



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)

Shavuon

A Beth Shalom Weekly

"Tombstones need not be erected on the graves of the righteous.
Their teachings are their monuments." ~ Simeon Ben Gamaliel



15-21 Tevet 5770

January 1-7, 2010

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Happy Secular New Year!

Kabbalat Shabbat Service in the Sanctuary

Candlelighting for January 1st is at 4:10pm

Kabbalat Shabbat Services at 5:00pm

Shabbat Morning Services in the Sanctuary at 9:30 am

Va'y'chi

Genesis 49:27-50:26

Haftarah: I Kings 2:1-12

Bat Mitzvah of Sophie Klein

Shabbat Kiddush is Hosted by our Julie & Mitch Klein

Shabbat Babysitting at 10:00am in Room 4/5

Contemplative Minyan: Deepening the Experience of Prayer
from 9:45am in the CBS Annex next door

(See Page 2 for more information)

Tot Shabbat from 11-11:30am in Room 4/5

FDI (Future Daveners of Israel) - kids ages 3-6 from 10:45am in Room 1

Kid's Kehilla - kids ages 7-11 from 10:45am moving to Room 2

Kiddush Co-op from 1:00-2:00pm in the open space downstairs

Rabbi's Tisch from 1:15-2:15 in the Beit Midrash

In light of the flu season that is upon us we ask you to respect people's desires
not to shake hands in order to minimize the spread of germs.
Thanks for your understanding and consideration.

Transliterations of
services are available;
speak to an usher to
get a copy.

Hearing Devices:
Beth Shalom has
hearing devices for all
services.

Should you require
one, please speak to
an usher.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30-8:00 PM

Sunday Morning: 9:30-10:15 AM

Torah study group every Sunday; Minyan @ 9:30 am;
Torah study immediately following Minyan in the Beit Midrash

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography,
writing, use of beepers, cell phones or other wireless equipment.

When congregants are standing in prayer please do not disturb their concentration
by moving around the shul.

In consideration of other members, please minimize the use of scented body products. Thank you.

ANNOUNCEMENTS

ERUV Pending Inspection

As of this printing the Eruv was pending inspection. The website is ready for viewing and now has a weekly posting for the status of the eruv: www.seattleeruv.com Updates will also be in Cybershul.

The Beth Shalom gift card program has enjoyed a year of strong growth in 2009. The program started in December, 2008, offering cards from PCC and QFC/ Fred Meyer. In September, we expanded the program by offering cards for Safeway, Albertsons, Starbucks, Home Depot and ARCO. Many thanks to the 149 members and 10 non-members who have participated by purchasing at least one of the above gift cards. Together, you have all helped to raise over \$7,100 for Beth Shalom. As more people make these gift cards part of their regular shopping routine, we will further improve Beth Shalom's financial condition. If you have questions about purchasing or using gift cards, feel free to contact Kevin Coskey at (206) 365-2275 or at scrip@bethshalomseattle.org. In 2010 and beyond, may we go from strength to strength.

Join our Facebook group!

Get the latest news, join in discussions, keep in touch. From www.facebook.com, just search on *Congregation Beth Shalom* and click "join."

Shabbas Chefs Seeking Volunteers

Since the introduction of Shabbas Chefs, we have experienced delicious new foods and a renewed energy each week at our Kiddush lunches. Without volunteers like you, this would not be possible.

Shabbas Chefs needs volunteers to reinforce the groups, both as group leaders (Captains) and kitchen assistants. Captains plan the menus, order the food, and coordinate the cooking group. Assistants work within a cooking group(s), helping prepare the menu items. If you are interested in volunteering either as a Captain or Assistant, please contact Mark Berman at shabbaschefs@gmail.com.

Calling All Borrowed Siddurim and Humashim

We are finding ourselves missing some of our siddurim and humashim. If you have borrowed one from the synagogue, we would love to have it back. And we now have siddurim and humashim for sale at the office if you would like to own a copy.

Eastside Mussar Class

Several people at Beth Shalom have said they wished there were a Mussar class on the east side. Wishes are coming true. Beginning Tuesday, Jan 5, Shirah Bell and Rabbi Jay Rosenbaum will be offering a 7 session Mussar class *Becoming Our Finest Selves: Mussar Theory and Practice* on Mercer Island at Herzl-Ner Tamid. Contact Shirah for more information. 260-525-5715 or Shirah@mussarinstitute.org

Interested in Joining or Forming a Chavurah???

Build community and strengthen member relationships around Jewish ritual, holidays, study, life cycle events. E-mail Howard Shalinsky at Hospitality@bethshalomseattle.org.

