestinian independence and invite you to sign the petition below as one means of speaking up on this issue.

<https://jrcny.wufoo.com/forms/petition-against-a-unilaterally-declared-palestine/>

Ha Matzav: A Polite, Seattle Style Discussion Shabbat, 11/5 from 1:15pm in the Beit Midrash
The Israel Discussion Group will meet on November 5th.

Four Beth Shalom members will lead a general discussion on the situation (ha matzav) as it stands in Israel. Please come with your questions and concerns.

For New & Prospective Members

Wednesday, 9/28 from 6:00pm

Join us before Erev Rosh Hashanah services for an opportunity to schmooze and nosh with Rabbi Borodin and other members of the Beth Shalom community. Join us for Erev Rosh Hashanah services at no charge.

Annual Prayer Service at the Beit Shalom Cemetery

Sunday, 10/2 from 11:00am

Traditionally, Jews visit their loved ones' graves on the Sunday after Shabbat Shuvah. Beth Shalom members have done this in the past and will be meeting again at our cemetery to continue this tradition on Sunday, October 2nd. Join us at 11:00 am for a brief prayer service.



Corey Salka & Lisa Orlick-Salka and Rochelle Roseman, all dolled up for the Federation event with the Maccabeats.



Kosher Meat Buying Club

Pick up your order: at CBS, This Monday, 9/26 from 5-7pm ONLY!

Questions? Contact Karen Putterman at kputterman@gmail.com or Grow and Behold at info@growandbehold.com or 888-790-5781.

Tot Shabbat

Upcoming dates - 10/1, 11/5

1st Shabbat monthly 11:00—11:30am in Room 2
A community-led, interactive celebration for children ages 0-3 and their parents. Join us monthly for songs, stories, and snack. All are welcome. For more information email: iriteliav@bethshalomseattle.org.

New Thursday Maariv Minyan - 7:30pm - Sanctuary

Have you been wanting to come for an evening minyan but been unable to make it on Mondays? We're trying out a new minyan on Thursday evenings at 7:30pm in the Sanctuary. Please join us.

Beth Shalom *Beit Midrash*

Talmud study with Joel Goldstein continues through the summer on the 2nd and 4th Thursdays of the month from 7:30-9:00pm. Each class begins with an introduction from the instructor followed by guided partner, or hevrutah, study. All levels welcome. \$5/class or 6 classes for \$25. Buy your punchcard through the office or on our website.

Childcare Registration for High Holidays - Please Call ASAP

Registration for High Holiday child care is alarmingly low and we want to be prepared to care for your children and assure those working of a safe environment. If you know you will be utilizing our childcare (or know someone else who will) please call to register your kids no later than **Tuesday September 27th**.

What do we do with the old Mahzorim?

As we prepare to use the new Mahzor Lev Shalem, we invite you to take home the old Harlow Mahzor you donated many years ago. These books will be available for you to sort through, if interested, from **this Sunday, until Monday, September 26th from 5pm**. We will then offer all remaining books to be taken home on a first come, first served basis. Remaining older mahzorim will then be donated to a community in need of a mahzor.

HAMAKOM YINACHEM ETCHER: "May God Comfort You"

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Joe Orzech, for his father, Ze'ev Orzech, z"l (15 Elul)
- י Rita Edelson, for her son, David Harris Edelson, z"l (8 Elul)
- י Nechama O'Quin, for her grandmother, Margaretta Brace, z"l (3 Elul)
- י Gerry Huppim, for her brother, Sandy Kuznetz, z"l (7 Av)
- י Carolyn Bernhard, for her mother, Beverly Grashin, z"l (24 Tammuz)
- י George & Barbara Grashin, for their sister-in-law, Beverly Grashin (24 Tammuz)
- י Jeff Gillman, for his mother, Vicki Gillman, z"l (13 Tammuz)
- י Jon Zimmerman, for his father, Neal Zimmerman, z"l (13 Sivan)
- י Miryam Kabakov, for her mother, Ceil Kabakow, z"l (10 Sivan)
- י Leah Lemchen, for her mother, Samantha Ripley, z"l (4 Sivan)
- י Jeff Miller, for his father, Phillip Miller, z"l (23 Iyar)
- י Judy Rosenfeld, for her father, Benjamin Rosenfeld, z"l (20 Nisan)
- י Steve Marx, for his father, Arthur Julius Marx, z"l (10 Nisan)
- י Rhona Feldman, for her mother, Min Feldman, z"l (24 Adar II)
- י Elizabeth Braverman, for her mother, Jane Braverman, z"l (22 Adar II)
- י Murray Raskind, for his father, Benjamin Raskind, z"l (17 Adar II)
- י Gloria Goldstein, for her husband, Norton Goldstein, z"l (22 Shevat)
- י Nancy Cooper, for her father, Gerald Cooper, z"l (22 Shevat)
- י Jonathan Solovy, for his father, Jerold Solovy, z"l (14 Shevat)
- י Lori Safer, for her father, Barney Cohn, z"l (23 Tevet)
- י Jettie Person, for her father, Walt Person, z"l (8 Tevet)
- י Rochelle Roseman, for her mother, Sara Groonis, z"l (17 Kislev)
- י Charles Shifren, for his father, Seymour Shifren, z"l
- י Merrie Schriro, for her father, George Schriro, z"l (10 Kislev)
- י Dina Tanners, for her mother, Jeanette Nelson, z"l (29 Cheshvan)
- י Arielle, Ethan and Jaron Bernstein, for their father, Rob Bernstein, z"l (27 Cheshvan)
- י Hilary Bernstein, for her husband, Rob Bernstein, z"l (27 Cheshvan)
- י David Marks, for his mother, Edith Rabinowitz Marks, z"l (23 Cheshvan)
- י Michael Newman, for his mother, Carol Spero Newman, z"l (15 Cheshvan)
- י Bella Korshin, Svetlana Burke, Emma Shusterman and Marina Kiselev, for their mother, Sofia Byk, z"l (13 Cheshvan)