Not Too Late for Tax Relief in 2009

Please remember that any payments on Dues, Sustaining Fund obligations, Double Chai or High Holiday Appeal commitments are tax deductible and any of these payments postmarked by December 31 and/or are received by Monday January 4th will be counted towards your 2009 Charitable donations. The letters listing your 2009 Charitable Donations will be to everyone by the end of January.

Stocks are up, pay down your dues! Congregation Beth Shalom maintains a discount brokerage account just to receive and sell shares of stock and mutual funds donated by members. Contact bookkeeper Emma Shusterman in the office and she will provide the form to make it easy for you to transfer shares from your brokerage account into the Beth Shalom account. Beth Shalom will sell the shares immediately and pays only \$7 for the transaction. The proceeds of the sale will be allocated toward your dues, donations, double chai pledge --however you direct it*. And if you've held the shares for 1 year or more you can avoid any capital gains taxes on top of the charitable donation deduction!

**So far this year Microsoft stock has gained 50%, Starbucks is up over 125% and Amazon 150% just to name a few favorite local company stocks. The transfer can take a few days so don't wait until the last minute to take advantage of this opportunity to save taxes this year!

*Religious School dues are not a charitable deduction so paying those with stock is not recommended.

**Be sure to donate only appreciated stock. Consult your tax advisor.

CBS Blood Drive

Sunday, 1/24 from 11am-4pm

Beth Shalom and the Puget Sound Blood Center are holding a Blood drive. We are looking for volunteers to hand out refreshments for hour-long shifts in the Blood Mobile. Please contact Robert Isgur at sacchairs@bethshalomseattle.org if you can volunteer. Go to http://www.psb.org/programs/drives_schedule.asp to make an appointment to donate blood.

MILESTONES

Y Mazel Tov to Sophie Klein and her family on her becoming Bat Mitzvah

TODDAH RABAH

Y Julie & Mitch Klein, for Hosting this week's Kiddush

Y Susan Aylesworth, for repairing Chumashim

Y Debi Vans Evers & Mike Bottenfield, for donating the bio-degradable flatware from their wedding

Y Harry Goldman & Jettie Person, for donating brand new tallit

Y Marie Poole for her work with the photo directory

UPCOMING PROGRAMS AND EVENTS

Contemplative Minyan: Deepening the Experience of Prayer
1st Shabbat of the month, from 9:45am in the CBS Annex next door

The Shabbat contemplative minyan service is scheduled for February 6, March 6, April 3, May 1 and June 5. We ask that people arrive by 9:45 so we can begin together at 10:00 am. We will end by approximately 12:00 and then join others in the social hall for lunch. Minyan held at annex next door to main building: 6830 35th Ave NE.

For more info, contact: Cynthia Gayle
cgayle@zipcon.com or 206-283-9301

Caregivers Support Group for People with Ailing Family Members

Sunday, 1/3 from 10:30-11:30am in the CBS Annex, next door, 6830 35th NE

Facilitated by Sharon H. Greenberg, Ph.D.

Release your Frustrations • Share Information and Resources • Talk About Emotional Difficulties with Others in Similar Situations.

Please let us know you're coming. Call Carol at 206-524-0075.

Stitch and Schmooze

Tomorrow, 1/3 from 10:15am-12:15pm at the home of Kelly Sweet and David Gross.

Rosh Chodesh Sh'vat - January 17

Singing is a natural way of expressing our emotions and communicating the essence of who we are. Many times we let our thoughts and fears intercede and stop the flow of communication between our spiritual selves and our song. Carolyn Bienn Friedkin, musician and voice teacher, will facilitate the group in exercises designed to connect our bodies, voices and spirit.

7:00 – 7:30 refreshments, 7:30-9:00 program.

Location: Home of Polly Amkraut, call 206-525-5715 for exact address.

New Member Shabbat & Shabbat Shirah
1/30 at Services and Kiddush

Be sure to join on Shabbat Shirah, Saturday, January 30.

Members of the Seattle Jewish Chorale together with CBS children will add a special musical interlude to our regular Shabbat services.

New Parents' Havdallah

Saturday evening, 1/30 from 6:30-8:00pm

Join us for Havdallah and Dessert at Rabbi Borodin's house

For families with children 0-15 months and expectant parents. Older siblings welcome.

RSVP by January 25th to Kris at (206) 524-0075 or krisklippel@bethshalomseattle.org

If you would like to be included on a new parents' roster, please let us know, even if you're unable to come to the January 30 Havdallah.

Contemplative Havdalah & Evening of Learning
Saturday, February 13 from 7pm at the CBS Annex next door

In the new contemplative *minyan* at Congregation Beth Shalom, we are creating a contemplative Shabbat service. We might understand the contemplative life as trying to live with a more conscious awareness of God in everything we do--as the Psalmist said so beautifully: "*Shiviti Hashem l'negdi tamid.*"

"I place the Eternal One before me always". Our hope is to bring that intention to our tefillah.

In order to give people a chance to learn more about the contemplative dimension of Judaism, we invite you to a contemplative havdalah and study/discussion on Saturday evening, February 13, 2010, 7:00 p.m. in the annex house next to CBS. First we will have a contemplative havdalah celebration. Then we will learn what constitutes a contemplative approach to Judaism in general and to prayer in particular. Together, we will share ideas—*l'sheym Shamayim*—for the purpose of helping us all grow in our awareness of God's presence in our lives.

Adult Ed Classes – Sign up Today!

Rabbi Zari Weiss teaches the next section of *Troubling Texts in Context* starting Tuesday, January 5, 8:15-9:15pm. The topic is The Prophets and Their Passions, and the class will learn about the fiery and passionate personalities of Isaiah and Jeremiah. This class is set up to allow new students to join at different times during the year. Cost for this section is \$60/member, \$90/non-member.

Beth Shalom Beit Midrash. Study the Mishnah with Rabbi Stuart Light the first Thursday of the month, 8-9:30pm. The next class is January 7. Cost is \$5/class or 6 classes for \$25.

New! - Hebrew Literature class with Joel Altus and Lisa Orlick - New!

Join us on Wednesday nights, 7-8:30pm, starting January 6th. No charge, but please rsvp to Carol Benedick at 206-524-0075. Class description available on our website.

Hands on Judaism – Sew a Kippah with Carol Benedick. Wednesday, January 13, 7-9pm. No charge. Bring fabric, sewing tools, and a sewing machine.

RSVP for the above classes to carolbenedick@bethshalomseattle.org or fill out the registration form in the lobby or on the web.

HAMAKOM YINACHEM ETCHER: "May God Comfort You"

MEMBERS IN SHLOSHIM OR YUD BET HODESH

- י Margot Kravette, for her mother, Corinne Solomon, z"l (11 Kislev)
- י Richard Brodsky, for his mother, Mollie Brodsky, z"l (5 Kislev)
- י Michael Gabbay, for his father, Joseph Ezra Gabbay, z"l (21 Tishrei)
- י Allen Howard, for his father, Allen Howard, z"l (20 Tishrei)
- י Murray and Shirley Guterson, for their son-in-law, Benyomin Gudelsky, z"l (11 Tishrei)
- י Carol Brown, for her father, Birney Covell, z"l (25 Av)
- י Shirah Bell, for her mother, Betty Kaplan, z"l (18 Tamuz)
- י Jacquie Bayley, for her step-father, David Panar, z"l (17 Tamuz)
- י Susan Spielberg, for her mother, Rose Spielberg, z"l (11 Tamuz)
- י Freya Brier, for her mother, Helen Brier, z"l (6 Tamuz)
- י Robert Spitzer, for his mother, Charlotte Spitzer, z"l (4 Tamuz)
- י Sarah Shalinsky, for her father, Irving Kaplan, z"l (22 Sivan)
- י Joanna Gerber, for her father, John Netzky, z"l (20 Sivan)
- י Carol Reynolds, for her father, Merle Griff, z"l (19 Sivan)
- י Marta Kosaly, for her husband, George Kosaly, z"l (16 Sivan)
- י Barry Shane, for his mother, Edith Shane, z"l (6 Sivan)
- י David Miller, for his father, Joseph Miller, z"l (30 Nisan)
- י Steve Perlmutter, for his mother, Doris Perlmutter, z"l (15 Shevat)
- י Steven Alter, for his mother, Barbara Alter, z"l (11 Shevat)

MEMBERS OBSERVING YAHZEITS

- י Stephanie Allen, for her father, James Allen, z"l
- י Joel Erlitz and Marc Erlitz, for their mother, Libby Erlitz, z"l
- י Jay Krulewitch, for his mother, Marezel Krulewitch, z"l
- י Harvey Niebulski, for his father, Louis Niebulski, z"l
- י Louis Janson, for his grandmother, Clara Weiss, z"l
- י Ronnie Katz, for her grandmother, Ruth Lipschitz, z"l
- י Joel Migdal, for his mother, Rebecca Migdal, z"l
- י Debi Vans Evers, for her uncle, Cecil Vans Evers II, z"l
- י Sara Kupor, for her aunt, Riva Wolk, z"l
- י Nancy Zeitz, for her father, A. Harold Leighton, z"l
- י Ellen Spear, for her grandfather, Eli Berman, z"l
- י Merle Weiss, for her father, David Weiss, z"l
- י Mark Benjamin, for his father, Arthur Benjamin, z"l
- י Lionel Serebrin, for his mother, Chana Shedlarz, z"l
- י Norm Chapman, for his brother, Harold Chapman, z"l
- י Amy Fulton, for her uncle, Harold Chapman, z"l
- י Peggy Mesnik, for her father, Morris Mesnik, z"l
- י Carolyn Cohen, for her grandmother, Minnie Sherman, z"l
- י Elric Wolfsbruder McCurdy, for his grandmother, Goldja William, z"l

REFUAH SHLEMAH

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- י Chaya Rifka bat Sarah Leah (Olivia Zieve)
- י Aliza Naomi bat Rifka (Aliza Vasquez)
- י Rifka bat Chana (Rita Goldenberg)
- י Yenta Sarah bat Minche Rukhl (Jane Becker)
- י Rafael ben Rivka v'Asher (Ernie Stiefel)
- י Yakov ben Fayga (Yakov Koltman)
- י Elana Rut bat Sara Kayla v'Moshe (Elana Stiefel)
- י Rachel bat Shoshanah v'Avraham (Rachel Kleit)
- י Benyamin Lev ben Aviiva Ora v'Shmuel Moshe (Julian Silver)
- י David Henached shell Goldja (Elric Wolfsbruder McCurdy)
- י Yachna Maryam ha'Cohen bat Masha Leah
- י Chisda ben Yonah (Tony Moore)
- י Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- י Yitzchak ben Miriam v'Benjamin (Ira Kalet)
- י Yehoshua Chaim ben Miriam (Josh Isaac)
- י Naftola Hart ben Eva (Norton Goldstein)
- י Yaffa Tova bat Reuven (Jane Fein)
- י Shoshana bat Tzilah v'Moshe (Susan Wolf)
- י Shepsill Reuven ben Gilla (Bob Kupor)
- י Chaya Rifka bat Sarah v'Avraham (Chaya Amiad)
- י Batsheva bat Sofia
- י Ita bat Taube (Inna Lacker)
- י Aviella Bara bat Nechama Raisel v'Shlomo Vared (Susan Aylesworth)
- י Malka bat Leah v'Rav Avram (Mildred Rosenbaum)
- י Nachum ben Schmuel (Norman Rosenzweig)
- י Shaina Sarah bat Peshe Devorah

RELATIVES of Members

- י Sofia bat Mara (Sofia Byk), mother of Bella Korshin, Emma Shusterman, Marina Kiselev, & Svetlana Burke (re-listed 12/2)
- י Reuven Shmuel ben Etel (Robert Safer), father of Allen Safer (re-listed 11/24)
- י Diane Bierman, daughter-in-law of Marilyn Bierman (re-listed 11/16)
- י Chayah bat Chana (Helen Kieval), mother-in-law of Patti Kieval (re-listed 12/3)
- י Miriam bat Nechama v'Yehuda, sister of Ilene Stein (re-listed 11/20)

Refuah Shleimah

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.

Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075.

Thank you for understanding our policy to make room for names in the future.

RELATIVES of Members continued

- י Julie McKibben, sister-in-law of Corey Salka (re-listed 11/25)
- י Sima bat Gittel, mother of Carol Gown (re-listed 11/19)
- י Shmuel ben Zahava v'Yehyel Mayer, father of Tzachi Litov (listed 12/5)
- י Laurel Amanda Wolfsbruder, daughter of Elric Wolfsbruder McCurdy (listed 11/17)
- י Yosef ben Tovia (Joseph Kittay), father of Carl Kittay (listed 11/17)
- י Marie Ford, mother of Barb de Normandie (listed 11/19)
- י Ron Cordes, father of Bob Cordes (listed 11/25)
- י Daniel Klein, father of Howard Klein (listed 11/30)
- י Yisrael Chanach ben Hannah, father of Ellen Spear (listed 12/8)

FRIENDS of Members

- י Yehuda Dov Ha'Cohen ben Malkah, (Ernest Cohen), friend of Sharon Greenberg (re-listed 11/16)
- י Leah Yosefa bat Avracha (Lauren Simonds), the executive director of NCJW and friend of Elizabeth Davis (re-listed 11/30)
- י Larry Zolton, a friend of Patti Kieval (re-listed 12/3)
- י Ilana Liat bat Chana (Lani Horn), friend of Elizabeth Davis and former member (listed 12/3)
- י Jeff Berkman, friend of Brad Spear (listed 12/8)
- י Ya'akov Akiva ben Esther Haya (Jerry Barrish), former member and friend of Beth Huppin (listed 12/21)
- י Alice Hershey, friend of Dina Tanners (12/21)
- י Gilad Shalit, the kidnapped Israeli soldier in Gaza