MEMBERS IN SHLOSHIM OR YUD BET HODESH - CONTINUED

- י Mark Stiefel, for his father, Ernest Stiefel, z"l (11 Cheshvan)
- י Doris Stiefel, for her husband, Ernest Stiefel, z"l (11 Cheshvan)
- י Mark Fefer, for his father, Alexander Fefer, z"l (25 Tishrei)
- י CBS Congregation, for our friend, Norman Rosenzweig, z"l (23 Tishrei)
- י Judy Borodin, for her mother, Blanche Fersh, z"l (18 Tishrei)
- י Michael de Haan, for his mother, Cecilia de Haan, z"l (21 Elul)
- י Robert Amkraut, for his father, Sidney Amkraut, z"l (19 Elul)

MEMBERS OBSERVING YAHRZEITS

- י Jack H. Richlen, for his father, Benjamin Richlen, z"l
- י Francine Cohen, for her grandfather, Benjamin Richlen, z"l
- י Judy Rosenfeld, for her mother, Avigal Rosenfeld, z"l
- י Joel Erlitz and Marc Erlitz, for their grandfather, Henry Erlitz, z"l
- י Tony Moore, for his grandmother, Aline Sinai, z"l
- י Stephen Brown, for his father, Alan Brown, z"l
- י Debra Mowat, for her father, Burton Grodin, z"l
- י Vladimir Sheynkman, for his mother, Basya Sheynkman, z"l
- י Ginny Cassidy-Brinn, for her father, Joesph Cassidy, z"l
- י Harvey Niebulski, for his grandmother, Chaya Baumohl, z"l
- י Cezanna Garcia, for her aunt, Maxine Damner, z"l
- י Sheri Kittay, for her nephew, Andrew Fingeroot, z"l
- י Elizabeth Gilbert, for her aunt, Hazel MacDonald, z"l, and for her great aunt, Nina Rose, z"l
- י Rob Jacobs, for his aunt, Naomi Tapper, z"l
- י Rita Edelson, for her husband, Robert Edelson, z"l
- י Jodi Gradinger-Wes, for her uncle, Herbert Dorfman, z"l
- י Lynn Gottlieb, for her uncle, Morton Goldwater, z"l
- י Ira Kalet, for his mother, Miriam Kalet, z"l
- י Gail Katz & Henry Liebman, for their son, Nathaniel Liebman, z"l
- י Grant Norwitz, for his father, Ronnie Norwitz, z"l
- י Susan Huntley, for her father, Irving Schechter, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Freydl Miryl bat Pesha v' Sima
- י Aviva bat Eliana v'Michael
- י Avigdor ben David (Avi Erlich)
- י Masha bat Shaindel
- י Maher Erad ben Sarah v'Avraham (Don Aylesworth)
- י Shoshana bat Meriam (Shoshi Bilavsky)
- י Yehudit Chana bat Lavigal v'Benjamin (Judy Rosenfeld)
- י Naomi bat Rivka (Isabella Chapman)
- י Baruch Leib Chaim ben Meir (Brent Brown)
- י Yakov ben Fayga (Yakov Koltman)
- י David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)

RELATIVES of Members

- י Yisrael Chanach ben Hannah, father of Ellen Spear (re-listed 9/1)
- י Dorothy Saran, mother of Craig Saran (re-listed 9/1)
- י Shoshana bat Irene (Susan Markowitz), cousin of Patti Kieval (re-listed 9/1)
- י Nitzanya Tovah bat Shayna Liba v'Shau, relative of members (re-listed 9/22)
- י Bentzion ben Yakov, father of Elizabeth Braverman (re-listed 9/2)
- י Ezra Zimmerman, nephew of Henry Zimmerman (re-listed 9/14)
- י Moshe ben Sarah, father of Nadine Cadesky (re-listed 8/29)
- י Shimon Yitzchak ben Miriam, father of Robert Rothstein (re-listed 8/29)

Refuah Shleimah

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Elizabeth Manfredini, sister of Leslie Goldfarb (listed 8/22)
- י Avrum ben Reuven Lev (Alvin Friedkin), uncle of Louis Friedkin (listed 8/31)
- י Shmuel ben Yehiel Meir v'Zahava, father of Tzachi Litov (listed 9/1)
- י Edie Stark, grandmother of Jennifer Cohen (listed 9/2)
- י Betty Greene, sister of Steve Greene (listed 9/14)
- י Gittel bat Sonia (Sandy Spear), sister of Brad Spear (listed 9/21)
- י William C. Bolte, ex-father-in-law of Lynn Gottlieb (listed 9/21)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 9/1)
- י Larry Zolton, friend of Patti Kieval (re-listed 9/1)
- י Rabbi Joshua Stampfer, friend of Congregation Beth Shalom and Camp Solomon Schechter (re-listed 9/14)
- י Tova Talya bat Yetta Davida v'Herschel Hayyim, friend of Paul Schwartz (re-listed 9/16)
- י Rachel bat Gavriela v'Yehuda (Andrea Stern), friend of Patti Kieval (re-listed 9/22)
- י Patricia Donovan, friend of Louis Friedkin (listed 8/31)
- י Simcha Dovid Ben Aharon Ha'Kohan v'Aviva Shulamit, friend of Karen Gorrin (listed 9/2)
- י Ziesal Raisal bat Marion, friend of Karen Gorrin (listed 9/2)
- י Congresswoman Gabrielle Giffords
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza